



= Vegetarian

= Vegan

May Supper

2026

With Carbs

Monday

Tuesday

Wednesday

Thursday

Friday

W3

W1

W2

W3

W1

4

Corndog 30g

Daily Side: Fruit Bowl: 6-28g & Seasoned Beans: 27g

5

Bean and Cheese Burrito w/WG Tortilla 67g

Daily Side: Assorted Fruit Cups:14-28g & Baby Carrots: 8g

6

Fruit and Yogurt Parfait w/WG Granola 75g

Daily Side: Fruit Bowl: 6-28g & Side Salad 4g

7

Pizza Crunchers 41g

Daily Side: Assorted Fruit Cups:14-28g & Baby Carrots: 8g

1

Chicken Tamale w/Beans 53g

Daily Side: Fruit Bowl: 6-28g & Spicy Cucumber:2g

8

Chicken Tamale w/Beans 53g

Daily Side: Fruit Bowl: 6-28g & Spicy Cucumber:2g

11

Corndog 30g

Daily Side: Fruit Bowl: 6-28g & Seasoned Beans: 27g

12

Bean and Cheese Burrito w/WG Tortilla 67g

Daily Side: Assorted Fruit Cups:14-28g & Baby Carrots: 8g

13

Fruit and Yogurt Parfait w/WG Granola 75g

Daily Side: Fruit Bowl: 6-28g & Side Salad 4g

14

Pizza Crunchers 41g

Daily Side: Assorted Fruit Cups:14-28g & Baby Carrots: 8g

15

Chicken Tamale w/Beans 53g

Daily Side: Fruit Bowl: 6-28g & Spicy Cucumber:2g

18

Corndog 30g

Daily Side: Fruit Bowl: 6-28g & Seasoned Beans: 27g

19

Bean and Cheese Burrito w/WG Tortilla 67g

Daily Side: Assorted Fruit Cups:14-28g & Baby Carrots: 8g

20

Fruit and Yogurt Parfait w/WG Granola 75g

Daily Side: Fruit Bowl: 6-28g & Side Salad 4g

21

Pizza Crunchers 41g

Daily Side: Assorted Fruit Cups:14-28g & Baby Carrots: 8g

22

Chicken Tamale w/Beans 53g

Daily Side: Fruit Bowl: 6-28g & Spicy Cucumber:2g

25

Memorial Day

26

Bean and Cheese Burrito w/WG Tortilla 67g

Daily Side: Assorted Fruit Cups:14-28g & Baby Carrots: 8g

27

Fruit and Yogurt Parfait w/WG Granola 75g

Daily Side: Fruit Bowl: 6-28g & Side Salad 4g

28

Pizza Crunchers 41g

Daily Side: Assorted Fruit Cups:14-28g & Baby Carrots: 8g

29

Chicken Tamale w/Beans 53g

Daily Side: Fruit Bowl: 6-28g & Spicy Cucumber:2g

All meals include the following components: Grain, Meat or Meat Alternative, Fruit, Vegetable, and Milk. Students must select 3 out of the 5 components offered, with one component being a fruit or vegetable.

*WG=whole grain: The whole grain option may consist of chips, crackers, a roll, or a pretzel.

Assorted Condiments: (optional, vary daily) Mustard, Mayonnaise, Ketchup, Tapatio. Milk:1%Low-fat White Milk, and Nonfat Chocolate Milk offered daily with each meal. All milk is locally sourced and rBST hormone free.

** Milk is NOT required with Meals**

Please see carb count sheet for full list of Fruit/Side items carb counts

*Please see the Site Supervisor to request a specific allergen free menu