

St. John's College High School Crew Swim Test Attestation Form

I, _____ (print full name) a lifeguard at
_____ (print pool/facility name) have witnessed
_____ (print student name) complete the following:

- (1) Swim 50 meters/yards, unassisted, without touching the bottom of the pool or the side walls of the pool.
- (2) Tread water for 5 minutes, unassisted, without touching the bottom of the pool or the side walls of the pool.

By signing below I attest that I have witnessed _____ (student name) perform the two swimming activities noted above.

_____ (print full name)

_____ (print phone number)

_____ (print email address)

_____ (signature)