



Capital School District

Board of Education Policy

Section: Student
Title: Food Allergy Policy
Policy #: 700-30
Date Approved: 12/05/12
Date Revised: 10/17/12

Purpose:

To clarify procedures concerning students with food allergies and restrictions to his or her diet.

- 1) Students whose “handicap (i.e. food allergy) restricts his or her diet” shall be provided substitutions in foods only when supported by a statement signed by a licensed physician.

The Medical Statement shall identify:

- ❖ the food or foods to be omitted from the participant’s diet, and the food or choice of foods that **must** be substituted.

In addition, if the student has a medical condition the Medical Statement shall identify:

- ❖ the student’s medical condition and an explanation of why the condition restricts the student’s diet;
- ❖ the major life activity affected by the medical condition.

- 2) Students with food allergies who are not handicapped by the specific allergy must have a statement signed by a licensed physician. This statement must contain the food to be omitted and the food that is to be substituted.
- 3) The signed physician’s note must be updated such that there is a note that covers the elementary years (K-4), the middle school years (5-8) and the high school years (9-12). The note will be kept in the nurse’s file on the student and will be sent to nutrition services, the cafeteria manager and the district supervisor of nutrition services.
- 4) Substitutions to the standard meal patterns must be made. When in the physician’s assessment food allergies may result in severe, life-threatening reactions, the food service personnel must make the substitutions prescribed by the physician.
- 5) Cafeteria managers will program the cash registers to alert all cashiers to dietary restrictions.

- 6) It is the parent's responsibility to inform the district of any food allergy a student may have. Students and families who do not provide a medical statement within ten (10) days of registration or the beginning of school outlining the restrictions and dietary substitutions to be made will not be allowed to attend school until such documentation is provided.