

# Lunch Menu

Concord Road Elementary School

May 2026

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

4 \* Nachos Grande Or Baked Chicken Tenders With Whole Wheat Dinner Roll Steamed Peas Fresh Pear

\*Turkey



5 Homemade Pasta & \* Meatballs Or Cheesy Stuffed Bread Sticks Steamed Carrots Fresh Apple

\*Chicken

6 Dutch Waffles \*\* Sausage Patty Or Chicken Nuggets With Whole Wheat Dinner Roll Potato Puffs Beet and Onion Salad Syrup Strawberries



7 Homemade Mac & Cheese Or Cheese Quesadilla Confetti Garbanzo Bean Salad Apple Slices

1 Classic Cheese Pizza Or Pepperoni Pizza Steamed Broccoli Celery Sticks Fresh Apple

**Lucky Tray Day!**

11 Wing Shack BBQ Style Chicken Wings Or Baked Chicken Tenders Crispy Potato Puffs Chilled Red Pepper Strips Fresh Orange

National BBQ Day

12 Crispy Chicken Sandwich Or Cheesy Stuffed Bread Sticks Sweet Potato Fries Watermelon Slices

13 Whole Grain Pancakes with \*\* Sausage Or Chicken Nuggets With Whole Wheat Dinner Roll Roasted Squash Celery Sticks Fresh Banana



14 \*Meatball Dunkers Or Cheese Quesadilla Chickpea Salad Fresh Baby Carrots Fresh Blueberries

**Lucky Tray Day!**

\* Chicken

15 Classic Cheese Pizza Pepperoni Pizza Green Beans Side Salad Fresh Pear

18 Beef Hot Dog on Bun Or Baked Chicken Tenders With Whole Wheat Dinner Roll Steamed Peas Carrot Dippers Fresh Apple

19 French Toast \*\* Sausage Patty Or Cheesy Stuffed Bread Sticks Potato Puffs Carrot Dippers Fresh Orange Syrup

\*\*Chicken



20 General Tso Chicken Noodle Bowl Or Chicken Nuggets With Whole Wheat Dinner Roll Beet and Onion Salad Fresh Baby Carrots Fresh Banana

21 Chicken and Waffles Or Cheese Quesadilla Confetti Garbanzo Bean Salad Celery Sticks Fresh Melon Cup Cantaloupe

22 Classic Cheese Pizza Or Pepperoni Pizza Steamed Broccoli Spinach Salad Fresh Orange



26 Pretzel with Cheese Sauce Or Cheesy Stuffed Bread Sticks Sweet Potato Fries Chickpea Salad Fresh Apple



27 NY Beef Burger with Bacon & Cheese Or Chicken Nuggets Whole Wheat Dinner Roll Sauteed Zucchini Chilled Red Pepper Strips Fresh Melon Cup

28 Chicken Nugget & Mozzarella Stick Combo Pasta with Butter Or Cheese Quesadilla Sweet Corn Applesauce

29 Classic Cheese Pizza Or Pepperoni Pizza Spinach Salad Cucumber Coins Pineapple

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

**Lunch Prices**

Student Meal FREE

Adult Meal : \$5.20 +Tax Choice of Milk: Low Fat White,

Fat Free Chocolate or White

\*Turkey \*\*Chicken Sausage

If you have any questions please Contact your Food

Service Director

Lunch Daily Offerings: Turkey or Ham w/wo Cheese, SunButter & Jelly, Cheese Sandwiches

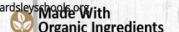
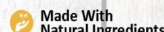
. Bagel Lunch w/ Yogurt & Cheese Stick Yogurt Parfait w/ Fruit & Granola

Chicken Caesar Salad or Chef Salad Garden Side Salad , Variety of Veggies (Dark Leafy Greens, Peppers,

Tomatoes, Carrots & Cucumbers Crudité) & Fruits (Sliced Apples, Oranges & Bananas)

Those who qualify for free or reduced-priced meals enjoy breakfast and lunch at no cost

All grains are whole grains or whole wheat



Nina Ambriz, Food Service Director @ foodservices@ardleschool.org