

# Avalon Menu

# May 2026

Farm to School



ITEMS OF THE MONTH:  
**BLUBERRIES, CHERRIES,  
& STRAWBERRIES**

## Key



House-Made



Vegetarian Entrees



Vegan Entrees

All fruits, fresh vegetables, & cereals are vegan.



Contains Pork



All grains are whole-grain rich



New Item

MENUS ARE SUBJECT TO CHANGE WITHOUT NOTICE.



Scan QR code for more information menu



MON	TUE	WED	THU	FRI
<p><b>OFFERED DAILY</b></p> <p><b>BREAKFAST:</b></p> <ul style="list-style-type: none"> <li>Fruit</li> <li>Whole Grain Cereals</li> <li>Yogurt with Granola</li> <li>String Cheese</li> <li>100% Fruit Juice</li> <li>Low-Fat White Milk</li> <li>Nonfat Chocolate Milk</li> </ul>	<p><b>OFFERED DAILY</b></p> <p><b>LUNCH:</b></p> <ul style="list-style-type: none"> <li>Yogurt with Granola</li> <li>Low-Fat White Milk</li> <li>Nonfat Chocolate Milk</li> <li>Fruits &amp; Vegetables</li> <li>Grades 6-12 only:</li> <li>100% Fruit Juice</li> </ul>	<p><b>SPECIAL EVENTS</b></p> <p>May 1 National School Lunch Hero Day</p> <p>May 4 May the 4<sup>th</sup> Be With You</p> <p>May 5 Cinco de Mayo</p>		<p><b>BREAKFAST</b></p> <p>House-Baked Cinnamon Roll Egg &amp; Cheese Tamale</p> <p><b>LUNCH</b></p> <p>Spicy Bean Nachos Bacon Chicken Ranch Wrap Chicken Drumstick &amp; Waffle</p>
<p><b>BREAKFAST</b> 4</p> <p>French Toast Sticks w/Fruit Dip Breakfast Bar</p> <p><b>LUNCH</b></p> <p>Chicken Stars &amp; Cornbread Chicken Alfredo Southwest Bean Burger</p>	<p><b>BREAKFAST</b> 5</p> <p>Chocolate Muffin Egg &amp; Cheese Bites</p> <p><b>LUNCH</b></p> <p>Chicken Drumstick w/Biscuit Breaded Cheese Ravioli w/Marinara Pancakes &amp; Sausage</p>	<p><b>BREAKFAST</b> 6</p> <p>House-Baked Cinnamon Roll Pizza Stick</p> <p><b>LUNCH</b></p> <p>Kung Pao Chicken w/Rice Cheese Quesadilla Beef Tacos</p>	<p><b>BREAKFAST</b> 7</p> <p>Cinnamon Crumb Cake Bagel w/Cream Cheese</p> <p><b>LUNCH</b></p> <p>Chicken &amp; Veggie Chow Mein Strawberry Yogurt Parfait Mini Corn Dogs <i>Farm to School Blueberries</i></p>	<p><b>BREAKFAST</b> 8</p> <p>House-Baked Cinnamon Roll Egg, Cheese, &amp; Bacon Biscuit Sandwich</p> <p><b>LUNCH</b></p> <p>Snack Box Chili Cheese Nachos Teriyaki Meatballs w/Rice</p>
<p><b>BREAKFAST</b> 11</p> <p>Pizza Bagel Cinnamon Waffle</p> <p><b>LUNCH</b></p> <p>Rib-B-Que Sandwich Orange Chicken w/Rice BBQ Turkey Sliders</p>	<p><b>BREAKFAST</b> 12</p> <p>Egg, Sausage, &amp; Cheese Croissant Sandwich Breakfast Bites</p> <p><b>LUNCH</b></p> <p>Buffalo BBQ Chicken Sandwich Hot Dog Bean &amp; Cheese Pupusa Chocolate Pudding</p>	<p><b>BREAKFAST</b> 13</p> <p>House-Baked Cinnamon Roll Mini Maple Pancakes</p> <p><b>LUNCH</b></p> <p>Thai Sweet Chili Chicken w/Rice Kickin' Tenders &amp; Toast Sticks Chicken Pozole</p>	<p><b>BREAKFAST</b> 14</p> <p>Pan Dulce Concha PB&amp;J Sandwich</p> <p><b>LUNCH</b></p> <p>Cheeseburger/Hamburger Cheesy Pull-Aparts w/Marinara BBQ Turkey Mac &amp; Cheese <i>Farm to School Cherries</i></p>	<p><b>BREAKFAST</b> 15</p> <p>House-Baked Cinnamon Roll Egg &amp; Cheese Biscuit Sandwich</p> <p><b>LUNCH</b></p> <p>Chicken Drumstick w/Waffle Spicy Bean Nachos Chili Cheese Dog</p>
<p><b>BREAKFAST</b> 18</p> <p>French Toast Sticks w/Fruit Dip Breakfast Bar</p> <p><b>LUNCH</b></p> <p>Chicken Tamale Wings &amp; Rings Grilled Cheese Sandwich</p>	<p><b>BREAKFAST</b> 19</p> <p>Chocolate Muffin Egg &amp; Cheese Bites</p> <p><b>LUNCH</b></p> <p>Chicken Pozole Chicken Drumstick w/Biscuit Pancakes &amp; Sausage</p>	<p><b>BREAKFAST</b> 20</p> <p>House-Baked Cinnamon Roll Pizza Stick</p> <p><b>LUNCH</b></p> <p>Kung Pao Chicken w/Rice Ciabatta &amp; Cheese Sandwich Beef Tacos</p>	<p><b>BREAKFAST</b> 21</p> <p>Cinnamon Crumb Cake Egg, Cheese, &amp; Turkey Sausage Breakfast Burrito</p> <p><b>LUNCH</b></p> <p>Buffalo Chicken Mac &amp; Cheese Chicken &amp; Veggie Chow Mein Mini Corn Dogs <i>Farm to School Strawberries</i></p>	<p><b>BREAKFAST</b> 22</p> <p>House-Baked Cinnamon Roll Egg &amp; Cheese Waffle Sandwich</p> <p><b>LUNCH</b></p> <p>Bean &amp; Cheese Burrito Spaghetti &amp; Meatballs Chili Cheese Nachos</p>
<p><b>MEMORIAL DAY</b> 25</p> <p><b>REMEMBER AND HONOR</b></p> <p>Memorial Day - No School</p>	<p><b>BREAKFAST</b> 26</p> <p>Egg, Sausage, &amp; Cheese Croissant Sandwich Breakfast Bites</p> <p><b>LUNCH</b></p> <p>PB&amp;J Sandwich Chicken &amp; Cheese Taquitos w/Guacamole Hot Dog</p>	<p><b>BREAKFAST</b> 27</p> <p>House-Baked Cinnamon Roll Mini Maple Pancakes</p> <p><b>LUNCH</b></p> <p>Birria &amp; Cheese Pupusa Macaroni &amp; Cheese Chicken Tenders w/Cornbread</p>	<p><b>BREAKFAST</b> 28</p> <p>Pan Dulce Concha PB&amp;J Sandwich</p> <p><b>LUNCH</b></p> <p>Teriyaki Chicken w/Rice Cheesy Breadsticks w/Marinara Cheeseburger/Hamburger <i>Farm to School Cherries</i></p>	<p><b>BREAKFAST</b> 29</p> <p>House-Baked Cinnamon Roll Egg &amp; Cheese Tamale</p> <p><b>LUNCH</b></p> <p>Bacon Chicken Ranch Wrap Spicy Bean Nachos Chicken Drumstick w/Waffle</p>