



Assistant Director of Food & Nutrition
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Monday	Tuesday	Wednesday	Thursday	Friday
<p>Two servings of fruit before first period gets your day in a groove.</p>				<p>1 Chicken Biscuit Assorted Juice Assorted Low fat Milk Alt: Cherry Muffin</p>
<p>4 Sausage & Cheese Biscuit Assorted Juice Assorted Low fat Milk Alt: Grape Crescent</p>	<p>5 Confetti Pancakes Assorted Juice Assorted Low fat Milk Alt: Raspberry Roll</p>	<p>6 Scrambled Eggs, Potatoes & Toast Assorted Juice Assorted Low fat Milk Alt: Blueberry Overnight Oats</p>	<p>7 Breakfast Burrito Assorted Juice Assorted Low fat Milk Alt: Banana Mini Loaf w/ crackers</p>	<p>8 Act 80 Day No School PROM</p>
<p>11 Pancake Wrap Nuggets Assorted Juice Assorted Lowfat Milk Alt: Apple Roll</p>	<p>12 Double Chocolate Chip Muffin Top Assorted Juice Assorted Lowfat Milk Alt: Breakfast Pizza</p>	<p>13 Bacon Egg & Cheese Muffin Assorted Juice Assorted Lowfat Milk Alt: Blueberry Muffin</p>	<p>14 Iced Donut w/ Sprinkles Assorted Juice Assorted Lowfat Milk Alt: Yogurt w/ Crackers</p>	<p>15 Pull A-Part Donut Assorted Juice Assorted Lowfat Milk Alt: Apple Frudel</p>
<p>18 Mini Chocolate Chip French Toast Assorted Juice Assorted Low fat Milk Alt: Omelet w/ Toast</p>	<p>19 Cinnamon Roll Assorted Juice Assorted Low fat Milk Alt: Assorted Zee Zee Bars</p>	<p>20 Sausage Breakfast Pizza Assorted Juice Assorted Low fat Milk Alt: Chocolate Chip Waffle Snaps</p>	<p>21 Strawberry Cream Cheese Bagel Assorted Juice Assorted Low fat Milk Alt: Assorted Benefit Bars</p>	<p>22 Chicken Biscuit Assorted Juice Assorted Low fat Milk Alt: Soft Filled Cinnamon Toast Crunch Bar</p>
<p>25 MEMORIAL DAY NO SCHOOL</p>	<p>26 Confetti Pancakes Assorted Juice Assorted Low fat Milk Alt: Raspberry Roll</p>	<p>27 Scrambled Eggs, Potatoes & Toast Assorted Juice Assorted Low fat Milk Alt: Blueberry Overnight Oats</p>	<p>28 Breakfast Burrito Assorted Juice Assorted Low fat Milk Alt: Banana Mini Loaf w/ crackers</p>	<p>29 Mini Maple Waffles Assorted Juice Assorted Low fat Milk Alt: Goody Ring</p>

WHAT MAKES A BREAKFAST?

You must choose at least 3 of the 4 components
Choice of 2 whole grains or 1 whole grain and a meat/meat alternate
Choice of 2 fruits and Choice of low-fat milk.
*½ c serving of fruits or vegetables must be one of the 3 components

MILK OPTIONS

1% White, Fat Free Chocolate, Fat Free Vanilla
1% Strawberry

FRUIT OPTIONS

May choose up to TWO - ½ cup servings
Crisp Apple, Banana, Fresh Orange, 100% Juice

ALTERNATE MENU OPTIONS

ASSORTED CEREAL W/CRACKERS
POP TARTS W/CRACKERS
CEREAL BARS W/CRACKERS



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Monday	Tuesday	Wednesday	Thursday	Friday	THE PIZZERIA
<p>Thank a teacher who has made a difference for you.</p>					
<p>4 Italian Dunkers Steamed Broccoli Golden Apple Assorted Lowfat Milk Alt Choice: Chicken Quesadilla</p>	<p>5 Beef & Cheese Nacho Refried Beans Mixed Fruit Assorted Lowfat Milk Alt: BBQ RIB Sandwich Nutrition Global :Cinco De Mayo</p>	<p>6 Breaded Pork Patty w/ fresh bread Mashed Potatoes Mixed Vegetables Petite Banana Assorted Lowfat Milk Alt Choice: Pulled BBQ Chicken Sandwich</p>	<p>7 Waffles & Sausage Patties Crispy Tater Tots Mixed Fruit Assorted Low fat Milk Alt: Chicken Nuggets w/ bread</p>	<p>8 No School Act 80 Day</p>	<p>DAILY CHEESE PIZZA PEPPERONI PIZZA SAUSAGE PIZZA SPECIALTY PIZZA</p>
<p>11 Pizza Burger Baked French Fries Pineapple Tidbits Assorted Lowfat Milk Alt: Breaded Chicken Salad w/ fresh bread</p>	<p>12 Chicken Fajita & Cheese Dip w/bread Steamed Carrots Applesauce Assorted Lowfat Milk Alt: Tuna Melt Sandwich</p>	<p>13 Mac & Cheese w/ Garlic Toast Green Beans Citrus Orange Assorted Lowfat Milk Alt: Corn Dog</p>	<p>14 Chicken Tikka Masala w/ Brown Rice Steamed Broccoli Mandarin Oranges Assorted Low fat Milk Alt: Sausage Egg & Cheese Bagel</p>	<p>15 Grilled Cheese w/ Tomato Soup Diced Pears Vegetarian Beans Assorted Low fat Milk Alt: Pork BBQ Sandwich</p>	<p>DAILY CHEESEBURGER CRISPY CHICKEN SANDWICH SPICY CHICKEN SANDWICH FRENCH FRIES</p>
<p>18 Cheeseburger Wrap Baked French Fries Golden Apple Assorted Low fat Milk Alt: Hot Honey Dill Chicken Sandwich</p>	<p>19 Fiestada Pizza Seasoned Green Beans Mixed Fruit Assorted Low fat Milk Alt: BBQ Rib Sandwich</p>	<p>20 French Toast Sticks w/ Sausages Crispy Tater Tots Diced Pears Assorted Low fat Milk Alt: Corn Dog Nuggets</p>	<p>21 Korean BBQ Meatball Rice Bowl w/ Garlic Toast Steamed Carrots Diced Peaches Assorted Lowfat Milk Alt: BBQ Chicken Sandwich</p>	<p>22 Italian Dunkers Mixed Vegetables Citrus Orange Assorted Low fat Milk Alt: Meatball Hoagie</p>	<p>GRAB N' GO DAILY HAM OR TURKEY SANDWICH BREADED OR SPICY CHICKEN WRAP TURKEY, HAM OR ITALIAN WRAP BREADED OR SPICY CHICKEN SALAD GARDEN SALAD</p>
<p>25 MEMORIAL DAY NO SCHOOL</p>	<p>26 Lasagna Roll Ups w/ Garlic Toast Steamed Broccoli Cinnamon Apple Slices Assorted Low fat Milk Alt: Sloppy Joe Sandwich</p>	<p>27 Popcorn Chicken Bowl w/ Fresh Bread Golden Corn Petite Banana Assorted Lowfat Milk Alt: Italian Hoagie</p>	<p>28 Loaded Chicken Totchos w/ Garlic Toast Green Beans Citrus Orange Assorted Lowfat Milk Alt: Buffalo Chicken Panini</p>	<p>29 BBQ Pork Carnitas Quesadilla w/ Salsa Refried Beans Mandarin Oranges Assorted Lowfat Milk Alt: Chili Cheese Dog</p>	

WHAT MAKES A MEAL?
 You must choose at least 3 of 5 components available for the reimbursable meal.
 Choice of Meat or Meat Alternate
 Choice of Vegetable, Choice of Fruit*
 Choice of Grain/Bread, and Choice of Milk
 *Students must choose at least one fruit or vegetable

MILK OPTIONS
 1% White, Fat Free Chocolate, Fat Free Vanilla
 1% Strawberry

FRUIT & VEGGIE OPTIONS
 *May choose two 1/2 cup servings
 Broccoli Florets | Baby Carrots
 Dark Leafy Greens | Legume Salads
 Celery & Cucumber
 *May choose two 1/2 cup servings
 Crisp Apple | Sliced Peaches | Mixed Fruit
 Fresh Orange | Banana | Pineapple Tidbits
 Diced Pears | Applesauce

ALTERNATE MENU OPTIONS
 PEANUT BUTTER AND JELLY W/STRING CHEESE
 VARIETY OF ALA CARTE ITEMS AND SPECIALS

