

If you or someone in your party has a food allergy, please contact a foodservice manager, chef, or dietitian on site.

Five food components are offered at lunch daily: **Meat/Meat Alternate, Grain, Fruit, Vegetable, and Milk.** To make a meal, students must select foods from at least 3 components in the required serving sizes. At least one item must be ½ c fruit or ½ c vegetable.

Milk choices include 1% white milk or fat-free flavored milk



All students are eligible for universal free lunch in the Scranton School District

**MAY 2026  
ECA LUNCH MENU**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	NOTES
<p><b>Game On!</b></p>  <p>Grab some fuel for Physical Fitness &amp; Sports Month.</p>	<p><b>Grab A Slice</b></p>  <p>Pizza is the guest of honor on Pizza Party Day.</p>	<p><b>Sweet &amp; Smokey</b></p>  <p>Look for our featured BBQ Day menu.</p>	<p><b>School Lunch Heros</b></p>  <p>Celebrate the people who make lunch great!</p>	<p><b>School Lunch Hero Day!</b></p> <p>Buffalo Chicken Stuffed Sandwich Cheese or Fully Loaded Pizza Spiral Fries Fresh Baby Carrots Fresh Garden Salad Applesauce &amp; 100% Orange Juice</p>	<p><b>Available Daily</b> Cheese, PB&amp;J and/or Sunbutter &amp; Jelly Sandwiches</p> <p><b>Weekly Grab &amp; Go 5/1</b> Turkey &amp; Cheese Sandwich All-American Cobb Salad w/ Croutons &amp; Dinner Roll</p> <p><b>5/4 – 5/8</b> Make-Your-Own Pizza Bagel Popcorn Chicken Salad w/ Croutons &amp; Dinner Roll</p> <p><b>5/11 – 5/15</b> Peach &amp; Yogurt Parfait w/ Cheese Stick, Heartzels, &amp; Goldfish Crackers Egg Chef Salad w/ Croutons &amp; Dinner Roll</p> <p><b>5/18 – 5/22</b> Ham &amp; Cheese Sandwich Italian Salad w/ Croutons &amp; Dinner Roll</p> <p><b>5/25 – 5/29</b> Strawberry &amp; Yogurt Parfait w/ Cheese Stick, Heartzels, &amp; Goldfish Crackers Breaded Chicken Caesar Salad w/ Croutons &amp; Dinner Roll</p> 
<p>Hot Dog Cheese Pizza Chicken, Bacon, Ranch Pizza Steamed Peas Fresh Broccoli Fresh Garden Salad Mixed Fruit Cup 100% Apple Juice <b>4</b></p>	<p>Chicken Soft Tacos Cheese Pizza Chicken, Bacon, Ranch Pizza Steamed Corn Fresh Tomato Wedges Fresh Spinach Salad Diced Peaches Fresh Orange <b>5</b></p>	<p>French Toast Sticks w/ Chicken Sausage Patty Cheese Pizza Chicken, Bacon, Ranch Pizza Smile Fries Fresh Cucumber Slices Fresh Garden Salad Diced Pears or Apple Slices <b>6</b></p>	<p>Chicken &amp; Vegetable Dumpling w/ Vegetable Egg Roll Cheese Pizza Chicken, Bacon, Ranch Pizza Steamed Carrots Fresh Celery Sticks Fresh Spinach Salad Pineapple Chunks <b>7</b></p>	<p><b>Pizza Party Day!</b> Meatball Pizza Sub Cheese Pizza Chicken, Bacon, Ranch Pizza Pinto Campfire Beans Fresh Baby Carrots Fresh Garden Salad Applesauce <b>8</b></p>	
<p>Pizza Crunchers w/ Dipping Sauce Cheese Pizza Buffalo Chicken Pizza Vegetarian Baked Beans Fresh Celery Sticks Fresh Garden Salad Mixed Fruit Cup 100% Apple Juice <b>11</b></p>	<p>Beef Nachos Cheese Pizza Buffalo Chicken Pizza Steamed Corn Fresh Green Pepper Strips Fresh Spinach Salad Diced Peaches Fresh Orange <b>12</b></p>	<p>Popcorn Chicken w/ Breadstick Cheese or Buffalo Chicken Pizza Mashed Potatoes w/ Gravy Fresh Tomato Wedges Fresh Garden Salad Diced Pears Fresh Apple Slices <b>13</b></p>	<p>Fresh Banana Cheeseburger Cheese Pizza Buffalo Chicken Pizza Steamed Carrots Fresh Cucumber Slices Fresh Spinach Salad Pineapple Chunks Fresh Banana <b>14</b></p>	<p><b>BBQ Day!</b> BBQ Pork Riblet Sandwich Cheese Pizza Buffalo Chicken Pizza Steamed Green Beans Fresh Baby Carrots Fresh Garden Salad Applesauce 100% Orange Juice <b>15</b></p>	
<p>Beef Soft Tacos Cheese Pizza Sausage Pizza Kickin' Pinto Beans Fresh Tomato Wedges Fresh Garden Salad Mixed Fruit Cup 100% Apple Juice <b>18</b></p>	<p><b>Professional Development Day No School for Students</b> <b>19</b></p>	<p>Maple Mini Pancakes w/ Scrambled Eggs Cheese Pizza Sausage Pizza Tater Tots Fresh Celery Sticks Fresh Garden Salad Diced Pears or Apple Slices <b>20</b></p>	<p>Chicken Tenders w/ Breadstick Cheese Pizza Sausage Pizza Steamed Green Beans Fresh Broccoli Fresh Spinach Salad Pineapple Chunks <b>21</b></p>	<p>Sloppy Joe Sandwich Cheese Pizza Sausage Pizza Steamed Broccoli Fresh Baby Carrots Fresh Garden Salad Applesauce 100% Orange Juice <b>22</b></p>	
<p><b>Memorial Day Weekend No School</b> <b>25</b></p>	<p>Mini Pierogies w/ Cheese Stick &amp; Goldfish Cheese or Pepperoni Pizza Steamed Carrots Fresh Broccoli Fresh Spinach Salad Diced Peaches Fresh Orange <b>26</b></p>	<p>Rotini Pasta w/ Meat Sauce Cheese or Pepperoni Pizza Steamed Broccoli Fresh Celery Sticks Fresh Garden Salad Diced Pears Fresh Apple Slices <b>27</b></p>	<p>Fresh Banana Eggoji Waffles w/ Turkey Sausage Links Cheese or Pepperoni Pizza Waffle Fries Fresh Green Pepper Strips Fresh Spinach Salad Pineapple Chunks Fresh Banana <b>28</b></p>	<p>Chicken Patty Sandwich Cheese Pizza Pepperoni Pizza Steamed Green Beans Fresh Cucumber Slices Fresh Garden Salad Applesauce 100% Orange Juice <b>29</b></p>	