

# Lunch Menu

Plainview Old Bethpage Elementary School

May 2026

WHITSONS FAMILY OF COMPANIES  
WWW.WHITSONS.COM

Monday

Tuesday



Wednesday

Thursday

Friday

4 Cheesy Stuffed Bread Sticks   
With Marinara Sauce Dip  
Or Crispy Popcorn Chicken  
And Crispy Potato Puffs  
Fresh NY Local Apple





5 Meatball Hero Or Pizza Bagel    
With Green Beans  
Garden Salad  
Fresh Orange

6 Whole Grain Pancakes with Sausage  
And Fresh Strawberries  
Or Crispy Popcorn Chicken  
All With Sweet Potato Fries  
Garden Salad



7 Classic Tex Mex Burrito    
Or Mozzarella Sticks   
And Black Beans  
Garden Salad  
Apple Slices

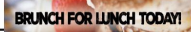
8 Classic Cheese Pizza   
  
Or Pepperoni Pizza  
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
All With Roasted Broccoli  
Caesar Salad  
Fresh Pear


11 Homemade Mac & Cheese    
Or Crispy Popcorn Chicken  
All With Crispy Potato Puffs  
Fresh NY Local Apple




12 Baked Chicken Tenders Or Pizza Bagel    
All With Buttered Corn  
Garden Salad  
Fresh Orange

13 Whole Grain Waffles with Sausage  
And Fresh Blueberries  
Or Crispy Popcorn Chicken  
All With Sweet Potato Fries  
Garden Salad



14 Nachos Grande Or Mozzarella Sticks   
All With Sautéed Corn & Black Bean Salsa  
Garden Salad  
Apple Slices

15 Chicken Nuggets  
Whole Wheat Dinner Roll  
Roasted Broccoli  
Fresh Pear

18 Nachos with Cheese   
Or Crispy Popcorn Chicken  
All With Crispy Potato Puffs  
Fresh NY Local Apple






19 Homemade Mac & Cheese    
Or Pizza Bagel    
All With Roasted Garlic Cauliflower  
Fresh Orange







20 Whole Grain Pancakes with Sausage  
And Fresh Strawberries  
Or Crispy Popcorn Chicken  
All With Sweet Potato Fries

IT'S STUDENT APPRECIATION DAY

21 Mission Burrito    
Or Mozzarella Sticks   
All With Black Beans  
Garden Salad  
Apple Slices


22 Classic Cheese Pizza   
  
Or Pepperoni Pizza  
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
All With Roasted Broccoli  
Garden Salad  
Fresh Pear





26 General Tso's Chicken    
Or Pizza Bagel    
All With Steamed Carrots  
Garden Salad  
Fresh Orange

27 Whole Grain Waffles with Sausage  
And Fresh Blueberries  
Or Crispy Popcorn Chicken  
All With Sweet Potato Fries  
Garden Salad



28 Nachos Grande Or Mozzarella Sticks   
All With Sautéed Corn & Black Bean Salsa  
Garden Salad  
Apple Slices

29 Classic Cheese Pizza   
  
Or Pepperoni Pizza  
Or Chicken Nuggets  
With Whole Wheat Dinner Roll  
All With Roasted Broccoli  
Caesar Salad  
Fresh Pear

View this menu on the mobile app, FDMealPlanner, or on the web at [www.FDMealPlanner.com](http://www.FDMealPlanner.com).

\*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

\*\*Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

\*\*\*In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.



## Meal prices

ALL MEALS ARE FREE  
second lunches can be purchased for \$3.00  
Gluten free/vegetarian options are available

For more information contact

General Manager-Megan McDonnell

 [mcdonnell@popschools.com](mailto:mcdonnell@popschools.com)      
516-434-3230

Available Daily: Popcorn Chicken (m-w-f), Grilled Cheese, Turkey or Ham Based Sandwiches, Not a Nut Sunbutter and Jelly Sandwiches, Bagel (butter or cream cheese) w/ Cheese Sticks, Yogurt Parfait or Garden Entrée Salad w/Cheese & Dinner Rolls  
**Daily Fruit & Veg Choices:** Asstd. Fresh & 100% Fruit Juices. Fresh Carrots Sticks

**Daily Milk Choice:** 1% White, Fat Free White, Fat Free Chocolate. 