

Lunch Menu

Centereach High School

May
2026

WHITSON'S FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

4 Ham & Cheese Sandwich
*freshly made and thinly sliced ham
and cheese on a sandwich* P
Fruity Granola Parfait P P
Bagel Lunch
*a protein packed lunch with yogurt,
cheese and a bagel* P

5 Ham & Cheese Sandwich
*freshly made and thinly sliced ham
and cheese on a sandwich* P
Fruity Granola Parfait P P
Bagel Lunch
*a protein packed lunch with yogurt,
cheese and a bagel* P

6 Ham & Cheese Sandwich
*freshly made and thinly sliced ham
and cheese on a sandwich* P
Fruity Granola Parfait P P
Bagel Lunch
*a protein packed lunch with yogurt,
cheese and a bagel* P

7 Ham & Cheese Sandwich
*freshly made and thinly sliced ham
and cheese on a sandwich* P
Fruity Granola Parfait P P
Bagel Lunch
*a protein packed lunch with yogurt,
cheese and a bagel* P

Cherry Tomatoes, Apple Slices, 100% Fruit Punch, Milk

11 Italian Combo Sandwich P
Chicken Caesar Salad P
Bagel Lunch P

12 Italian Combo Sandwich P
Chicken Caesar Salad P
Bagel Lunch
*a protein packed lunch with yogurt,
cheese and a bagel* P

13 Italian Combo Sandwich P
Chicken Caesar Salad P
Bagel Lunch
*a protein packed lunch with yogurt,
cheese and a bagel* P

14 Italian Combo Sandwich P
Chicken Caesar Salad P
Bagel Lunch
*a protein packed lunch with yogurt,
cheese and a bagel* P

Carrots, Apple Slices, 100% Apple Juice, Milk

18 Egg Salad P
Garden Salad with Cheese
Entree P P
Bagel Lunch
*a protein packed lunch with yogurt,
cheese and a bagel* P

19 Egg Salad P
Garden Salad with Cheese
Entree P P
Bagel Lunch
*a protein packed lunch with yogurt,
cheese and a bagel* P

20 Egg Salad P
Garden Salad with Cheese
Entree P P
Bagel Lunch
*a protein packed lunch with yogurt,
cheese and a bagel* P

21 Egg Salad P
Garden Salad with Cheese
Entree P P
Bagel Lunch
*a protein packed lunch with yogurt,
cheese and a bagel* P

EGG SALAD SANDWICH
ON A ROLL

EGG SALAD SANDWICH
ON A ROLL

EGG SALAD SANDWICH
ON A ROLL

EGG SALAD SANDWICH ON A
ROLL

Carrots, Apple Slices, 100% Apple Juice, Milk



26 Turkey Sandwich
Or Garden Salad with
Cheese Entree P P
Or Bagel Lunch P

27 Turkey Sandwich
Or Garden Salad with
Cheese Entree P P
Or Bagel Lunch P

28 Turkey Sandwich
Or Garden Salad with
Cheese Entree P P
Or Bagel Lunch P

ALC Monthly Menu

Cherry Tomatoes, Apple Slices, 100% Fruit Punch, Milk

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



Choices Offered with All Lunches Choice Of:

Chocolate Milk, 1% and Fat Free, Juice, Fruit and Vegetable with your meal.

Vegetarian

Made With Natural Ingredients

P Pork

School Year 2025-2026 No Cost Breakfast and Lunch for enrolled students attending classes with in MCCSD on Campus dining

Orders Due Wednesday 8pm for the Upcoming Week.

Three meal choices Daily

Meals Available for Pickup in the Centereach High School

Faculty Dining Room

Smart Choice

Made With Natural Ingredients

NYS reimburses the district with funding for free or reduced lunch.