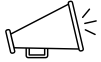


SPEECH SOUND HOME PROGRAM /P/

Created by the Speech-Language Pathology Team at the School District of Onalaska





NOTE

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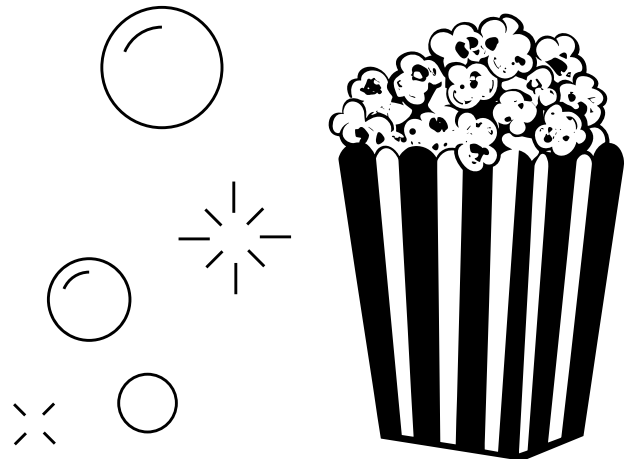
WORD LIST

This resource features a simple list of words with the target speech sound in the initial (beginning), medial (middle), and/or final (ending) of words. Some speech sounds are not applicable in each word position.

HOW TO MAKE THE TARGET SOUND /P/

- 1** Close your lips together (no air should be able to escape from the front/sides). 
- 2** Build a 'air bubble' or pressure inside your mouth. Your cheeks should fill with SOME air, not too much!
- 3** Release the 'air bubble.' Remember, your voice is OFF for the /P/ sound. 
- 4** If done correctly, the resulting sound should be the /P/ sound.

TIP: Use bubbles to practice holding and releasing pressure for the /P/ sound. Say the word "pop" over and over to practice!



Initial (Beginning):

Paw Pack Pace Pal Pie Pants
Pink Pain Put Pool Pond Pull
Puff Pork Pear Pin

Medial (Middle):

Copy Rapid Apart Shipped Upon
Zipper Super Hippo Happy Open
Napkin Wrapped Repair Sleeping

Final (End):

Hoop Ape Jeep Jump Lap Leap
Map Nap Gap Cape Loop Rope
Hope Ship Cheep Lip Rip

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

Tips for Supporting Your Child's Speech at Home:

- Use gentle reminders. Try not to correct every error—this can feel overwhelming. Instead, offer supportive cues when it feels right.
- Model target sounds during everyday activities. Cooking, reading, or playing together offers natural chances to model words and sounds your child is working on. Drawing attention to your mouth is key!
- Slow down your speech. Speaking a little slower and more clearly helps your child hear how words are formed, without feeling directly corrected.
- Break down target words. For example, if the word is "map", try saying: "MMMMM...AP" (chunked slowly),
- Then follow up with: "map" (spoken naturally). (This helps your child focus on each sound without feeling pressured to perform perfect each time the sound is elicited).
- Give specific praise. Encourage your child by noticing their efforts. For example: "I liked how you said the 'mmm' sound in map! That was great!"
- Practice in front of a mirror and take turns! Build awareness of sound production by asking how it 'feels' or what your child notices about their lips.
- Games: Go Fish, Matching, I Spy, Letter Hunt (find objects that begin with the target sound) and put them in a bag--then close your eyes and pull an object out and try to guess what it is calling it by name.
- Any turn-taking game can be used to elicit OR model the target sound/s! Be creative!

FURTHER INFORMATION

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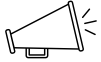
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SPEECH SOUND HOME PROGRAM /B/

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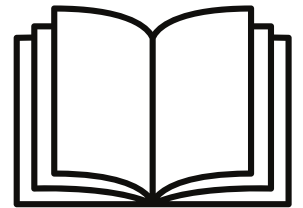
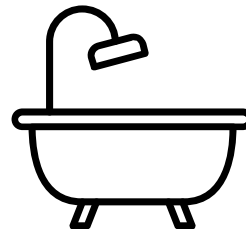
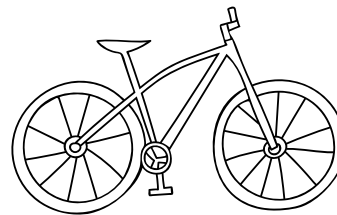
WORD LIST

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HOW TO MAKE THE TARGET SOUND /B/

- 1** Close your lips together (no air should be able to escape from the front/sides). 
- 2** Hold slight pressure inside your mouth. Your tongue stays in the middle of your mouth.
- 3** Release the pressure as you make sound. Remember, your voice is ON for the /B/ sound.
- 4** If done correctly, the resulting sound should be the /B/ sound. 

TIP: Start with the sound by itself /B/ and then add vowel sounds such as B. BI. BO. BA. BE. etc...



Initial (Beginning):

Bat Bag Book Bee Bird Boy
Bug Bite Bean Beak Bow
Boss Boom Buzz Bye Bell
Bath

Medial (Middle):

About Cabin Rabbit Maybe
Cable Labor Label Ruby Elbow

Final (End):

Cab Lab Mob Rib Scab Tub
Tape Web Grab Cube Knob
Lobe

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

Tips for Supporting Your Child's Speech at Home:

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- Model target sounds during everyday activities. Cooking, reading, or playing together offers natural chances to model words and sounds your child is working on. Drawing attention to your mouth is key!
- Slow down your speech. Speaking a little slower and more clearly helps your child hear how words are formed, without feeling directly corrected.
- Break down target words. For example, if the word is "map", try saying: "MMMMM...AP" (chunked slowly),
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- Give specific praise. Encourage your child by noticing their efforts. For example: "I liked how you said the 'mmm' sound in map! That was great!"
- Practice in front of a mirror and take turns! Build awareness of sound production by asking how it 'feels' or what your child notices about their lips.
- Games: Go Fish, Matching, I Spy, Letter Hunt (find objects that begin with the target sound) and put them in a bag--then close your eyes and pull an object out and try to guess what it is calling it by name.
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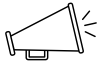
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SPEECH SOUND HOME PROGRAM /T/

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WORD LIST

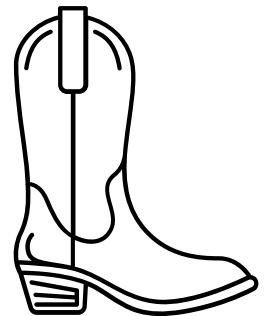
This resource features a simple list of words with the target speech sound in the initial (beginning), medial (middle), and/or final (ending) of words. Some speech sounds are not applicable in each word position.

HOW TO MAKE THE TARGET SOUND /T/

- 1 Bring the tip of your tongue behind your front teeth (you should feel a bumpy ridge).
- 2 Lightly press your tongue into the bumpy ridge and quickly release your tongue while the burst of air escapes.
- 3 Your voice is OFF for the /T/ sound!
- 4 If done correctly, the resulting sound should be the /T/ sound.



TIP: Practice in front of a mirror to get the tongue position. Use the cue 'tap tap' to remind your child to bring their tongue behind their front teeth. If your child is struggling locating the correct spot, dab a small amount of peanut butter behind their teeth! Let them taste where to place their tongue!



Initial (Beginning):

Tab Toss Toy Type Tooth Turn
Tube Toe Teeth Time Tan Tape
Tea

Medial (Middle):

Otter Kitty City Cotton Eaten
Rattle Pattern Photo Hotel Letter
Motel Voting Litter Matter
Saturday

Final (End):

At Bat Mat Set Get Boot Hot Jet
Rat Quit Cheat Late White Light
Sweet Spot Mute

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

Tips for Supporting Your Child's Speech at Home:

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- Model target sounds during everyday activities. Cooking, reading, or playing together offers natural chances to model words and sounds your child is working on. Drawing attention to your mouth is key!
- Slow down your speech. Speaking a little slower and more clearly helps your child hear how words are formed, without feeling directly corrected.
- Break down target words. For example, if the word is "map", try saying: "MMMMM...AP" (chunked slowly),
- Then follow up with: "map" (spoken naturally). (This helps your child focus on each sound without feeling pressured to perform perfect each time the sound is elicited).
- Give specific praise. Encourage your child by noticing their efforts. For example: "I liked how you said the 'mmm' sound in map! That was great!"
- Practice in front of a mirror and take turns! Build awareness of sound production by asking how it 'feels' or what your child notices about their lips.
- Games: Go Fish, Matching, I Spy, Letter Hunt (find objects that begin with the target sound) and put them in a bag--then close your eyes and pull an object out and try to guess what it is calling it by name.
- Any turn-taking game can be used to elicit OR model the target sound/s! Be creative!

FURTHER INFORMATION

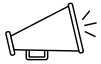
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SPEECH SOUND HOME PROGRAM /D/

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WORD LIST

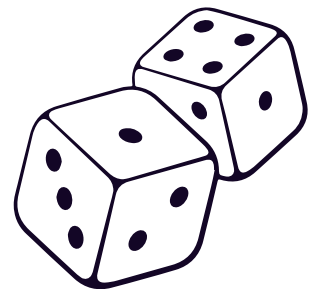
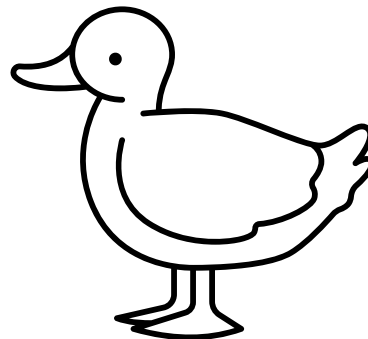
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HOW TO MAKE THE TARGET SOUND /D/

- 1 Bring the tip of your tongue behind your front teeth (you should feel a bumpy ridge).
- 2 Lightly press your tongue into the bumpy ridge and quickly release.
- 3 Remember, your voice is ON for the /D/ sound.
- 4 If done correctly, the resulting sound should be the /D/ sound.



TIP: Use your hands to show how the tongue moves. Hold one hand out, palm down, representing the roof of your mouth and the bumpy ridge behind the front teeth. Make a come here motion to show how quick the release of the tongue tip should be as it leaves the bumpy ridge during voicing! Consider putting peanut butter behind the front teeth to help your child FEEL where their tongue should go.



Initial (Beginning):

Do Day Dice Dark Dest Dry Dog
Doll Dove Dress Daisy During Dizzy

Medial (Middle):

Adding Body Birthday Spider
Soda Under Wedding Louder
Cider Reading Nodding Under
Meadow Muddy Lady

Final (End):

Add Kid Odd Old Sad Sand
Paid Mood Lid Pride Toad Had
Good Slide Said Ride Would
Played

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

Tips for Supporting Your Child's Speech at Home:

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- Model target sounds during everyday activities. Cooking, reading, or playing together offers natural chances to model words and sounds your child is working on. Drawing attention to your mouth is key!
- Slow down your speech. Speaking a little slower and more clearly helps your child hear how words are formed, without feeling directly corrected.
- Break down target words. For example, if the word is "map", try saying: "MMMMM...AP" (chunked slowly),
- Then follow up with: "map" (spoken naturally). (This helps your child focus on each sound without feeling pressured to perform perfect each time the sound is elicited).
- Give specific praise. Encourage your child by noticing their efforts. For example: "I liked how you said the 'mmm' sound in map! That was great!"
- Practice in front of a mirror and take turns! Build awareness of sound production by asking how it 'feels' or what your child notices about their lips.
- Games: Go Fish, Matching, I Spy, Letter Hunt (find objects that begin with the target sound) and put them in a bag--then close your eyes and pull an object out and try to guess what it is calling it by name.
- Any turn-taking game can be used to elicit OR model the target sound/s! Be creative!

FURTHER INFORMATION

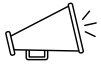
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SPEECH SOUND HOME PROGRAM /K/

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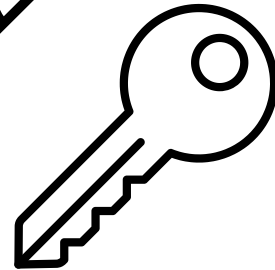
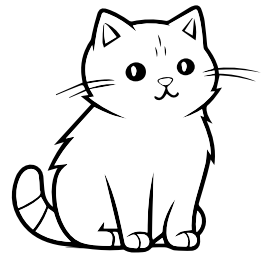
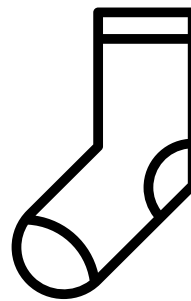
WORD LIST

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HOW TO MAKE THE TARGET SOUND /K/

- 1 Lightly push the tip of your tongue into your lower bottom teeth while pulling the back portion of your tongue back toward your upper molars/teeth.
- 2 If your child is struggling to get the 'back' placement for their tongue, try using a flosser to gently hold their tongue tip down behind their lower front teeth. Remember, your voice is OFF. A short burst of air should be released after the tongue reaches the back of the mouth.
- 3 If done correctly, the resulting sound should be the /K/ sound.

TIP: Use a 'come here' gesture to help your child remember to pull their tongue back in their mouth



Initial (Beginning):

Kit Kid Cart Cop Kiss Cab Cob Kiss
Kind Camp Keep Key Cabin Kissing
Color Canvas Cat

Medial (Middle):

Acorn Bacon Napkin Taco Shaking
Hiccup Rocket Chicken Talking
Focus Echo Lucky Bucket Circus

Final (End):

Sock Back Rake Duck Sick
Snake Walk Cheek Like Look
Smoke Snack Oak Pack Speak
Lake

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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- Slow down your speech. Speaking a little slower and more clearly helps your child hear how words are formed, without feeling directly corrected.
- Break down target words. For example, if the word is "map", try saying: "MMMMM...AP" (chunked slowly),
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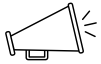
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SPEECH SOUND HOME PROGRAM /G/

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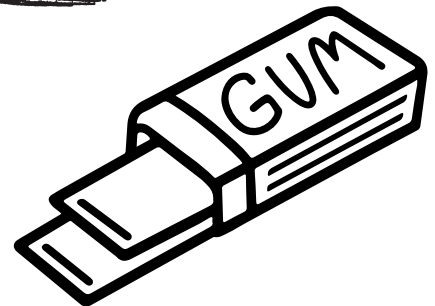
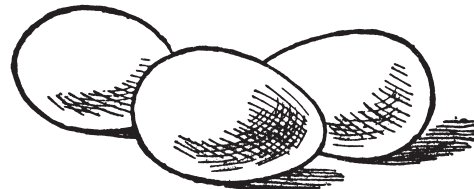
WORD LIST

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HOW TO MAKE THE TARGET SOUND /G /

- 1 Lightly push the tip of your tongue into your lower bottom teeth while pulling the back portion of your tongue back toward your upper molars/teeth.
- 2 If your child is struggling to get the 'back' placement for their tongue, try using a flosser to gently hold their tongue tip down behind their lower front teeth.
- 3 Your voice is ON for the /G/ sound. If done correctly, the resulting sound should be the /G/ sound.

TIP: Place your hand by your neck as you make the /G/ sound to help cue your child that this is the same placement as /K/ but the /G/ needs your voice ON (there should be a vibration or 'tickle' in their throat for /G/ sounds)



Initial (Beginning):

Gap Game Gift Good Ground Geese
Gum Guy Gobble Girl Gate Gift

Medial (Middle):

Again Bigger Tiger Sugar Vagus
Jogging Seagull Magnet Dragon
Juggle Forget Wagon

Final (End):

Bag Big Bug Egg Dug Fig Jog
Leg Mug Tug Wig Wag Vague
Hog

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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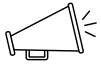
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SPEECH SOUND HOME PROGRAM /H/

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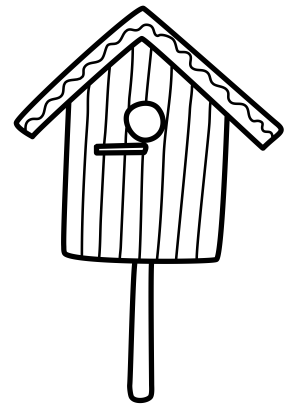
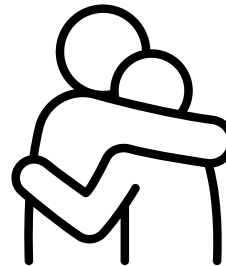
WORD LIST

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HOW TO MAKE THE TARGET SOUND /H/

- 1** Lightly push the tip of your tongue into your lower bottom teeth while pulling the back portion of your tongue back toward your upper molars/teeth.
- 2** You should feel a burst of air when making the /H/ sound. Your voice is OFF for the /H/ sound.
- 3** If done correctly, the resulting sound should be the /H/ sound.

TIP: Place your hand in front of your mouth to feel the light burst of air.



Initial (Beginning):

Had Hot Hug Hill Hint
Hoof Heat Hope Hen
Horse House Who Whole

Medial (Middle):

Behave Birdhouse Seahorse
Inhale Uphill Yahoo Playhouse
Reheat Forehead Rehearsal
Doghouse

Final (End):

NA



EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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- Slow down your speech. Speaking a little slower and more clearly helps your child hear how words are formed, without feeling directly corrected.
- Break down target words. For example, if the word is "map", try saying: "MMMMM...AP" (chunked slowly),
- Then follow up with: "map" (spoken naturally). (This helps your child focus on each sound without feeling pressured to perform perfect each time the sound is elicited).
- Give specific praise. Encourage your child by noticing their efforts. For example: "I liked how you said the 'mmm' sound in map! That was great!"
- Practice in front of a mirror and take turns! Build awareness of sound production by asking how it 'feels' or what your child notices about their lips.
- Games: Go Fish, Matching, I Spy, Letter Hunt (find objects that begin with the target sound) and put them in a bag--then close your eyes and pull an object out and try to guess what it is calling it by name.
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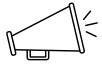
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SPEECH SOUND HOME PROGRAM /W/

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NOTE

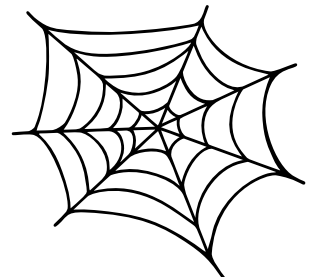
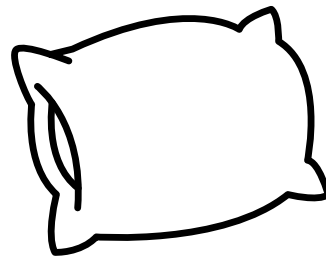
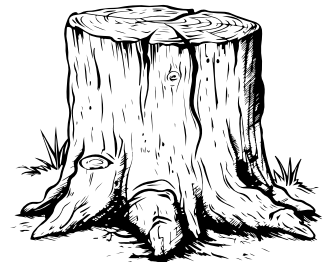
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WORD LIST

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HOW TO MAKE THE TARGET SOUND /W/

- 1 Round your lips and pull the back portion of your tongue slightly up to your upper back molars.
- 2 Release the burst of air quickly as you open your lips to a neutral position (open position).
- 3 Your voice is ON for the /W/ sound.
- 4 If done correctly, the resulting sound should be the /W/ sound.



Initial (Beginning):

Walk Wag Wall We Well Wear
Web West Wood

TIP: Looking in the mirror can help with lip rounding for the production of /W/!

Medial (Middle):

Awake Halloween Hawaii
Microwave Rainwater Always
Freeway Kiwi Rewind

Final (End):

Grow Cow Mow Wow Chew
Now Pillow

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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- Model target sounds during everyday activities. Cooking, reading, or playing together offers natural chances to model words and sounds your child is working on. Drawing attention to your mouth is key!
- Slow down your speech. Speaking a little slower and more clearly helps your child hear how words are formed, without feeling directly corrected.
- Break down target words. For example, if the word is "map", try saying: "MMMMM...AP" (chunked slowly),
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FURTHER INFORMATION

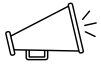
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SPEECH SOUND HOME PROGRAM /ING/

Created by the Speech-Language Pathology Team at the School District of Onalaska



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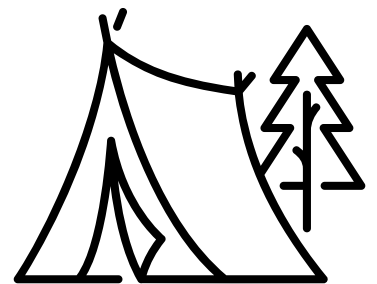
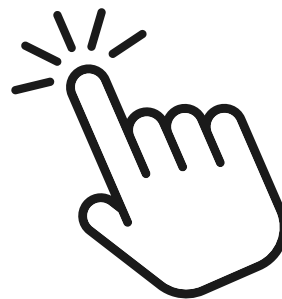
WORD LIST

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HOW TO MAKE THE TARGET SOUND /ING/

- 1** Pull your tongue all the way to the back of your mouth and hold it while you voice. Your tongue tip should be left in a neutral position in your mouth.
- 2** You should feel a slight vibration and air flow release out your nose.
- 3** Your voice is ON for the /ING/ sound.
- 4** If done correctly, the resulting sound should be the /ING/ sound.

TIP: Place your finger by your nose to monitor air flow release and vibration.



Initial (Beginning):

NA

Medial (Middle):

Anger Finger Jungle Stronger
Kingdom Longer Singer Kangaroo
Washington Tingle

Final (End):

Tongue Spring King Fang Cling
Bring Sting Strong Song Asking
Evening Looking Feeling Finding
Caring Camping Bending Feeding
Swimming Talking Writing
Morning Making

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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SPEECH SOUND HOME PROGRAM / N/

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NOTE

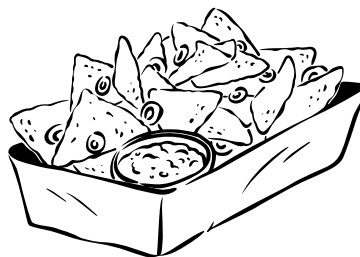
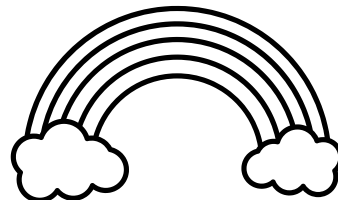
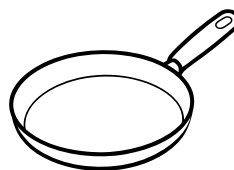
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WORD LIST

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HOW TO MAKE THE TARGET SOUND /N/

- 1 Bring the tip of your tongue behind your front teeth (you should feel a bumpy ridge).
- 2 Lightly press and hold your tongue into the bumpy ridge while voicing. You should feel a slight vibration and air flow release out your nose.
- 3 Your voice is ON for the /N/ sound.
- 4 If done correctly, the resulting sound should be the /N/sound.



Initial (Beginning):

Nut Nice New Now Nurse Next Noise
No Not Neck Neat Nest Navy Normal
Noodle Nacho Never Natural November

Medial (Middle):

Another Any Manners Cannot
Cleaned Donut Final Finish Tiny
Volcano Penny Owner Universe
Runner Rainbow

Final (End):

An Been Train When Zone Pan
One Plane Spoon Fine Fun Run
Lane Line Ran Stone Than Skin
Than Yawn

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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SPEECH SOUND HOME PROGRAM / F/

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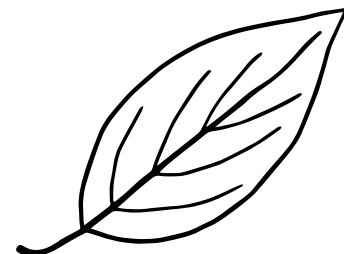
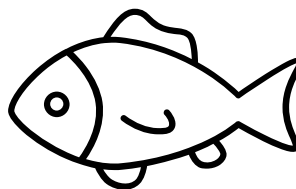
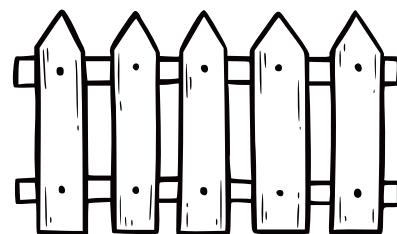
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WORD LIST

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HOW TO MAKE THE TARGET SOUND /F/

- 1 Place your top teeth on your lower lip and hold this position.
- 2 Lightly and steadily force air out the front of your mouth.
- 3 Your voice is OFF for the /F/ sound.
- 4 If done correctly, the resulting sound should be the /F/ sound.



Initial (Beginning):

Fan Far Farm Fast Fat Fear Feed
Feel Fell Fence Fetch Fig Fill Fin
Find Fire First Fish Five Fix Fog

TIP: Use the cue 'bunny teeth' to get to correct teeth position followed by 'mad cat' when forcing air out of the front of your mouth.

Medial (Middle):

Awful Before Bonfire Cafe Careful
Caffeine Coffee Defend Different
Effect Goldfish Gopher Graphic
Headphone Infant

Final (End):

Calf Chef Cough Deaf Enough
Giraffe Goof Half If Knife Laugh
Leaf Life Loaf Off Puff Relief
Roof Rough Safe Self

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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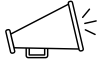
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SPEECH SOUND HOME PROGRAM / V/

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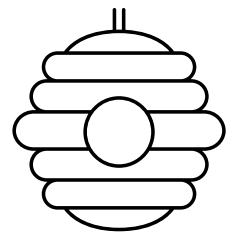
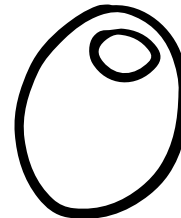
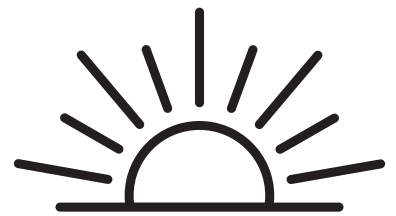
WORD LIST

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HOW TO MAKE THE TARGET SOUND /V/

- 1** Place your top teeth on your lower lip and lightly hold this position.
- 2** Create vibration on your lower lip (it should feel like a tickle!)
- 3** Your voice is ON for the /V/ sound.
- 4** If done correctly, the resulting sound should be the /V/ sound.

TIP: Think of this as the 'vacuum sound' to help cue vibration. Remember, when done correctly, the vibration should tickle.



Initial (Beginning):

Vet Violet Very Vex Voice
Vow Valley Viper Visor
Vanilla Volcano Vent Vein
Value

Medial (Middle):

Seven Silver Waving LavaNavy
Morning Loving Develop Beaver
Avoid Given Private Travel
November

Final (End):

Live Save Give Five Have Hive
Thrive Leave Sleeve Gave
Dive Brave Stove Shove
Love Olive

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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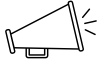
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SPEECH SOUND HOME PROGRAM / L/

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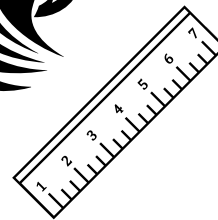
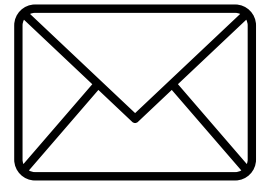
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HOW TO MAKE THE TARGET SOUND /L/

- 1 Bring the tip of your tongue behind your front teeth (you should feel a bumpy ridge).
- 2 Lightly press your tongue into the bumpy ridge and hold it as you voice.
- 3 Your voice is ON for the /L/ sound.
- 4 If done correctly, the resulting sound should be the /L/ sound.



TIP: Use the following cue: 'this is the singing sound la, la, la!' to help your child understand tongue placement.



Initial (Beginning):

Lemon Lose Lie Lock Late Life Leg Lid
Lick Letter Lion Later Lava Lost Last
Long

Medial (Middle):

Belong Collect Melon Halo Gallon
Ruler Ballet Balance Allow Jelly
Bully Shallow Wallet Color

Final (End):

All Bell Ball Yell Owl Tool
Pool Whale Tail People Wall
Girl Goal Ball Motel People
Real Enroll Schedule

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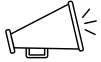
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SPEECH SOUND HOME PROGRAM /S/

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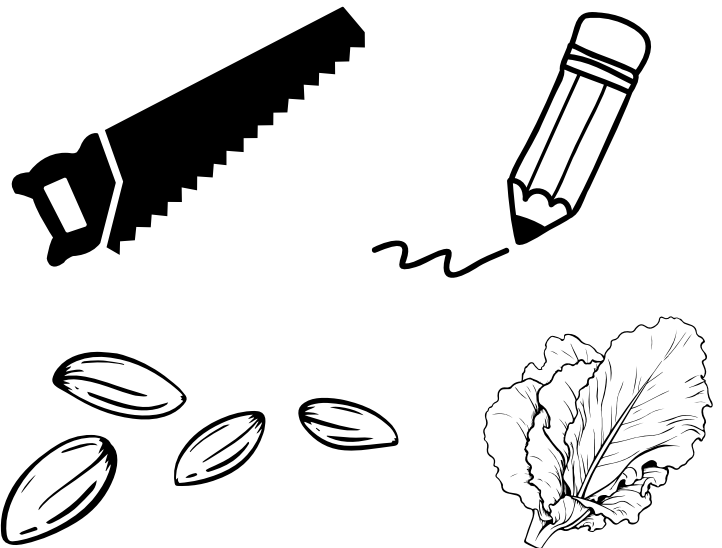
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HOW TO MAKE THE TARGET SOUND /S/

- 1 Bring the tip of your tongue behind your lower front teeth.
- 2 Keep your tongue tip tucked behind your lower front teeth as you push airflow forward. 
- 3 Your voice is OFF for the /S/ sound!
- 4 If done correctly, the resulting sound should be the /S/ sound.

TIP: Use a tongue depressor to hold your child's tongue tip down behind their lower, central front teeth. Once the tongue is in place, you may move the tongue depressor as your child begins to turn on their voice. Their tongue should remain inside and behind their teeth (think: keep the snake in a cage!). Use a hand placed in front of the child's mouth to ensure airflow is only coming out the front of the mouth, NOT the sides of the mouth!



Initial (Beginning):

Saw Sell Sea So Save Sun
Soup Sorry Side Son
Self Seed Search

Medial (Middle):

Answer Icy Bossy Decide
December Gossip Pencil Dressing
Lesson Listen Useful Basic Beside

Final (End):

Base Bus Face Dice Minus
Miss Gas Yes This Tennis
Voice Place Necklace Kiss
Lettuce



EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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SPEECH SOUND HOME PROGRAM / Z/

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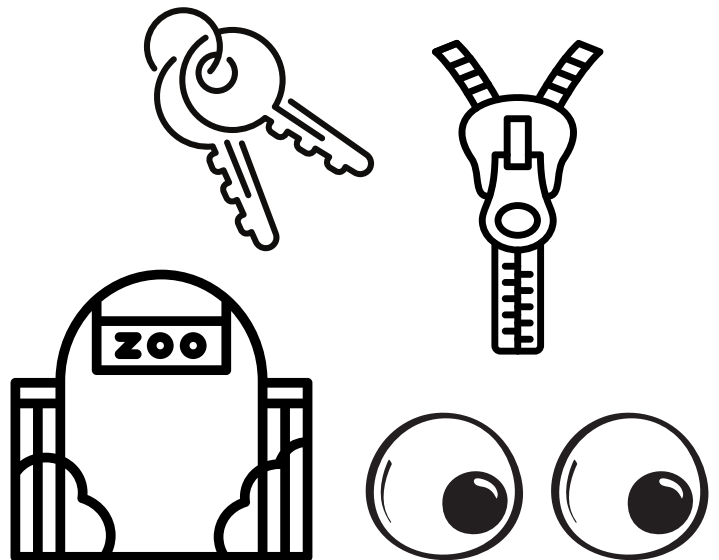
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HOW TO MAKE THE TARGET SOUND / Z/

- 1** Bring the tip of your tongue behind your lower front teeth.
- 2** Keep your tongue tip tucked behind your lower front teeth as you push airflow forward.
- 3** Your voice is ON for the /Z/ sound and you should feel vibration (tickle) at the tip of the tongue.
- 4** If done correctly, the resulting sound should be the /Z/ sound.



TIP: Similarly to the /S/ sound, ensure your child's tongue tip stays behind their lower, central incisors. Use the cue 'Z is the buzzing sound.'



Initial (Beginning):

Zag Zap Zeal Zen Zest Zipper
Zeus Zinc Zing Zip Zone Zoo

Medial (Middle):

Present Puzzle Raisin Razor
Resort Season Thousand Thursday
Tuesday User Visit Freezer
Noisy Closet Dozen Blazer

Final (End):

Cries Days Does Dries Ease Eyes
Fizz Fries Froze Goes Has He's
Is Jazz Keys Knees Lies News
Noise Nose

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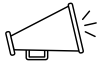
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SPEECH SOUND HOME PROGRAM / Y (YUH)/

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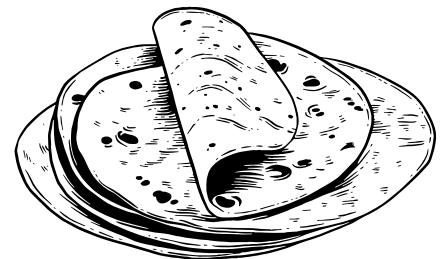
WORD LIST

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HOW TO MAKE THE TARGET SOUND / Y (YUH)/

- 1 Place the tip of your tongue behind your bottom front teeth, then lift the middle/back part of your tongue to the roof of your mouth. You should feel tension/ tightness in your tongue.
- 2 Begin with making the ee sound and drop your jaw changing the sound to uh. 
- 3 Your voice is ON for the /Y / sound!
- 4 If done correctly, the resulting sound should be the /Y/ sound.

TIP: Practice quick transitions from ee to uh to get the perfect /Y/ sound! Once you have it as the sound level, try it as a simple word level like: yep, yet, or yell.



Initial (Beginning):

Use Yap Year Yolk Yes Yet
Your UtahYoga Yogurt
Younger Yummy Yeast Yell

Medial (Middle):

Reuse Tortilla Canyon Loyal
Million Kayak Senior Savior
Hawaiian Genius Value

Final (End):

NA



EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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- Slow down your speech. Speaking a little slower and more clearly helps your child hear how words are formed, without feeling directly corrected.
- Break down target words. For example, if the word is "map", try saying: "MMMMM...AP" (chunked slowly),
- Then follow up with: "map" (spoken naturally). (This helps your child focus on each sound without feeling pressured to perform perfect each time the sound is elicited).
- Give specific praise. Encourage your child by noticing their efforts. For example: "I liked how you said the 'mmm' sound in map! That was great!"
- Practice in front of a mirror and take turns! Build awareness of sound production by asking how it 'feels' or what your child notices about their lips.
- Games: Go Fish, Matching, I Spy, Letter Hunt (find objects that begin with the target sound) and put them in a bag--then close your eyes and pull an object out and try to guess what it is calling it by name.
- Any turn-taking game can be used to elicit OR model the target sound/s! Be creative!

FURTHER INFORMATION

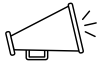
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SPEECH SOUND HOME PROGRAM /J (JUH)/

Created by the Speech-Language Pathology Team at the School District of Onalaska



NOTE

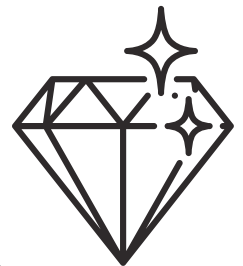
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WORD LIST

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HOW TO MAKE THE TARGET SOUND / J (JUH)/

- 1 Slightly round your lips.
- 2 Pull your tongue back in your mouth keeping it SLIGHTLY bowed along the roof of your mouth. You should feel tension/ tightness in your tongue.
- 3 Your voice is ON for the /J/ (JUH) sound. As you hold your tongue tight along the roof of your mouth, then you'll produce a short burst of air while voicing as you drop your jaw.
- 4 If done correctly, the resulting sound should be the /J/ sound.



Initial (Beginning):

Gem Joy Jet Judge Just Junk
Jello Jolly Jacket Jiggle Journal

Medial (Middle):

Adjust Badger Tragic Wage
Object Soldier Suggest
Pages Pajamas Oranges

Final (End):

Age Cage Image Dodge College
Ledge Postage Smudge
Stage Teenage College Wedge

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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- Give specific praise. Encourage your child by noticing their efforts. For example: "I liked how you said the 'mmm' sound in map! That was great!"
- Practice in front of a mirror and take turns! Build awareness of sound production by asking how it 'feels' or what your child notices about their lips.
- Games: Go Fish, Matching, I Spy, Letter Hunt (find objects that begin with the target sound) and put them in a bag--then close your eyes and pull an object out and try to guess what it is calling it by name.
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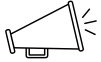
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SPEECH SOUND HOME PROGRAM /CH/

Created by the Speech-Language Pathology Team at the School District of Onalaska



NOTE

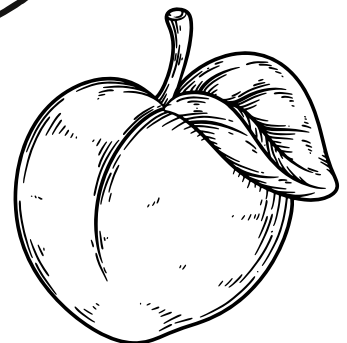
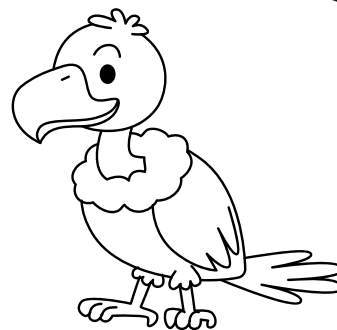
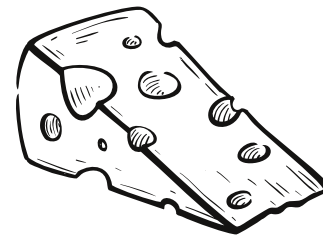
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WORD LIST

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HOW TO MAKE THE TARGET SOUND /CH/

- 1 Slightly round your lips.
- 2 Pull your tongue back in your mouth keeping it flat along the roof of your mouth. You should feel tension/tightness in your tongue.
- 3 Your voice is OFF for the /CH/ sound. As you hold your tongue tight along the roof of your mouth, you should release a short burst of air as you open your mouth.
- 4 If done correctly, the resulting sound should be the /CH/ sound.



Initial (Beginning):

Cheese Cheat Chomp Chicken Chap
Chart Cheer Chest Child Chug Choose
Chew Chin Chill

Medial (Middle):

Branches Richest Picture Statue
Vulture Hatchet Future Inches
Lunches Kitchen Culture Nachos
Matches Coached Exchange
Peachy Watchful

Final (End):

Peach Rich Catch Touch Speech
Teach Which Brunch Much Ouch
Beach Bench French

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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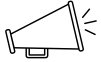
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SPEECH SOUND HOME PROGRAM /SH/

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NOTE

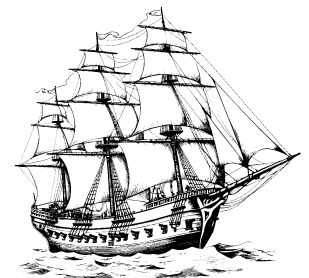
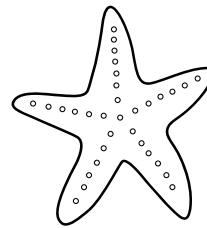
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WORD LIST

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HOW TO MAKE THE TARGET SOUND /SH/

- 1** Slightly round your lips.
- 2** Pull your tongue back in your mouth keeping it SLIGHTLY bowed along the roof of your mouth. You should feel tension/tightness in your tongue.
- 3** Your voice is OFF for the /SH/ sound. As you hold your tongue tight along the roof of your mouth, you should feel continuous air flow out the front of your mouth as you open it.
- 4** If done correctly, the resulting sound should be the /SH/ sound.



Initial (Beginning):

Shack Shape Shoot Ship Shampoo Share
Shut Sure Shy Shop Shoe She Show Shelf
Shine Shock Short Should

Medial (Middle):

Action Station Lotion Ocean
Cashier Dashing Nation Mission
Emotion Pressure Social Special
Finish Dashing Caution Cushion
Dishes

Final (End):

Ash Brush Crash Smash Eyelash
Selfish Wash Fish Hush Starfish
Rash English Josh Mash Finish

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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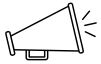
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SPEECH SOUND HOME PROGRAM / +TH/

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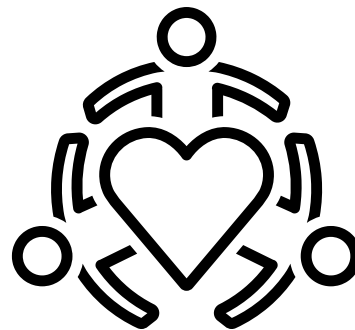
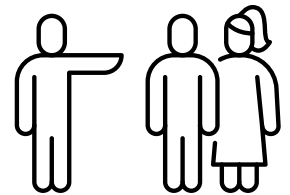
WORD LIST

This resource features a simple list of words with the target speech sound in the initial (beginning), medial (middle), and/or final (ending) of words. Some speech sounds are not applicable in each word position.

HOW TO MAKE THE TARGET SOUND / +TH/

- 1** Open your mouth slightly placing your tongue tip between your upper and lower teeth.
- 2** Keep your tongue in between your teeth and turn your voice ON. You should feel a BUZZ/tickle!
- 3** Your voice is ON for the / TH/ sound.
- 4** If done correctly, the resulting sound should be the voiced /TH/.

TIP: If your child is having difficulty understanding placement, try using a mirror to get their tongue between their teeth. Ask them to feel for the buzz to help differentiate between a voiced and voiceless /TH/ sound.



Initial (Beginning):

Than Them Those They
This Thus Thy The

Medial (Middle):

Feather Gather Mother Neither
Southern Breathing Clothing

Final (End):

Bathe Clothe Breathe Teethe

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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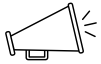
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SPEECH SOUND HOME PROGRAM /-TH/

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HOW TO MAKE THE TARGET SOUND /-TH/

- 1** Open your mouth slightly placing your tongue tip between your upper and lower teeth.
- 2** Keep your tongue in between your teeth and **KEEP** your **VOICE OFF!** You should feel air come out the front of your mouth!
- 3** Your voice is **OFF** for the /-TH/ sound.
- 4** If done correctly, the resulting sound should be the /-TH/ sound.

TIP: Once placement is secured, have your child place their hand in front of their mouth to feel their airflow. Remind them that this sound is **QUIET! NO BUZZING** for the voiceless /TH/!

30



Initial (Beginning):

Thought Think Thin Thirst
Thumb Thigh Throat Thumb
Thirty Thorax

Medial (Middle):

Athlete Toothpaste Python
Withdrawn Birthday Method
Nothing

Final (End):

Bath Sloth Warmth Path Mouth
Cloth Death Earth Path North
Month Math

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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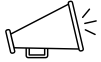
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SPEECH SOUND HOME PROGRAM /ZH/

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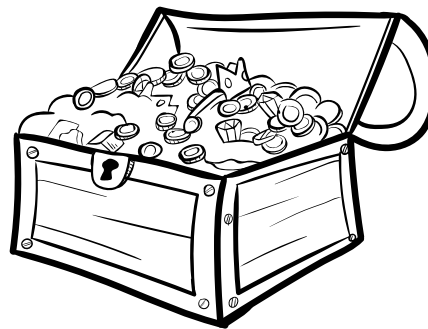
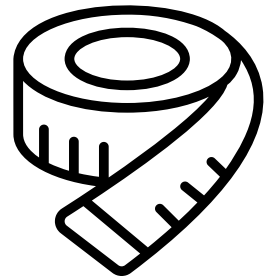
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HOW TO MAKE THE TARGET SOUND /ZH/

- 1** Begin with the /SH/ formation by rounding your lips. Your tongue tip should be lightly pressed into your lower bottom teeth and lay flat inside your mouth.
- 2** Next, you'll turn on your voice! Try making the /SH/ sound first and move into a BUZZING /J/ (JUH) sound. Release the buzz into an "uh" sound.
- 3** Your voice is ON for the /ZH/ sound.
- 4** If done correctly, the resulting sound should be the /ZH/.



Initial (Beginning):

NA

Medial (Middle):

Asia Treasure Vision Version
Closure Measure Pleasure
Erosion Explosion Confusion
Usual Visual

Final (End):

Beige Collage Luge Sabotage
Massage

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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SPEECH SOUND HOME PROGRAM /M/

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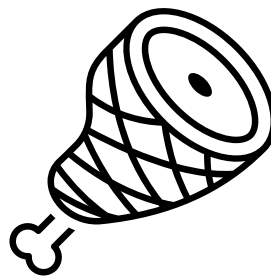
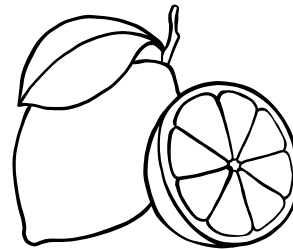
WORD LIST

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HOW TO MAKE THE TARGET SOUND /M/

- 1** Bring your lips tightly together (form a good seal). No air should escape!
- 2** Then begin voicing--You should feel a slight vibration and air flow release out your nose.
- 3** Your voice is ON for the /M/ sound.
- 4** If done correctly, the resulting sound should be the /M/ sound.

TIP: Place your index finger beside your child's nose and encourage them to do the same. This will help them feel the vibration and airflow release. Encourage them to hum--it's similar to how we make the /M/ sound!



Initial (Beginning):

May Move Man Might Many
Moo Mike Mow Me My Mom

Medial (Middle):

Lemon Human Family
Number Woman Plumber

Final (End):

Ham Sam Time Tom Dream
Home Room Stream Time
Thumb

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

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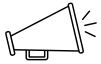
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SPEECH SOUND HOME PROGRAM /R/

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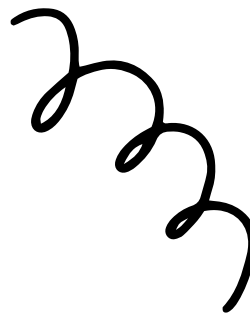
WORD LIST

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HOW TO MAKE THE TARGET SOUND /R/

- 1 Start with /g/ placement by pulling your tongue back in your mouth. Resting your tongue tip on your lower bottom teeth.
- 2 From this position, begin shaping your /g/ to an /R/. Try saying GRRRRRATE. Hold your /R/ sound and FEEL where your tongue is. There should be tension present.
- 3 Your voice is ON for the /R/ sound.
- 4 If done correctly, the resulting sound should be the /R/ sound.

TIP: If you find that your child is producing a /W/ for an /R/ such as wed for red, try practicing in front of a mirror. Cue your child to hold a smile to break the habit of lip rounding (making a /W/ formation).



Initial (Beginning):

Race Red Rot Road Rope Wrap Right
Rat Ring Rude Refuse Ribbon
Rain Roof

Medial (Middle):

Around Barrel Lyric Hero Parent
Parrot Vary Cherry Every Fairy
Worried Correct Beard Friend
Frog Drive Turn First Early Shark

Final (End):

Bear Tear There Sweater Paper
Care Share Fear Hear Cheer Wire
Tire Fire Umpire Floor Store Door
Pepper Weather Flower Deer

EXTENDING & ENHANCING LEARNING OPPORTUNITIES

Tips for Supporting Your Child's Speech at Home:

- Use gentle reminders. Try not to correct every error—this can feel overwhelming. Instead, offer supportive cues when it feels right.
- Model target sounds during everyday activities. Cooking, reading, or playing together offers natural chances to model words and sounds your child is working on. Drawing attention to your mouth is key!
- Slow down your speech. Speaking a little slower and more clearly helps your child hear how words are formed, without feeling directly corrected.
- Break down target words. For example, if the word is "map", try saying: "MMMMM...AP" (chunked slowly),
- Then follow up with: "map" (spoken naturally). (This helps your child focus on each sound without feeling pressured to perform perfect each time the sound is elicited).
- Give specific praise. Encourage your child by noticing their efforts. For example: "I liked how you said the 'mmm' sound in map! That was great!"
- Practice in front of a mirror and take turns! Build awareness of sound production by asking how it 'feels' or what your child notices about their lips.
- Games: Go Fish, Matching, I Spy, Letter Hunt (find objects that begin with the target sound) and put them in a bag--then close your eyes and pull an object out and try to guess what it is calling it by name.
- Any turn-taking game can be used to elicit OR model the target sound/s! Be creative!

FURTHER INFORMATION

If you have further concerns regarding your child's speech and language skills, please contact your child's classroom teacher or appropriate staff member.

Contact information for staff members can be found on the school directory:
<https://www.onalaskaschools.com/district/directory>

