



Mayor Wayne D. Zitt, Jr.  
& Town Council

In partnership with  
NAMI NJ en Español



Offers:

# IN-PERSON FAMILY SUPPORT GROUP in Spanish



Emotional  
Support and  
Guidance



Information on  
Conditions such  
as depression,  
bipolar disorder,  
schizophrenia,  
and ADHD



Helpful county  
resources for  
you and your  
loved ones



## 2026 MEETING DATES



MAY 9



OCT 10



JUNE 13



NOV 14



JULY 11



DEC 12



SEPT 12



10:30 AM – 12:00 PM



GUTTENBERG  
RESOURCE CENTER

7002 Boulevard East,  
Unit 115  
Guttenberg, NJ 07093



For more information, please contact

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201-868-2315 ext 136

