

G.W. Hewlett High School

PPS/Counseling Newsletter

May 2026

Dates to Remember:

May 4 - 15

AP Exams

May 15

Silver Cord Deadline
for Seniors

May 25

Schools Closed

May 31

Silver Cord Deadline
for Grades 9-11

June 3

Athletic Awards Night

June 4

Community Recognition
Awards Night

June 5

Senior Send-Off
Workshop
Periods 2,3,4,

Attention Seniors:

PTA Council
College Scholarships
College Scholarships

Important Links:

June Final Exam
Schedule

Senior News



Decision Day: May 1st



Congratulations on making it this far in your high school journey! We are so proud of your resilience and perseverance! **On May 1st please wear apparel representing your future college, trade program, or military commitment.**



For those of you attending college, after making your deposit on your selected college, return to your Naviance account and update EVERY decision. Also, add where you will be attending. This information is imperative, so we can send your final transcript.



No Final Transcript = Not Enrolling in College



Junior-Year Timeline for College Planning:

By now, many juniors have met with their School Counselor and have been given direction to move forward. Stay ahead of the cycle to reduce stress by completing steps below:

- Create/Continue working on your Common Application.
- Ask/Confirm teachers writing recommendation letter. Fill out Teacher Rec form on your Naviance Account.
- Complete Student Brag Sheet on Naviance for your counselor letter of recommendation.
- Create spreadsheet of all interested colleges that includes information that is important to you.
- Begin brainstorming and drafting your college essays. View [35 great tips](#) to get started by the College Essay Guy in a short video.
- Register for Info Sessions and Tours, either in-person or virtually.
- Learn how to communicate with admissions representatives.
- Continue reading the Hewlett College Guide. It is filled with tremendous resources for planning.

success
starts early.

Senior Send Off Workshops: June 5th



In preparation for the big transition to college, the PPS Office is hosting workshops that relate directly to young adults as they take their next steps after HHS.

Guest speakers will be sharing information on the following topics:

Period 2: Hang Up and Drive: Watch the powerful preview video [here](#).

Period 3: What to Expect Year One on College Campuses

Period 4: Class Photo and Alumni Panel. Students from the Class of 2025 will share their first-year experiences and offer important advice about the transition.

Please wear apparel representing your future plans!

AP Exam Schedule

Week One	Morning 7:30 a.m.	Afternoon 11:30 a.m.
Monday, May 4	Biology	European History Microeconomics
Tuesday, May 5	Chemistry Human Geography	U.S. Government and Politics
Wednesday, May 6	English Literature (Grade 12)	Comparative Gov't and Politics Physics 1
Thursday, May 7	World History	Statistics
Friday, May 8	US History	Macroeconomics Chinese Language (Studio Art Submission Deadline)
WeekTwo	Morning 7:30 a.m.	Afternoon 11:30 a.m.
Monday, May 11	Calculus AB Calculus BC	Seminar
Tuesday, May 12	French Language	
Wednesday, May 13	English Language (Grade 11)	Physics C: Mechanics
Thursday, May 14	Spanish Language	Physics C: Electricity
Friday, May 15	Environmental Science	Computer Science A

AP Exam Day Procedures

May 4th - May 15th

A.M. Exams: 7:30 AM P.M. Exams: 11:30 AM

- Students must arrive to the GYM no later than 15 minutes prior to exam start time (Students with testing accommodations will meet in the Yoga Room).
- Students are required to bring their **fully charged** school device to each exam.
- Students must know their College Board log-in information to test on Blue Book.
- Students will be excused for a lunch break the period before and/or after exam(s).
- Students will be instructed to enter the Gym and find their testing desk via the posted seat assignment poster.
- Once students find their desk location, they are asked to follow procedures below:
 - Write name on post-it and attach to cell phone. Turn off cell phone and bring to front tables.
 - Take snack bag, and approved calculator (if applicable) out of backpack.
 - Make certain clear snack size zip-lock bag has name clearly marked/labeled.
 - Hybrid exams require the use of pen with black or blue ink.
 - Bring closed backpack and marked/labeled snack bag to designated areas in front of the room.
 - Return to desk and sit quietly for attendance.
- Students are NOT permitted to open backpack during exam, including break time.
- Snacks and water can only be consumed during assigned break time.
- Students will be sequestered to designated break area. No one will be allowed to leave area for any reason.
- Any disruption involving inappropriate behavior during exam(s) will result in student being removed from testing location, an incident report made to College Board, a possible change to course designation on official high school transcript, a cancellation of score, non-participation in Prom and/or graduation ceremony and other end of year activities.
- [Click here](#) to read College Board's recent announcement regarding retrieving score reports.



Test Taking Tips

by Princeton Review

According to the ADAA (Anxiety & Depression Association of America), causes of test anxiety may include a fear of failure, lack of adequate prep time, or bad experiences taking tests in the past. You're not alone! Here's what you can do to stay calm in the days leading up to and during your test.

1 BE PREPARED

Yes, this seems obvious, but it bears repeating. If you feel confident that you've prepped thoroughly, you'll feel more confident walking into the test.

2 GET A GOOD NIGHT'S SLEEP

Cramming is never the answer, and pulling an all-nighter can exacerbate your nerves. Having adequate rest (9–10 hours per night) is likely to be more beneficial than rereading a text until dawn.

3 FUEL UP

Eat a nutritious breakfast before the test and pack smart snacks for ongoing energy. Look for foods that offer a steady stream of nutrients, rather than a sugar high followed by a crash.

4 GET TO TESTING SITE - EARLY!

Feeling rushed will only amp up the anxiety. Pack everything you need for the exam the night before and set the alarm, so you can get out the door on time.

5 HAVE A POSITIVE MENTAL ATTITUDE

Bring a picture of your happy place or come up with a morale-boosting mantra like "I can do this" or "I worked hard and deserve this." Peek at your picture or recite your mantra, right before the test begins.

6 READ CAREFULLY

Read the directions thoroughly and read all answers before making a choice or starting the essay. There is nothing worse than putting time into a question and realizing you are not solving for x , or the essay is off target. Slowing down can help you stay focused.

7 JUST START

The blank page can maximize your anxiety. After you've read the directions, dive right in by making an outline for an essay answer. Or, find some questions you can ace to build up your confidence and momentum. You can always go back and change things later if needed, but a few quick answers can get the ball rolling.

8 DON'T PAY ATTENTION TO WHAT OTHER PEOPLE ARE DOING.

Everyone else is scribbling away? Yikes! What do they know that you don't? It doesn't matter. Pay attention to your own test and pace, and forget about the other students in the room.

9 WATCH THE CLOCK

Stay on pace by scoping out the whole test before getting started. Mentally allocate how much time you'll spend on each section. If there's time to recheck, even better.

10 FOCUS ON CALM BREATHING AND POSITIVE THOUGHTS.

Deep breathing can slow down a beating heart or a racing mind, so practice these techniques at home. The very act of concentrating on breathing and thinking can biometrically alter those anxious feelings.

Hewlett-Woodmere Memorial Day Parade



Monday, May 25, 2026



STUDENT REPRESENTATION NEEDED!

Join Dr. Anzalone and other members of the school community and proudly walk in this year's Memorial Day Parade representing Hewlett High School! Student participants will be awarded three (3) hours of community service! Contact Mrs. Harrison to sign up!

Silver Cord Deadlines Approaching!

Each year at Hewlett High School's graduation ceremony, students who have made significant community service contributions are honored by wearing a silver cord. To be eligible for this recognition, students must complete 30 hours of voluntary and unpaid community service each year, totaling at least 120 hours at the end of their four years. Students need to submit a Silver Cord Participation Form each year documenting the community service hours. New entrants to HHS wanting to receive a silver cord will have their community service hours prorated.

Deadlines for Submitting Forms to PPS Office:

Grade 12 Students: May 15

Grade 9-11 Students: May 31

Hewlett-Woodmere Central Council PTA College Scholarship Assistance

Scholarship money is available to students who display a need to meet college costs. The awards given by the Hewlett-Woodmere Central Council PTA are based entirely on financial need. Scholarship applicants must file for all forms of federal, state, and institutional aid before being considered for this grant.

All applications for funds are reviewed in a confidential manner

Application Deadline June 1st

[Click here](#) to download the application.



Seniors with a 504 Accommodation Plan

Transitioning from high school to college is exciting; however, it also represents a significant change in routine for both students and parents. In the post-secondary setting, services and accommodations are available, but students must take the initiative to request the process and follow up to ensure the accommodations are implemented.

As the Transition Coordinator, I assist graduating students with 504 Plans by helping initiate the process of accessing accommodations in college. Once a student has committed to a specific college, please schedule an appointment with me to begin contacting the accessibility office. I will guide you through the process and answer any questions you may have. I look forward to supporting you during your transition to college.

Michelle Kinhackl, MA, CRC

Transition Coordinator

mkinhackl@hewlett-woodmere.net / 516-792-4161

UPCOMING EVENTS

National Honor Society Inductions



THESPIAN HONOR SOCIETY INDUCTIONS	May 20 th 5:45 PM	HHS Little Theatre
TRI-M HONOR SOCIETY INDUCTIONS	June 1 st 5:00 PM	HHS Cafe & Auditorium
STEM HONOR SOCIETY INDUCTIONS (MATH/SCIENCE)	June 2 nd 6:30 PM	HHS Auditorium

Other Important Events



ALL DISTRICT SCIENCE SYMPOSIUM	June 2 nd 5:30 PM	HHS Auditorium
ATHLETIC AWARDS NIGHT	June 3 rd 5:00 PM	HHS Gymnasium
COMMUNITY RECOGNITION AWARDS	June 4 th 6:30 PM	HHS Auditorium



HEWLETT-WOODMERE SPRING CONCERTS



MAY 4 @ 8:00 PM - HHS 1

CONCERT BAND, WIND ENSEMBLE & MIXED CHORUS

MAY 5 @ 7:00 PM

OES & HES 5TH GRADE

MAY 7 @ 7:30 PM

8TH GRADE

MAY 11 @ 8:00 PM - HHS 2

STRING ORCHESTRA, TREBLE CHOIR,
CHAMBER ORCHESTRA & CONCERT CHORALE

MAY 12 @ 7:30 PM

6TH GRADE

MAY 14 @ 7:30 PM

7TH GRADE

MAY 18 @ 8:00 PM - HHS 3

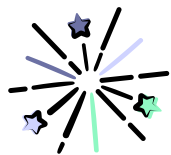
VOCAL & INSTRUMENTAL JAZZ GROUPS

MAY 25 MEMORIAL DAY PARADE

MAY 28 - 4TH GRADE

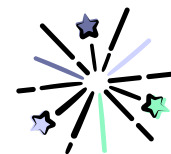
HES @ 6:00 PM & OES @ 8:00 PM

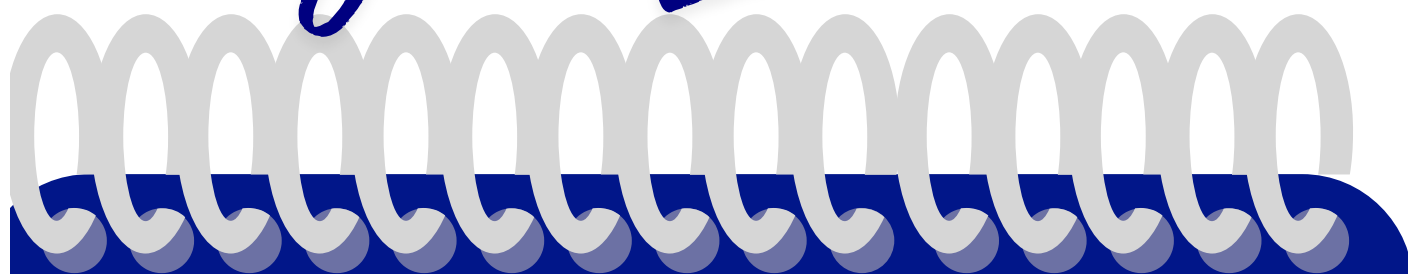
All Concerts are at Hewlett High School and Live Streamed



Class of 2026

June Events



						
	1 Tri-M Honor Society Induction	2 All District Symposium STEM Honor Society	3 Athletic Awards Night	4 Community Recognition Awards	5 Senior Send-Off Workshops Periods 2-4 *Class Photo	6
7	8	9	10	11	12	13
14	15 Senior Prom Dave & Buster's	16 *Senior BBQ *Senior Gift *Yearbook Distribution	17 Clear HHS Property Obligations	18 *Graduation Rehersal *Ticket Distribution	19 Juneteenth Schools Closed	20
21	22 Clear HHS Property Obligations	23 *Cap/Gown Pick Up *Elementary School Walk	24	25 Graduation @ Tilles Center	26	27
28	29	30				

Where do you want to be in five years?

Think about health care

Good Samaritan University Hospital presents “Exploring Careers in Health Care: A Symposium for High School Students”

There are stimulating and lucrative careers where you can make a real difference in people's lives. Learn all about it at Catholic Health's health care career symposium.

- Meet clinical and administrative leaders from Good Samaritan University Hospital.
- Participate in hands-on demonstrations teaching how you can save a life in crisis.
- Participate in lively panel discussions.
- Receive a certificate of completion for your personal records and educational growth.



**Catholic
Health**

Good Samaritan
University Hospital

High school students, please join us for this
eye-opening day of information and inspiration!

Wednesday, August 12, 2026

8 am – 4 pm

St. John the Baptist Diocesan High School
1170 Montauk Highway
West Islip, NY 11795

For more information, scan
the QR code or contact:
brittany.colasanto@chsli.org



The future of health care is now!

goodsamaritanuniversity.org

Senator Kirsten Gillibrand invites you to a

Service Academy Information Night



Thursday May 28th | 6:00 pm
SUNY Farmingdale College,
2350 Broad Hollow Rd
Farmingdale, NY 11735

RSVP



KIRSTEN
Gillibrand
U.S. SENATOR FOR NEW YORK