

OZARK

May JUNIOR HIGH Lunch



Monday

Tuesday

Wednesday

Thursday

Friday

1

Pepperoni Pizza
Chicken Sandwich
Roasted Vegetables
Toss Salad
Pears
Milk

4

Cashew Chicken
Nut Free
Meatball Sub
Toasted Turkey Club
Salad Bar
with Banana Muffin
Toss Salad
Roasted Broccoli
Peaches
Milk

5

Beef Tacos
Chips & Salsa
Hamburger on Bun
Salad Bar
Buffalo Chicken Wrap
with Banana Muffin
Refried Beans
Baby Carrots
Apple
Milk

6

Stromboli
Chicken Tenders
Turkey Cheese Wrap
Salad Bar
with Cornbread
Sliced Cucumber
Corn
Rosey Applesauce
Milk

7

Roasted Turkey
Meatloaf
Salad Bar
Hot Roll
Mashed Potatoes
Seasoned Peas
Straw/Banana Mix
Milk

8

Sausage & Pepp. Pizza
Fish Sandwich
Italian Sub
Salad Bar
with Garlic Breadstick
Roasted Zucchini
Toss Salad
Blushing Pears
Milk

11

Chili Dog on Bun
Chicken & Waffles
Toasted Turkey Club
Salad Bar
with Banana Muffin
Celery Sticks
French Fries
Pears
Milk

12

Chicken Nachos
Popcorn Chicken
Buffalo CK Flatbread
Salad Bar
with Carrot Cake Muffin
Spanish Rice
Mexican Beans
Tropical Fruit
Milk

13

Pepperoni Lasagna
with Texas Toast
Nashville Hot CK Sand
Turkey Cheese Wrap
Salad Bar
with Cornbread
Broccoli
Glazed Carrots
Rosey Applesauce
Milk

14

Salisbury Steak
Chicken Patty
Salad Bar
Hot Roll
Mashed Potatoes
Green Beans
Peaches
Milk

15

Cheese Pizza
Fish Sandwich
Italian Sub
Salad Bar
with Garlic Breadstick
Waffle Fries
Sliced Cucumber
Pears
Milk

18

Chicken Parmesan
Cheeseburger
Toasted Turkey Club
Salad Bar
with Choc. Chip Muffin
Toss Salad
Cheesy Cauliflower
Tropical Fruit
Milk

19

Chili Mac
Corn Dog
Buffalo Chicken Wrap
Salad Bar
with Carrot Cake Muffin
Baked Beans
Toss Salad
Apple
Milk

20

Mini Corn Dogs
Chicken Mac & Cheese
Turkey Cheese Wrap
Salad Bar
with Cornbread
Corn
Roasted Broccoli
Strawberries
Milk

21

Chicken Patty
Roasted Turkey
Salad Bar
Hot Roll
Mashed Potatoes
Green Beans
Peaches
Milk

This institution is an equal opportunity provider. This menu is subject to change.

Visiting adults cannot charge a meal to their student's account. Please have cash when paying. Adult meals are \$3.50

Single milk purchase for breakfast, lunch or snack is \$.50.