

# Lunch Menu

Timberlane Sandown Central Elementary

**May**  
**2026**

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



1 **SPRING BREAK!**  
**SCHOOL CLOSED**

4 Mozzarella Sticks   
Tomato Sauce Dip With  
Sweet Potato Fries  
Dinner Rolls  
Sliced Peaches

5 Whole Grain Pancakes with Sausage  
Hash Brown Potatoes  
Applesauce

6 Chicken Nuggets  
Whole Wheat Dinner Roll  
Steamed Carrots  
Green Beans  
Sliced Pears

7 Nachos Grande   
With  
Black Beans  
Sweet Corn  
Fresh Orange

8 Cheese Pizza   
Or  
Pepperoni Pizza   
With  
Cajun Roasted Broccoli  
Fresh Apple

11 Tot Spot's Loaded Nacho Tater Tots   
Dinner Rolls  
Applesauce

12 Belgian Waffle Bites  
Hash Brown Potatoes  
Sausage Patty  
Strawberry Cup

13 Pasta with Meat Sauce   
With  
Green Beans  
Pineapple Cup

14 Soft Tacos   
With  
Black Beans  
Steamed Carrots  
And  
Fresh Apple

15 Pepperoni Pizza   
Or  
Cheese Pizza   
With  
Caesar Salad  
Or  
Baby Carrots  
And  
Sliced Peaches

18 Grilled Cheese Sandwich Meltdown Café   
Steamed Carrots  
Fresh Orange

19 Whole Grain Pancakes with Sausage  
Hash Brown Potatoes  
Applesauce

20 Yard Bird Classic Chicken Sandwich  
Steamed Carrots  
With  
Green Beans  
Sliced Pears

21 Nachos Grande   
With  
Black Beans  
Sweet Corn  
And  
Fresh Apple

22 Cheese Pizza   
Or  
Pepperoni Pizza   
With  
Cajun Roasted Broccoli  
Sliced Peaches

25

26 Cinnamon French Toast Sticks   
Hash Brown Potatoes  
Cinnamon  
Applesauce

27 Pasta with Meat Sauce   
With  
Green Beans  
Pineapple Cup

28 Crispy Tacos  
With  
Black Beans  
Sweet Corn  
And  
Fresh Apple

29 Pepperoni Pizza   
Or  
Cheese Pizza   
With  
Caesar Salad  
Or  
Baby Carrots  
And  
Sliced Peaches

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



**Meal Prices**

- Reduced - \$0.40
- Paid- \$3.30
- Milk Only- \$0.70

**Always Available**

- 1) Cereal, graham crackers, or bagel w/ cream cheese with yogurt, cheese stick
- 2) Sun butter and Jelly or Ham & Cheese Sandwich
- 3) Tossed salad w/ cheese and dinner roll
- 4) Mixed berry parfait

Vegetarian Made With Natural Ingredients Pork Smart Choice Made With Organic Ingredients

All meals include choice of fruit, LF milk, and vegetable