

Menus for May & June 2026

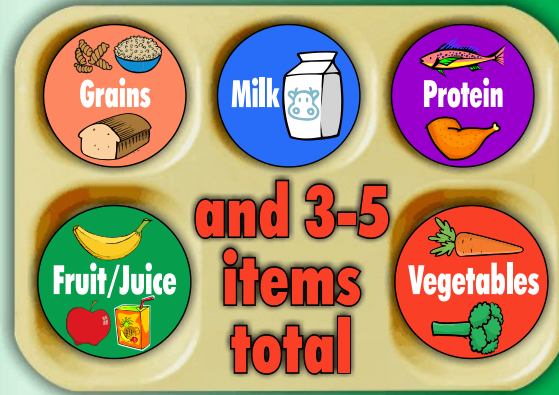
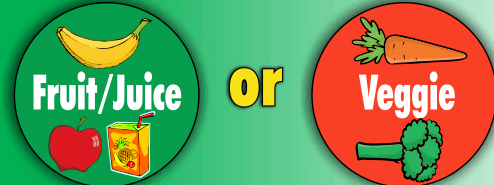


**BLOOMSBURG
SECONDARY SCHOOL**

This institution is an equal opportunity provider.
Menus are subject to change.

DON'T 4 GET!

To make a lunch,
choose at least one



Friday, May 1

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Pancakes and Sausage

HS Dominoes Lunch

MS serving Pizza Quesadillas
with Salsa and Sour Cream
Turkey and Cheese Croissant
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Broccoli Salad / Fresh Veggies
Fruit and Milk



Cinco de Mayo (May 5th) celebrates a great Mexican military victory in 1862.

Monday, May 4

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Pizza Bagel

Lunch

Chicken Nuggets with
Wholegrain Roll
BlackBean Burger on a Roll
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Baked French Fries / Fresh
Veggies Fruit and Milk

Tuesday, May 5

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Sausage and Cheese Muffin
Funnel Cake

Cinco de Mayo Lunch

Beef or Chicken Taco
With Cheese over Chips
Burrito — Bean and Cheese
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides: Spanish Rice/ Refried
Beans/ Lettuce and Tomato
Fruit and Milk

Wednesday, May 6

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Funnel Cake

Lunch

Pasta with Meat Sauce with
Garlic Bread
Spicy Chicken Patty Sandwich
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Caesar Salad / Fresh Veggies
Fruit and Milk

Thursday, May 7

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Breakfast Pizza

Brunch for Lunch

3 French Toast Sticks with 2
Sausage
Egg, Ham and Cheese Bagel
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Diced Potatoes / Fresh Veggies
Fruit and Milk

Friday, May 8

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Cinnamon Roll

MS Dominoes Lunch

HS serving Stuffed Crust Pizza
Sticks with Sauce
Tuna Salad on a Croissant
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides: Broccoli Salad / Fresh
Veggies
Fruit and Milk

GOING NATURAL?

There's no legal definition of the word "natural" on a food label. So it doesn't really mean much at all. To truly "go natural," eat lots of whole foods



(like fruits, veggies, nuts, beans, lean protein) that don't have any other ingredients at all -- naturally.

**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!**

Monday, May 11

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
or French Toast Sticks

Lunch

Corn Dog Nuggets with
Wholegrain Roll
Ham and Cheese Panini
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Baked Sweet Potato Fries / Fresh
Veggies
Fruit and Milk

Tuesday, May 12

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Pizza Bagel

Lunch

Cheese Lasagna Rollup Sauce
and Garlic Bread
Grilled Chicken Wrap
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Caesar Salad/ Fresh Veggies
Fruit and Milk

Wednesday, May 13

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Ham, Egg and Cheese Muffin

Lunch

Popcorn Chicken Bowl with Roll
Meatball Hoagie
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Corn / Fresh Veggies
Fruit and Milk

Thursday, May 14

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Cinnamon Roll

Lunch

Creamy Macaroni and Cheese
with Roll
Fish Sticks with Roll
Salad Bar / Deli Hoagie / Wrap
Sides:
Steamed Broccoli / Fresh Veggies
Fruit and Milk
Pudding Cup!

Friday, May 15

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Sausage and Cheese Biscuit

Lunch

Buffalo Cheese Calzone with
Sauce
Sloppy Joe on a Roll
Salad Bar / Deli Hoagie / Wrap
Sides:
Zesty Baked Beans / Fresh
Veggies
Fruit and Milk

Monday, May 18

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Pizza Bagel

Lunch

Chicken Tenders with Roll
Black Bean Burger on Roll
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Emoji Potatoes / Fresh Veggies
Fruit and Milk

Tuesday, May 19

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Sausage Gravy over Biscuit

Lunch

Salisbury Steak with Noodles
and Roll
Spicy Chicken Patty Sandwich
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides: Creamy Mashed
Potatoes / Fresh Veggies
Fruit and Milk

Wednesday, May 20

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Cinnamon Roll

Lunch

General Tso Chicken over Fried
Rice
Turkey and Cheese Croissant
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides: Steamed Broccoli / Fresh
Veggies
Fruit and Milk

Thursday, May 21

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Egg, Ham and Cheese Bagel

Picnic Lunch

BBQ Grilled Chicken on a Roll
Hot Dog on a Roll
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides: Pasta Salad
Zesty Baked Beans / Fresh
Veggies
Fruit and Milk

Friday, May 22

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Maple Waffle

Early Dismissal

Breakfast for Lunch
2 Pancakes with 2 Sausage
Links and Syrup
Egg and Cheese Bagel
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides: Tater Tots / Fresh Veggies
Fruit and Milk



TOASTED.

Just one bad, blistering sunburn as a child doubles your risk for skin cancer later in life. Yet more than half of all kids report having at least a minor sunburn in the past year. Don't get burned this summer!

EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.
WELLNESS IS A WAY OF LIFE!

Monday, May 25



MEMORIAL DAY
NO SCHOOL TODAY

Tuesday, May 26

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Breakfast Pizza

Lunch

Chicken Wing Bites (Hot or
BBQ) and Dinner Roll
Sloppy Joe on a Roll
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Baked French Fries / Bean Salad
Fruit and Milk

Wednesday, May 27

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Cinnamon Roll

Lunch

Nachos with Chili and Cheese
with Corn Bread Muffin
Pulled Pork Sandwich
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Golden Corn / Fresh Veggies
Fruit and Milk

Thursday, May 28

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Egg and Cheese Bagel

Lunch

Teriyaki Chicken over Asian
Noodles
Ham and Cheese Panini
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Stir Fry Vegetables / Fresh
Veggies
Fresh Fruit and Milk

Friday, May 29

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Confetti Waffle

District Wide Field Day

Lunch

Bagged Lunches:

Deli Hoagies
PB & J Sandwich
Sides:
Fresh Veggies
Fruit and Milk
Special Treat!

NUTRITION TO GO

Pork is the most widely eaten meat in the world. Pork consumption in America peaked at 60 lbs per person annually in 1971, falling to about 50 lbs in 2023. Improved breeding and feeding techniques since the 80's have reduced the fat in pork, on average, by 31%, along with reductions in calories (14%) and cholesterol (10%).

A QUICK BITE FOR PARENTS

Monday, June 1

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Cook's Choice

Lunch - HS Finals

HS Café 11-11:45

Chicken Sticks and Soft Pretzel
Cook's Choice
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides: Soft Pretzel!
Baked French Fries / Fresh
Veggies Fruit and Milk

Tuesday, June 2

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Cook's Choice

Lunch - HS Finals

HS Café 11-11:45

Pasta with Meat Sauce and
Garlic Bread
Cook's Choice
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides:
Cesar Salad / Fresh Veggies
Fruit and Milk

Wednesday, June 3

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Cook's Choice

Lunch - HS Finals

HS Café 11-11:45

Chicken Pot Pie with Roll
Cook's Choice
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides: Mixed Vegetables / Fresh
Veggies
Fruit and Milk

Thursday, June 4

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Cook's Choice

Lunch - HS Finals

HS Café 11-11:45

Pizzeria Style Pizza
Cook's Choice
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides: Cook's Choice of
Vegetable / Fresh Veggies
Fruit and Milk

Friday, June 5

Last Day of School

Breakfast

Choice of Juice, Fruit and Milk
Cold Cereal, Bagels,
Cook's Choice

Early Dismissal

Last Lunch

Funnel Cake with Sausage
Cooks Choice
PB & J Sandwich
Salad Bar / Deli Hoagie / Wrap
Sides: Cook's Choice of
Vegetable / Fresh Veggies
Fruit Juice and Milk

Have a GREAT SUMMER!

FREE SUMMER MEALS for KIDS-
STARTS MONDAY - JUNE 15th!
11:30-12:30

Summer Lunch Program will be served at
Memorial Elementary School