

**To set up account/make payments:**

<https://schoolpaymentportal.com/ConsumerLogin.aspx>

**For descriptions, nutritional and allergen information:**

<https://www.schoolcafe.com/SwedesboroWoolwichSDNutriServe/menus>

**Meet Your Nutritious Friend:**  
Avocado-do

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>1</b> <b>DAY C</b> #1 TURKEY & CHEESE #2 HOT DOG #3 CEREAL LUNCH BAG  FEATURED VEGGIES BBQ BAKED BEANS CUCUMBER SLICES
<b>4</b> DAY D #1 CHEESEBURGER #2 FRENCH BREAD PIZZA #3 CEREAL LUNCH BAG  FEATURED VEGGIES TATER TOTS GREEN PEPPERS	<b>5</b> DAY E #1 BEEF NACHO GRANDE #2 SAUSAGE, EGG & CHEESE SANDWICH #3 CEREAL LUNCH BAG  FEATURED VEGGIES STEAMED CORN ITALIAN CHICKPEA SALAD 100% JUICE CUP	<b>6</b> DAY F #1 2 PC HILLTOP PANCAKES & TURKEY LINKS #2 FRENCH BREAD PIZZA #3 CEREAL LUNCH BAG  FEATURED VEGGIES EMOTICON FRIES CARROT STICKS	<b>7</b> DAY A #1 TURKEY & CHEESE #2 CHICKEN PATTY #3 CEREAL LUNCH BAG  FEATURED VEGGIES BBQ BAKED BEANS CUCUMBER SLICES	<b>8</b> DAY B #1 MINI PIZZA BAGELS #2 BUFFALO CHICKEN SALAD #3 CEREAL LUNCH BAG  FEATURED VEGGIES CHEESY SPINACH RED PEPPER STRIPS
<b>11</b> DAY C #1 CHEESE LASAGNA #2 HOT DOG ON BUN #3 CEREAL LUNCH BAG  FEATURED VEGGIES GREEN BEANS BROCCOLI BITES	<b>12</b> DAY D #1 CHICKEN & CHEESE FAJITA #2 PIZZA DIPPERS & SAUCE #3 CEREAL LUNCH BAG  FEATURED VEGGIES CORN CUCUMBER SLICES/ JUICE	<b>13</b> DAY E #1 MINI TRIX FRENCH TOAST BAG & 2 PORK LINKS #2 CHIX PATTY ON BUN #3 CEREAL LUNCH BAG  FEATURED VEGGIES EMOTICON FRIES ROASTED CHICKPEAS	<b>14</b> DAY F #1 POPCORN CHICKEN & TEXAS TOAST #2 MOZZ STIX & SAUCE #3 CEREAL LUNCH BAG  FEATURED VEGGIES MASHED POTATOES CARROT STICKS/ JUICE	<b>15</b> DAY A #1 STUFFED CRUST PIZZA #2 CHIX PATTY ON BUN #3 CEREAL LUNCH BAG  FEATURED VEGGIES BROCCOLI SPINACH SIDE SALAD
<b>18</b> DAY B #1 MINI TURKEY CORN DOGS #2 BAGEL LUNCH BUNDLE #3 CEREAL LUNCH BAG  FEATURED VEGGIES TATER TOTS CUCUMBER SLICES	<b>19</b> DAY C #1 MAC & CHEESE #2 BEEF CHEESE STEAK #3 CEREAL LUNCH BAG  FEATURED VEGGIES STEAMED CORN BLACK BEAN SALSA 100% JUICE CUP	<b>20</b> DAY D #1 MAPLE PANCAKES & 2 PORK SAUSAGE LINKS #2 BAGEL LUNCH BUNDLE #3 CEREAL LUNCH BAG  FEATURED VEGGIES EMOTICON FRIES CARROT STICKS	<b>21</b> DAY E #1 NUGGETS & G.BDSTIX #2 GARDEN SALAD w/Goldfish Crackers #3 CEREAL LUNCH BAG  FEATURED VEGGIES BAKED BEANS BROCCOLI BITES 100% JUICE CUP	<b>22</b> DAY F-early dismiss LARGE PIZZA BAGEL #2 CHICKEN PATTY #3 CEREAL LUNCH BAG  FEATURED VEGGIES GARLIC SPINACH GREEN PEPPER STRIPS
<b>25</b> SCHOOLS CLOSED	<b>26</b> DAY A #1 BEEF CHEESE BURRITO #2 MOZZ. STIX w/sauce cup #3 CEREAL LUNCH BAG  FEATURED VEGGIES CORN GREEN PEPPERS/ JUICE CUP	<b>27</b> DAY B #1 CONFETTI PANCAKES & 2 TURKEY LINKS #2 EGG & CHEESE SANDWICH #3 CEREAL LUNCH BAG  FEATURED VEGGIES HASHBROWNS CARROT STICKS	<b>28</b> DAY C #1 BUFFALO CHICKEN WINGS #2 GARDEN SALAD with 2 GOLDFISH #3 CEREAL LUNCH BAG  FEATURED VEGGIES BBQ BAKED BEANS CUCUMBER /JUICE CUP	<b>29</b> DAY D #1 STUFFED CRUST PIZZA #2 CHICKEN PATTY #3 CEREAL LUNCH BAG  FEATURED VEGGIES GREEN BEANS GREEN SIDE SALAD

**ATTN: TEACHERS:**

Please choose Lunch #1, #2 or #3 in OnCourse

Kitchen extensions:

Hill x2014  
Clifford x3160  
Stratton x1097  
Harker x4015

**What is a Meal?**

Students must choose at least 3 of the 5 components available for the school lunch price.

- Choice of Whole Grain
- Choice of Protein
- Choice of Vegetable
- Choice of Fruit
- Choice of Milk

A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.

**Choice of Vegetable**

Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables

**Choice of Fruit**

Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice

**Choice of Milk**

1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry

**NUTRI SERVE FOOD MANAGEMENT**

GINA D'ADAMO, Food Service Director  
856-241-1552 EXT 1097  
[GDADAMO@SWSDK6.COM](mailto:GDADAMO@SWSDK6.COM) ~ [SWE@NSFM.COM](mailto:SWE@NSFM.COM)

**Meal Prices**

Student Lunch \$3.35  
Reduced Lunch \$0.00  
Faculty Lunch \$5.00

