



Meet Your Nutritious Friend:
Avocado-do

Monday	Tuesday	Wednesday	Thursday	Friday
				<p>1 Big Daddys Pizza Or Super Fruit Craveable</p> <p>Green Beans Peaches Baby Carrots</p>
<p>4 Breakfast For Lunch Pancakes W/Sausage Or Breadstick Craveable</p> <p>Hash Browns Baked Apples Red Pepper Strips</p>	<p>5 Chicken Tenders W/Roll Or Breadstick Craveable</p> <p>Steamed Broccoli Peaches Side Salad</p>	<p>6 Cheeseburger Or Breadstick Craveable</p> <p>Green Beans Sliced Apples Sliced Cucumbers</p>	<p>7 Mini Corn Dogs Or Breadstick Craveable</p> <p>BBQ Baked Beans Applesauce Celery Sticks</p>	<p>8 Big Daddys Pizza Or Breadstick Craveable</p> <p>Steamed Broccoli Fresh Strawberries Baby Carrots</p>
<p>11 Pasta W/Meatballs & Garlic Breadstick Or Corn Dog on a Stick</p> <p>Steamed Broccoli Grape Tomato Applesauce</p>	<p>12 Beef Nachos Or Corn Dog on a Stick</p> <p>Black Beans Peaches Salsa</p>	<p>13 Popcorn Chicken W/Goldfish Or Corn Dog on a Stick</p> <p>Glazed Carrots Applesauce Bell Pepper Strips</p>	<p>14 Hot Dog Or Corn Dog on a Stick</p> <p>Green Beans Dragon Juice Celery Sticks</p>	<p>15 Big Daddys Pizza Or Corn Dog on a Stick</p> <p>Fries Fresh Fruit Sliced Cucumbers</p>
<p>18 Meatball Hoagie W/Mozzarella Cheese Or Pizza Craveable</p> <p>Green Beans Baby Carrots Peaches</p>	<p>19 No School</p>	<p>20 Chicken Nuggets W/Roll Or Pizza Craveable</p> <p>Steamed Broccoli Peaches Pineapple Tid Bits</p>	<p>21 Texas Toast Grilled Cheese Or Pizza Craveable</p> <p>Tomato Soup Sliced Cucumbers Mandarin Oranges</p>	<p>22 Big Daddys Pizza Or Pizza Craveable</p> <p>Glazed Carrots Side Kicks Grape Tomato</p>
<p>25 No School</p>	<p>26 Taco Pizza Or Superfruit Craveable</p> <p>Sweet Corn Applesauce Bell Pepper Strips</p>	<p>27 Breakfast For Lunch French Toast Sticks W/Sausage Or Superfruit Craveable</p> <p>Hash Browns Warm Baked Apples Sliced Cucumbers</p>	<p>28 Chicken Tenders W/Goldfish Or Superfruit Craveable</p> <p>Steamed Broccoli Pineapple Tid Bits Buttered Noodles</p>	<p>29 Big Daddys Pizza Or Superfruit Craveable</p> <p>Glazed Carrots Dragon Juice Baby Carrots</p>

What is a Meal?
Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

Choice of Vegetable

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

Choice of Fruit

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

Choice of Milk

1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

Daily Alternates

Uncrustable- PB&J

Meal Prices

Student Lunch \$2.55
Reduced Lunch \$0.00

