




Hayward Area Recreation and Park District

Recreation, Arts & Community Services

Special Needs Programming

Special Needs Programming

H.A.R.D is committed to creating an inclusive environment, to provide opportunities and programming to all that wish to participate.

Inclusion means that all participate, and all belong.

We strive to make all our programs inclusive and accommodating.

Access-for-All



- To ensure programs are accessible to all
- Opens communication between families or participants and the District
- Provides accommodations/modifications
- Can provide additional support

Access for All- Request for Accommodations

- Accommodations will be provided by request

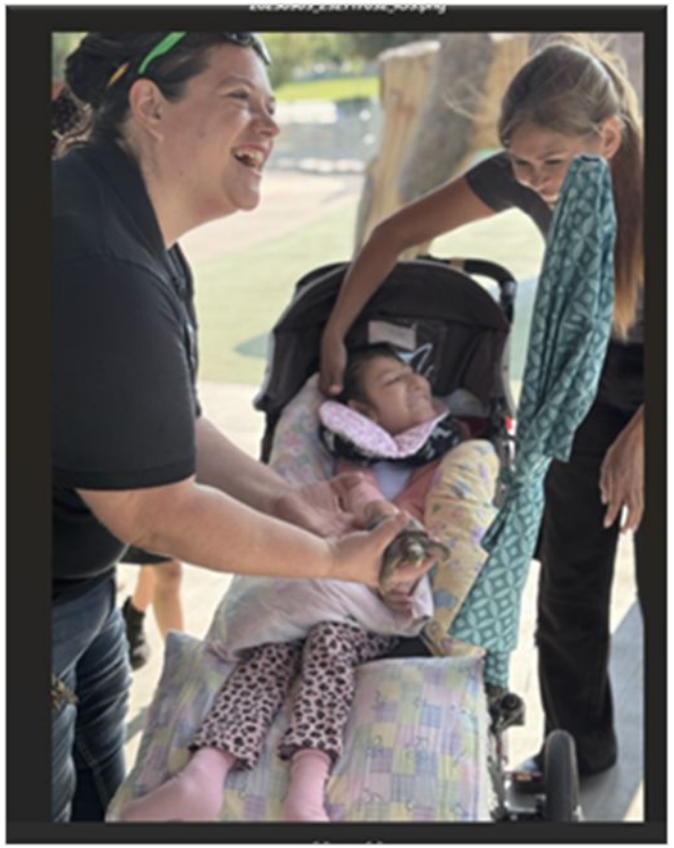
- Examples of accommodations are:
  - modified sports equipment
  - lower class ratios
  - aides
  - behavior/care plans



Adaptive Recreation

- Providing recreation programming for all abilities
- Utilize specialized equipment and assistive devices
- Staff are trained to facilitate programming for all abilities





Adaptive & Inclusive Programming

All-Abilities Play Day at Mia's Park
Friday Night Bashes at Sorensdale Rec Center
Get Outdoors- G.O. HARD
Golf
Gymnastics
Nature Walk & Sensory Exploration
Quarterly Saturday Dances at Sorensdale
Pop Up Play Dates-Circle of Friends
Swim - Adaptive Classes & Therapeutic Drop In
Yoga For Every Body

Sorensdale Recreation Program

- Provides opportunities for people with intellectual disabilities achieve greater independence
- Program focuses on abilities rather than disabilities
- Foster positive sense of self worth
- Encourage participants to make personal choices



Sorensdale Recreation Program Contd.

- Must be 22 years or older and a client of the Regional Center of the East Bay
- Serves up to 90 participants Monday thru Friday
- Community Outings
- Variety of classes
  - Arts/Crafts
  - Life skills
  - Gardening
  - Health/Fitness
  - Cooking
  - Computer Technology



Inclusion WorkingGroup

- Twice a year meetings
- Members include community advocates, representatives from community resources, participants and families of participants
- Serves as a sounding board for District programs and Capital projects
- Members bring issues to staff's attention and provide feedback
- New members Welcome







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Thank you!
Questions?
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