

Lunch Menu

Ardsley Middle School

May
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday



4 Cinnamon French Toast Sticks
* Sausage Patty
Baked Potato Wedges
Strawberry Cup

*Chicken

5 Homemade Pasta & *Meatballs
Steamed Carrots
Pineapple Cup
*Chicken

6 Cheesy Stuffed Bread Sticks
Steamed Broccoli
Beet and Onion Salad
Fresh Orange
Fresh Apple

7 Chicken and Waffles
Confetti Garbanzo
Bean Salad
Watermelon Cup

8 Wing Shack Classic
Buffalo Chicken Wings
Wing Shack BBQ
Style Chicken Wings
Brown Rice
Baked Potato Wedges
Celery Sticks
Carrot Dippers
Fresh Banana

11 BBQ Chicken Sandwich
Crispy Potato Puffs
Chilled Red Pepper Strips
Fresh Blueberries
National BBQ Day

12 * Crispy Tacos
Yellow Rice
Black Beans
Side Salad
Fresh Apple

*Turkey

13 Whole Grain Pancakes with ** Sausage
Sweet Potato Fries
Celery Sticks
Fresh Banana

14 General Tso Chicken
Noodle Bowl
Sauteed Zucchini
Fresh Baby Carrots
Fresh Pear
Fresh Apple

15 Pasta with Meat * Sauce
Sauteed Spinach
Side Salad
Fresh Melon Cup
Cantaloupe
*Beef

18 French Toast
* Sausage Patty
Crispy Potato Puffs
Carrot Dippers
Fresh Apple

*Chicken

19 Yard Bird Classic
Chicken Sandwich
Baked Potato Wedges
Chilled Red Pepper Strips
Fresh Orange

*Chicken

20 Dutch Waffles
*Sausage Patty
Homemade Sweet Beet Salad
Fresh Baby Carrots
Fresh Banana
*Chicken

21 Wing Shack Classic
Buffalo Chicken Wings
Wing Shack BBQ
Style Chicken Wings
Confetti Garbanzo
Bean Salad
Celery Sticks
Fresh Green Grapes

22 Homemade Mac & Cheese
Steamed Broccoli
Spinach Salad
Fresh Orange



26 * Meatball Dunkers with Cheese
Roasted Butternut
Squash with Brown Sugar & Honey
Fresh Apple
*Chicken

27 Steamed Chicken and Vegetable
Dumplings
Vegetable Fried Rice
Sauteed Zucchini
Chilled Red Pepper Strips
Strawberry Cup
Fresh Apple

28 Nachos Grande
Sweet Corn
Black Beans
Chilled Red Pepper Strips
Fresh Orange
Fresh Apple
*Turkey

29 Chicken Nugget & Mozzarella Stick
Combo
Pasta with Butter
Oven Baked Fries
Sauteed Kale
Pineapple

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Lunch Prices

Student Meal FREE

Adult Meal : \$5.20 +Tax Choice of Milk: Low Fat White,
Fat Free Chocolate or White

*Turkey **Chicken Sausage

If you have any questions please Contact your Food Service Director

Lunch Daily Offerings: Turkey or Ham w/wo Cheese, SunButter & Jelly, Cheese Sandwiches
Bagel Lunch w/ Yogurt & Cheese Stick Yogurt Parfait w/ Fruit & Granola
Chicken Caesar Salad or Chef Salad Garden Side Salad , Variety of Veggies (Dark Leafy Greens, Peppers, Tomatoes, Carrots & Cucumbers Crudité) & Fruits (Sliced Apples, Oranges & Bananas)

Those who qualify for free or reduced-priced meals enjoy breakfast and lunch at no cost

All grains are whole grains or whole wheat

Nina Ambriz, Food Service Director @ foodservices@ardsleyschool.org

Vegetarian Made With Natural Ingredients Pork Smart Choice Made With Organic Ingredients