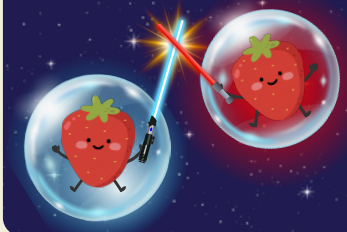


# Avalon CDC Preschool Menu

May 2026

Farm to School

MAY THE FOURTH  
BE WITH YOU



ITEM OF THE MONTH:  
FRESH STRAWBERRIES

## Key

-  House-Made
-  Locally-Grown/Sourced
-  Vegetarian Entrees
-  Vegan Entrees  
All fruits, fresh vegetables, & cereals are vegan.
-  Contains Pork
-  All grains are whole-grain rich
-  New Item

MENUS ARE SUBJECT TO  
CHANGE WITHOUT NOTICE.



Scan QR code for more information menu



MON	TUE	WED	THU	FRI
<p>Children under three years of age will receive tortillas instead of nacho chips, cooked vegetables instead of raw vegetables and soft or canned fruits instead of fresh whole fruits, as appropriate.</p> <p><b>BREAKFAST</b>  4 French Toast Sticks w/Fruit Dip   Mixed Fruit</p> <p><b>LUNCH</b> Chicken Stars Strawberry Applesauce Corn w/Tajin</p>	<p><b>OFFERED DAILY</b></p> <p><b>BREAKFAST &amp; LUNCH:</b> Low-Fat White Milk </p> <p><b>BREAKFAST</b>  5 Chocolate Muffin  Frozen Strawberry Cup</p> <p><b>LUNCH</b> Breaded Ravioli w/Marinara  Fresh Orange Wedges  Hash Brown Patty</p>	<p><b>SPECIAL EVENTS</b></p> <p> May 1 National School Lunch Hero Day</p> <p> May 4 May the 4<sup>th</sup> Be With You</p> <p> May 5 Cinco de Mayo</p> <p><b>BREAKFAST</b> 6 Pizza Stick  Frozen Peach Cup</p> <p><b>LUNCH</b> Cheese Quesadilla  Mixed Fruit Green Beans</p>	<p><b>BREAKFAST</b> 7 Bagel w/Cream Cheese  Pineapple</p> <p><b>LUNCH</b> Chicken &amp; Veggie Chow Mein  Fresh Banana Fresh Baby Carrots </p>	<p><b>BREAKFAST</b>  1 Egg &amp; Cheese Tamale  Peaches</p> <p><b>LUNCH</b> Chicken Ranch Wrap  Fresh Apple Slices Corn w/Tajin</p> <p><b>BREAKFAST</b> 8 Egg &amp; Cheese Biscuit Sandwich  Peaches</p> <p><b>LUNCH</b> Cheese Pizza  Fresh Apple Slices Mixed Vegetables</p>
<p><b>BREAKFAST</b> 11 Pizza Bagel  Mixed Fruit</p> <p><b>LUNCH</b> Orange Chicken w/Rice  Strawberry Applesauce Sweet Potato Fries</p>	<p><b>BREAKFAST</b> 12 Egg &amp; Cheese Croissant Sandwich  Frozen Strawberry Cup</p> <p><b>LUNCH</b> Bean &amp; Cheese Pupusa  Fresh Orange Wedges  Green Beans</p>	<p><b>BREAKFAST</b> 13 Mini Maple Pancakes  Frozen Peach Cup</p> <p><b>LUNCH</b> Kickin' Tenders &amp; Toast Sticks  Mixed Fruit Fresh Baby Carrots </p>	<p><b>BREAKFAST</b> 14 Reduced Sugar Cereal Pineapple</p> <p><b>LUNCH</b> Cheesy Pull-Aparts w/Marinara  Fresh Banana Fresh Broccoli </p>	<p><b>BREAKFAST</b> 15 Egg &amp; Cheese Biscuit Sandwich  Peaches</p> <p><b>LUNCH</b> Cheese Pizza  Fresh Apple Slices Mixed Vegetables</p>
<p><b>BREAKFAST</b> 18 French Toast Sticks w/Fruit Dip  Mixed Fruit</p> <p><b>LUNCH</b> Chicken Tamale Strawberry Applesauce Corn w/Tajin</p>	<p><b>BREAKFAST</b> 19 Chocolate Muffin  Frozen Strawberry Cup</p> <p><b>LUNCH</b> Pancakes &amp; Sausage  Fresh Orange Wedges  Potato Rounds</p>	<p><b>BREAKFAST</b> 20 Pizza Stick  Frozen Peach Cup</p> <p><b>LUNCH</b> Beef Tacos  Mixed Fruit Green Beans</p>	<p><b>BREAKFAST</b> 21 Egg, Cheese, &amp; Turkey Sausage Breakfast Burrito Pineapple</p> <p><b>LUNCH</b> Pepperoni Pizza Fresh Banana Fresh Baby Carrots </p>	<p><b>BREAKFAST</b> 22 Egg &amp; Cheese Waffle Sandwich  Peaches</p> <p><b>LUNCH</b> Bean &amp; Cheese Burrito  Fresh Apple Slices Mixed Vegetables</p>
<p><b>MEMORIAL DAY</b> 25  REMEMBER AND HONOR Memorial Day - No School</p>	<p><b>BREAKFAST</b> 26 Egg &amp; Cheese Croissant Sandwich  Mixed Fruit</p> <p><b>LUNCH</b> Chicken &amp; Cheese Taquitos Fresh Orange Wedges  Potato Rounds</p>	<p><b>BREAKFAST</b> 27 Mini Maple Pancakes  Frozen Peach Cup</p> <p><b>LUNCH</b> Chicken Tenders Mixed Fruit Fresh Baby Carrots </p>	<p><b>BREAKFAST</b> 28 Reduced Sugar Cereal Pineapple</p> <p><b>LUNCH</b> Cheeseburger Fresh Banana Fresh Broccoli </p>	<p><b>BREAKFAST</b> 29 Egg &amp; Cheese Tamales  Peaches</p> <p><b>LUNCH</b> Cheese Pizza  Fresh Banana Corn w/Tajin</p>