

2026 Hempfield Junior High Girls Soccer

Who: Any girl entering 7th or 8th grade interested in trying out for the Hempfield Jr. High Girls' Soccer team.

When: August 24-28 (Step up day for 7th graders is August 24; first day of school for all students is August 25)

Time: 3:30-5:30

Where: Fields along Kauffman Road in front of Landisville Primary Center (across street from Baseball field)

Interested parents should join the **Hempfield Girls Soccer Schoology** page by using the access code: **MNNDK-SRW97**

Tentative Summer Open Field Opportunities: Wednesday, July 15, Wednesday, July 22, Wednesday, July 29, Wednesday, August 5 and Wednesday, August 12 from 6:30-8 at the Quad

Informational Meeting: May 14 at 7 PM (Enter through doors between Buchanan Gym and the PAC)

Physicals are **required** to participate in all athletic try-outs. Players & parents must complete the official PIAA physical evaluation form **before** the exam can be completed. Additional forms are available in each school office and can be downloaded.

Physicals will be offered at the high school on May 14 following our informational meeting

ALL physical exam information can be found here: <http://www.hempfieldsd.org/Page/366>

Physical paperwork must then be uploaded to the Athletic Training System (ATS) Portal. No athlete can participate until all paperwork is uploaded to this system.

Instructions for using the ATS portal can be found

here: <https://www.hempfieldsd.org/site/Default.aspx?PageID=728>

Try-out evaluations will be an extremely comprehensive process, where players will need to perform at their very best. It is mandatory that all candidates attend each session to give themselves a reasonable opportunity to compete for a spot on one of the teams.

Players should expect to be evaluated in the technical & tactical aspects of soccer, as well as speed & cardiovascular fitness. The ability to make good decisions with, and without the ball, work with others, and be attentive to instructions are all critical elements.

Water and soccer balls will be provided; however, players may bring their own water bottle if it is labeled with their name.

Contact Info...

Mike Pollis (Junior High Head Coach)

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