

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 22, 2026

Menu Name: AFTERSCHOOL SNACK **Include Cost:** No
Site:
Use Alternate Menu Name: No

Friday - 05/01/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991215 JUICE, APPLE 6 oz	6 oz	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
991231 Chex Mix Strawb	1.03 OZ	1	2	1	0.10	*N/A*	0.05	0.00	0	0.38	0.03	0.03
Weighted Daily Average			2	1	0.10	*0	0.05	0.00	0	0.38	0.03	0.03
% of Calories					20.00%	*0%	22.5%	0.0%		76.0%		6.0%
Weekly Nutrient Guideline			0 - 0			<0						

Monday - 05/04/2026 Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991221 CHIPS, CHEETOS BAKED	.85	1	0	0	0.00	*N/A*	0.00	0.00	0	0.00	0.00	0.00
991222 JUICE, FRUIT (6OZ)	6 oz	1	2	0	0.43	*N/A*	0.00	0.00	0	0.46	0.00	0.00
Weighted Daily Average			2	0	0.43	*N/A*	0.00	0.00	0	0.46	0.00	0.00
% of Calories					86.00%	*N/A*	0.0%	0.0%		92.0%		0.0%
Weekly Nutrient Guideline			0 - 0			<0						

Tuesday - 05/05/2026 Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990046 CRACKERS, CHOCOLATE BEAR GRAHAMS	PACKS	1	110	100	7.00	*N/A*	3.00	0.00	0	20.00	2.00	2.00
991238 APPLE SLICE 3/4C	3/4 cup	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			110	100	7.00	*0	3.00	0.00	0	20.00	2.00	2.00
% of Calories					25.45%	*0%	24.5%	0.0%		72.7%		7.3%
Weekly Nutrient Guideline			0 - 0			<0						

Wednesday - 05/06/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991199 CHEESE, STRING CHEDDAR	1oz	1	1	1	0.00	*N/A*	0.05	0.00	0	*N/A*	0.00	0.04
991230 Turkey Stick	.6 OZ	1	70	400	6.00	*N/A*	2.00	0.00	*N/A*	6.00	0.00	*N/A*
991171 CRACKERS, WHEAT 1 OZ	1 BAG	1	91	127	2.03	*N/A*	3.04	0.00	0	15.21	1.01	2.03
Weighted Daily Average			162	528	8.03	*N/A*	5.10	0.00	*0	*21.21	1.01	*2.07
% of Calories					19.83%	*N/A*	28.3%	0.0%		*52.4%		*5.1%
Weekly Nutrient Guideline			0 - 0			<0						

Thursday - 05/07/2026

Reimbursable Meal Total 1

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Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991201 PEAR, DICED	3/4 cup	1	4	0	*N/A*	*N/A*	0.00	0.00	0	1.07	0.15	0.00
991236 CHEX MIX CHOC	1oz	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			4	0	*0	*0	0.00	0.00	0	1.07	0.15	0.00
% of Calories					*0%	*0%	0.0%	0.0%		107.0%		0.0%
Weekly Nutrient Guideline			0 - 0			<0						

Friday - 05/08/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991224 JUICE, GRAPE (6 Oz)	6 oz	1	2	0	0.57	*N/A*	0.00	0.00	0	0.61	0.00	0.00
991197 CHIPS, DORITOS NACHOS	1oz	1	2	3	*N/A*	*N/A*	0.07	0.00	0	0.28	0.03	0.03
Weighted Daily Average			4	3	*0.57	*N/A*	0.07	0.00	0	0.89	0.03	0.03
% of Calories					*57.00 %	*N/A*	15.8%	0.0%		89.0%		3.0%
Weekly Nutrient Guideline			0 - 0			<0						

Monday - 05/11/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991232 CHIPS, SUNCHIPS	1oz	70	141	200	*0.15	*N/A*	8.00	0.00	0	19.17	3.00	2.00

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May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991215 JUICE, APPLE 6 oz	6 oz	70	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			9845	14005	*10.57	*0	560.00	0.00	0	1341.61	210.00	140.00
% of Calories					*0.43%	*0%	51.2%	0.0%		54.5%		5.7%
Weekly Nutrient Guideline			0 - 0			<0						

Tuesday - 05/12/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991206 CRACKERS, CHEE-ZIT	Pack	70	100	150	0.00	*N/A*	3.50	0.00	*N/A*	14.00	1.00	3.00
991208 FRUIT COCKTAIL 3/4C	3/4 cup	70	1	0	0.28	*N/A*	0.00	0.00	0	0.32	0.02	0.00
Weighted Daily Average			7090	10507	19.53	*N/A*	245.00	0.00	*0	1002.50	71.47	210.00
% of Calories					1.10%	*N/A*	31.1%	0.0%		56.6%		11.8%
Weekly Nutrient Guideline			0 - 0			<0						

Wednesday - 05/13/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991193 Peanut Butter Cup 1oz	1oz	70	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
991237 RITZ CRACKERS WHOLE GRAIN	6 each	70	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	70	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
Weighted Daily Average			*7128	*8424	*777.63	*0	*162.00	*0.00	*648	*842.40	*0.00	*518.42
% of Calories					*43.64 %	*0%	*20.5%	*0.0%		*47.3%		*29.1%
Weekly Nutrient Guideline			0 - 0			<0						

Thursday - 05/14/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001515 CARROT STICKS, 3/4 CUP	3/4 cup	70	38	31	*N/A*	*N/A*	0.17	*N/A*	0	8.97	2.65	0.91
990780 DRESSING, RANCH 1oz CUPS	1 oz cup	70	70	125	3.00	*N/A*	6.01	0.00	5	5.01	0.00	0.00
991238 APPLE SLICE 3/4C	3/4 cup	70	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			7570	10931	*210.35	*0	432.44	*0.00	351	978.38	185.78	63.77
% of Calories					*11.11 %	*0%	51.4%	*0.0%		51.7%		3.4%
Weekly Nutrient Guideline			0 - 0			<0						

Friday - 05/15/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991195 CHIPS, FANTASTIX	1oz	1	130	200	*N/A*	*N/A*	5.00	0.00	0	19.00	2.00	2.00

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May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991222 JUICE, FRUIT (6OZ)	6 oz	1	2	0	0.43	*N/A*	0.00	0.00	0	0.46	0.00	0.00
Weighted Daily Average			132	200	*0.43	*N/A*	5.00	0.00	0	19.46	2.00	2.00
% of Calories					*1.30%	*N/A*	34.1%	0.0%		59.0%		6.1%
Weekly Nutrient Guideline			0 - 0			<0						

Monday - 05/18/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991194 CHIPS, FUNYUNS	1oz	1	142	283	1.01	*N/A*	6.07	0.00	0	19.24	1.01	2.02
991215 JUICE, APPLE 6 oz	6 oz	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
Weighted Daily Average			142	283	1.01	*0	6.07	0.00	0	19.24	1.01	2.02
% of Calories					2.85%	*0%	38.5%	0.0%		54.2%		5.7%
Weekly Nutrient Guideline			0 - 0			<0						

Tuesday - 05/19/2026

Reimbursable Meal Total 1

Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991186 YOGURT, BERRY MIX	1.25 CUP	1	278	104	49.35	*N/A*	0.90	0.00	3	61.63	2.93	5.36
Weighted Daily Average			278	104	49.35	*N/A*	0.90	0.00	3	61.63	2.93	5.36
% of Calories					71.01%	*N/A*	2.9%	0.0%		88.7%		7.7%
Weekly Nutrient Guideline			0 - 0			<0						

Wednesday - 05/20/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991198 CHEESE STRING MOZ	1oz	1	0	1	0.01	*N/A*	0.04	0.00	0	0.01	0.00	0.04
991202 GRAPES, FRESH 3/4C	3/4 cup	1	2	0	0.36	0.00	0.00	0.00	0	0.43	0.02	0.02
Weighted Daily Average			2	1	0.37	*0.00	0.04	0.00	0	0.44	0.02	0.05
% of Calories					74.00%	*0.00%	18.0%	0.0%		88.0%		10.0%
Weekly Nutrient Guideline			0 - 0			<0						

Thursday - 05/21/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991219 Pretzel Chips	1.5 OZ	1	83	207	1.04	*N/A*	1.04	0.00	0	16.57	2.07	2.07

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Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991120 APPLESAUCE 3/4 CUP	3/4 cup	1	90	15	*N/A*	*N/A*	0.00	0.00	0	22.50	3.00	0.00
Weighted Daily Average			173	222	*1.04	*N/A*	1.04	0.00	0	39.07	5.07	2.07
% of Calories					*2.40%	*N/A*	5.4%	0.0%		90.3%		4.8%
Weekly Nutrient Guideline			0 - 0			<0						

Friday - 05/22/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991221 CHIPS, CHEETOS BAKED	.85	1	0	0	0.00	*N/A*	0.00	0.00	0	0.00	0.00	0.00
990518 JUICE (SNACK), 6 OZ FRUIT PUNCH, SHELF STABLE	juice	1	100	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00
Weighted Daily Average			100	10	23.00	*N/A*	0.00	0.00	0	25.00	0.00	0.00
% of Calories					92.00%	*N/A*	0.0%	0.0%		100.0%		0.0%
Weekly Nutrient Guideline			0 - 0			<0						

	Cals ¹ (kcal)	Sodm ¹ (mg)	Total Sugars (g)	Added Sugars ¹ (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages	*2046	*2832	*69.34	*0.00	*88.79	*0.00	*63	*273.36	*30.09	*59.24
% of Calories			*13.56 %	*0.00%	*39.1%	*0.0%		*53.4%		*11.6%

**N/A* - denotes a nutrient that is either missing or incomplete for an individual ingredient*

** - denotes combined nutrient totals with either missing or incomplete nutrient data*

¹ - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

NOTICE: The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.