

Monday	Tuesday	Wednesday	Thursday	Friday	What is a Meal? Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry Daily Alternates Fresh Entree Salad Bar and Deli Bar made to order and Grab & Go's
				1 Pizza By The Slice FEATURED VEGGIES Tomato Mozzarella Salad	
4 Penne Pasta w/ Red Meat Sauce & Garlic Knot FEATURED VEGGIES Mixed Veggies	5 Cinco De Mayo Walking Taco w/ Doritos FEATURED VEGGIES Street Corn Pasta Salad	6 French Toast w/ Turkey Bacon FEATURED VEGGIES Smiley Potatoes	7 Pizza By The Slice FEATURED VEGGIES Tomato Mozzarella Salad	8 NO LUNCH HALF DAY	
11 Pepper Steak Bowl with Lo Mein Noodles FEATURED VEGGIES Green Beans	12 Chicken & Cheese Quesadilla FEATURED VEGGIES Corn & Black Bean Salsa	13 Belgian Waffle Sticks w/ Turkey Sausage Patty FEATURED VEGGIES Hash Brown Rounds	14 Bone In Garlic Parmesan Chicken Wings FEATURED VEGGIES Waffle Fries	15 Pizza By The Slice FEATURED VEGGIES Tomato Mozzarella Salad	
18 Pizza Crunchers FEATURED VEGGIES Sweet Peas	19 Beef or Chicken Nachos Grande with Nacho Cheese Sauce FEATURED VEGGIES Sweet Chili Brussels	20 Dutch Waffle w/ Assorted Fruit & Turkey Bacon FEATURED VEGGIES Tots	21 Pizza By The Slice FEATURED VEGGIES Side Salad	22 NO LUNCH HALF DAY	
25 Choice of BBQ or Buffalo Chicken Rice Bowl FEATURED VEGGIES Steamed Broccoli	26 Walking Taco w/ Doritos FEATURED VEGGIES Corn	27 Chicken Nuggets w/ Southern Biscuit FEATURED VEGGIES Mashed Potatoes	28 Pizza By The Slice FEATURED VEGGIES Side Salad	29 NO LUNCH HALF DAY	
Your Team Kim Vencius, General Manager 856-547-7695 ext. 4181 ma1502@metzcorp.com		Meal Prices Student Lunch \$4.00 Reduced Lunch \$0.00 Faculty Lunch \$5.00			

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

