

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

Menu Name: LUNCH HIGH Include Cost: No

Site:

Use Alternate Menu Name: No

Friday - 05/01/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990131 TACOS, FISH	2 TACOS	1	467	643	*3.32	*N/A*	17.82	*0.00	65	54.93	5.17	25.34
990085 LETTUCE SHRD, TOM. DICED & SOUR CREAM (TACOS, ETC.)	1 SERVING	1	77	22	*1.34	*N/A*	5.33	*0.00	20	4.54	1.20	1.83
990139 SANDWICH, COUNTRY FRIED STEAK	1 EACH	1	430	580	5.00	*N/A*	19.50	0.00	30	45.00	4.00	21.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0.34	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
991279 PIZZA, GARLIC CHEESE PIZZA NARDONE'S	1 SLICE	1	372	542	4.02	1.00	21.09	0.00	40	26.12	2.01	17.08
990612 CARROTS, SWEET GLAZED 3/4 CUP	3/4 CUP	1	86	100	*13.37	*7.48	1.91	*0.00	*0	*17.33	*4.08	*0.97
990070 SALAD, CRISP GARDEN	1 CUP	1	24	19	*1.09	*0.00	0.37	*0.00	0	4.84	2.35	1.84
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
990917 FRUIT CUP, MANAGER'S CHOICE, CHILLED	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	85	0.00	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
991070 SAUCE, MARINARA	1/4 CUP	1	30	195	3.50	*N/A*	0.75	0.00	0	5.00	1.00	1.00
991168 DRESSING, RANCH 2 OZ SERVINGS	2 oz PORTION	1	158	529	2.19	*N/A*	15.59	0.23	12	3.74	0.18	1.20

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
Weighted Daily Average			2279	3417	*107.99	*20.48	91.90	*0.23	*207	*263.55	*26.56	*104.00
% of Calories					*18.95 %	*3.59%	36.3%	*0.1%		*46.3%		*18.3%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Monday - 05/04/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990204 HAMBURGER	EACH	1	280	370	4.00	*N/A*	9.50	0.00	35	28.00	3.00	22.00
990357 LETTUCE & TOMATO (FOR HAMBURGER/CHEESEBURGER)	1 each	1	17	200	*0.34	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
990076 PIZZA, FOUR MEAT	1 SLICE	1	370	650	9.00	*N/A*	17.00	0.00	40	36.00	3.00	20.00
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	695	534	25.62	*2.02	31.01	0.00	*0	86.06	*10.05	20.05
990053 POTATO, FRENCH FRIES 3/4 CUP	.75 CUP	1	144	36	0.00	*N/A*	5.40	0.00	0	22.81	2.40	2.40
990609 BEANS, BAKED 3/4 CUP	3/4 CUP	1	170	408	17.01	*N/A*	0.00	0.00	0	35.72	6.80	5.10
991081 ORANGES, WEDGES	EACH	1	76	0	15.11	0.00	0.19	0.00	0	18.99	3.88	1.52

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991071 RIPS, BLUE RASPBERRY	1 POUCH	1	60	15	12.00	*N/A*	*N/A*	*N/A*	*N/A*	15.00	*N/A*	*N/A*
990264 RIPS, KIWI STRAWBERRY	1 pOUCH	1	60	15	12.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00
990265 RIPS, PARADISE PUNCH	1 POUCH	1	60	15	12.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0.00	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
Weighted Daily Average			2449	3113	*172.20	*14.02	*72.20	*0.00	*114	348.70	*30.36	*103.82
% of Calories					*28.13 %	*2.29%	*26.5%	*0.0%		57.0%		*17.0%
Weekly Nutrient Guideline			750 - 850	1280		<10						

## Tuesday - 05/05/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990406 POT PIE, CHICKEN	8 OZ	1	419	1326	*6.33	*N/A*	21.29	*0.00	*59	43.76	3.63	22.10
991084 ZESTY CHEESE AND CHIPS	1/2 CUP	1	499	1099	0.00	*N/A*	30.15	0.00	60	40.45	4.05	18.05

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990228 YOGURT & MUFFIN PLATE- (BANANA MUFFIN)	SERVING	1	409	462	34.96	*N/A*	12.92	0.00	60	60.92	2.00	13.92
991072 YOGURT & MUFFIN PLATE- (BLUEBERRY MUFFIN)	SERVING	1	397	511	30.53	*N/A*	13.16	0.00	*25	58.30	0.00	14.06
990208 BEANS, GREEN, SEASONED	1/2 CUP	1	28	308	*1.48	*N/A*	0.44	0.00	*0	*4.46	*2.97	*1.48
990525 CARROTS, BABY, DOD 3/4 CUP	3/4 cup	1	40	88	5.40	*N/A*	0.15	0.00	0	9.34	3.29	0.73
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
990625 STRAWBERRY DELIGHT HS 1 CUP	1 cup	1	324	0	69.04	*N/A*	1.00	0.00	0	74.87	3.89	1.94
991168 DRESSING, RANCH 2 OZ SERVINGS	2 oz PORTION	1	158	529	2.19	*N/A*	15.59	0.23	12	3.74	0.18	1.20
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			2846	4963	*223.75	*12.00	99.96	*0.23	*249	*393.80	*25.34	*105.88
% of Calories					*31.45 %	*1.69%	31.6%	*0.1%		*55.3%		*14.9%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Wednesday - 05/06/2026

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990138 COUNTRY FRIED STEAK WITH GRAVY	1 EACH	1	573	1954	2.00	*N/A*	29.34	0.00	30	53.02	2.00	15.00
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
991089 CHICKEN SALAD ON CROISSANT	1/2 CUP + 1	1	293	768	5.08	*1.85	11.52	0.00	40	33.81	2.81	16.04
990618 BROCCOLI, SEASONED HS 1 CUP	1 CUP	1	35	47	*1.35	*N/A*	0.00	0.00	0	5.81	*4.04	4.04
990379 LIMA BEANS, CANNED	1/2 cup	1	104	169	*0.26	*N/A*	0.51	0.00	*0	*18.91	*6.06	*6.14
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	1	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
991076 MELON, FRESH CUT	1/2 CUP	1	56	16	*8.78	*N/A*	0.31	*0.00	0	14.01	1.10	1.11
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
Weighted Daily Average			1718	3780	*95.37	*13.85	49.00	*0.00	*104	*232.99	*22.22	*79.74
% of Calories					*22.20 %	*3.22%	25.7%	*0.0%		*54.2%		*18.6%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Thursday - 05/07/2026

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990324 SALAD, CHEF/CLUB (HAM & TURKEY) HS	1 SALAD	1	186	831	*3.76	*N/A*	9.95	*0.00	50	11.42	4.91	20.37
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
990734 SANDWICH, GRILLED CHICKEN CLUB	1 EACH	1	357	530	3.00	*0.00	11.45	0.00	63	27.51	2.00	27.21
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0.34	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	695	534	25.62	*2.02	31.01	0.00	*0	86.06	*10.05	20.05
990782 CORN ON COB-DOD	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990916 CARROTS, BABY DOD, ROASTED, SEASONED 3/4 CUP	3/4 CUP	1	72	312	*5.84	*0.00	3.19	*0.00	*0	10.65	*3.60	0.81
990883 FRUIT, MIXED, CANNED	1/2 CUP	1	170	13	*33.82	*N/A*	0.00	0.00	0	41.80	2.60	0.00
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
991168 DRESSING, RANCH 2 OZ SERVINGS	2 oz PORTION	1	158	529	2.19	*N/A*	15.59	0.23	12	3.74	0.18	1.20
990237 SAUCE, MAYONNAISE, LIGHT, IND	1 PACK	1	40	85	0.00	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00

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## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
Weighted Daily Average			2413	3726	*151.39	*14.02	83.23	*0.23	*164	307.22	*34.91	109.37
% of Calories					*25.10 %	*2.32%	31.0%	*0.1%		50.9%		18.1%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Friday - 05/08/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990132 SANDWICH, FISH	1 SANDWICH	1	300	380	4.00	*N/A*	7.50	0.00	50	42.00	4.00	20.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0.34	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
990119 CHEESE DUNKERS W. MARINARA	2 STICKS	1	327	913	9.10	*N/A*	12.66	0.00	10	38.43	4.89	14.89
990342 CHICKEN, POPCORN NUGGETS GOLD CREEK	4.5OZ (12 PC)	1	170	266	0.00	0.00	8.50	0.00	28	12.05	0.71	11.34
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
991108 TOMATO, SEASONED SLICES HS	3 SLICES	1	8	3	*0.00	*0.00	0.11	*0.00	0	1.70	0.37	0.32
000637 POTATO WEDGES, SEASONED 3/4 CUP	3/4 CUP	1	159	442	0.00	*N/A*	7.94	0.00	0	20.41	2.27	2.27
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
990917 FRUIT CUP, MANAGER'S CHOICE, CHILLED	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
991090 SAUCE, TARTER IND	1 PK	1	40	100	*N/A*	*N/A*	3.00	0.00	0	3.00	0.00	0.00

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	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
991069 DRESSING, HONEY MUSTARD BULK	1OZ PORTION CUP	1	120	127	6.97	*N/A*	86.32	0.14	7	8.22	0.08	0.28
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
Weighted Daily Average			1863	3173	*99.24	*12.00	134.08	*0.14	129	254.36	*23.90	88.33
% of Calories					*21.31 %	*2.58%	64.8%	*0.1%		54.6%		19.0%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Monday - 05/11/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990279 SAUSAGE DOG	2 OZ; 1 PIECE	1	399	860	7.00	*N/A*	20.00	0.00	60	37.00	*2.00	18.00
991267 PIZZA, CHEESE STUFFED CRUST 2025	4.84 oz slice	1	330	820	4.00	*N/A*	14.00	0.00	15	35.00	3.00	16.00
991246 CHICKEN, BONELESS CHUNKS, RICH CHICKS NEW	4 EACH	1	215	332	0.00	0.00	6.84	0.00	41	15.08	2.01	20.11
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
990881 Potato, Curly Spiral Cut Fries 3/4 CUP	3/4 CUP	1	130	290	0.00	*N/A*	5.00	0.00	0	21.00	1.00	1.00

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## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990208 BEANS, GREEN, SEASONED	1/2 CUP	1	28	308	*1.48	*N/A*	0.44	0.00	*0	*4.46	*2.97	*1.48
990264 RIPS, KIWI STRAWBERRY	1 pOUCH	1	60	15	12.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00
990265 RIPS, PARADISE PUNCH	1 POUCH	1	60	15	12.00	*N/A*	0.00	0.00	0	15.00	0.00	0.00
990333 PEARS, DICED CANNED	1/2 cup	1	119	0	*N/A*	*N/A*	0.00	0.00	0	29.15	3.98	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
991069 DRESSING, HONEY MUSTARD BULK	1OZ PORTION CUP	1	120	127	6.97	*N/A*	86.32	0.14	7	8.22	0.08	0.28
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
Weighted Daily Average			2079	3742	*111.56	*12.00	139.92	0.14	*157	*276.44	*20.04	*94.78
% of Calories					*21.46 %	*2.31%	60.6%	0.1%		*53.2%		*18.2%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Tuesday - 05/12/2026

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990073 NACHOS, BEEF SUPREME HS	1 SERVING	1	576	406	*0.00	*N/A*	40.47	*0.00	*85	28.77	3.54	95.96
990085 LETTUCE SHRD, TOM. DICED & SOUR CREAM (TACOS, ETC.)	1 SERVING	1	77	22	*1.34	*N/A*	5.33	*0.00	20	4.54	1.20	1.83
990460 QUESADILLA, CHEESE, HIGH	2 QUESADILLA	1	501	804	2.00	*N/A*	31.24	0.00	73	30.92	2.00	26.41
990468 BENTO BOX-HIGH SCHOOL CHEDDAR CHEESE	1 BOX	1	535	664	*33.59	*6.36	20.11	*0.00	42	*76.04	7.27	17.66
990470 BENTO BOX-HIGH SCHOOL MOZZARELLA CHEESE	1 BOX	1	480	731	*27.22	*0.00	18.38	*0.00	40	69.73	7.00	18.67
990343 CORN, MEXICAN, CANNED	1/2 CUP	1	*5	*5	*0.02	*N/A*	*0.48	*0.00	*0	*0.13	*0.07	*0.04
990614 GLAZED SWEET POTATOES, HS 3/4 CUPS	3/4 CUP	1	319	*123	*33.93	*N/A*	*2.70	*0.00	*0	*70.47	*5.22	*1.74
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
001262 PEARS, ROSY	HALF CUP	1	108	18	*5.44	*N/A*	0.00	0.00	0	26.43	2.86	0.32
991070 SAUCE, MARINARA	1/4 CUP	1	30	195	3.50	*N/A*	0.75	0.00	0	5.00	1.00	1.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
Weighted Daily Average			*3165	*3605	*184.48	*18.36	*124.52	*0.00	*294	*400.11	*33.47	*195.39
% of Calories					*23.32 %	*2.32%	*35.4%	*0.0%		*50.6%		*24.7%
Weekly Nutrient Guideline			750 - 850	1280		<10						

# Base Menu Spreadsheet

Portion Values

May 1, 2026 thru May 22, 2026

Wednesday - 05/13/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
001238 TURKEY, CORN DOG	1 CORNDOG	1	280	700	9.00	*N/A*	14.00	0.00	45	27.00	1.00	10.00
990537 HIGH SCHOOL WRAP, DELI RANCH	1 TORTILLA	1	462	1092	*1.52	*0.00	22.42	*0.00	62	40.00	4.29	26.71
990523 SALAD, KALE CAESAR	1 CUP	1	34	*6	1.36	*0.00	0.23	*0.00	*0	5.42	3.04	2.49
990205 POTATO, SWEET FRIES 3/4 CUP	3/4 CUP	1	217	294	10.87	*N/A*	6.52	0.00	0	36.97	4.35	1.09
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
991028 BLUEBERRY DELIGHT, FARM FRESH BLUEBERRIES	1/2 cup	1	43	1	7.60	*0.00	0.26	0.00	0	11.07	1.84	0.56
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
991169 DRESSING, ITALIAN 2 OZ SERVINGS	2 oz PORTION	1	85	574	4.25	*N/A*	7.44	*N/A*	0	4.25	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
Weighted Daily Average			1710	*3456	*110.42	*12.00	56.14	*0.00	*141	226.17	*19.86	73.74
% of Calories					*25.83 %	*2.81%	29.5%	*0.0%		52.9%		17.2%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Thursday - 05/14/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991114 FRIES, TEXAS TACO	1/2C 2.71OZ	1	314	796	0.00	*0.00	19.53	0.00	67	20.82	3.02	20.23
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	695	534	25.62	*2.02	31.01	0.00	*0	86.06	*10.05	20.05
991080 CHICKEN, DRUMS & THIGHS - USDA	1 DRUM OR THIGH	1	230	490	0.00	*N/A*	14.00	0.00	75	11.00	1.00	16.00
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
990290 COLLARD GREENS, SOUTHERN	1/2 CUP	1	83	199	*2.86	*N/A*	2.53	*0.00	0	9.60	2.32	2.86
000339 BEANS, PINTO, 1/2 CUP	1/2 CUP	1	176	282	*3.42	*N/A*	0.00	0.00	*0	31.03	*11.88	9.85
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
991075 APPLESAUCE, CUPS, ASST FLAVORS	4.5 OZ CUP	1	54	1	11.79	0.00	0.00	0.00	0	14.39	1.20	0.00
990086 SOUR CREAM, IND.	1 PACK	1	61	15	1.01	*N/A*	5.06	0.00	20	1.01	0.00	1.01
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
Weighted Daily Average			2326	3147	*121.52	*14.02	79.89	*0.00	*197	295.89	*39.80	108.39
% of Calories					*20.90 %	*2.41%	30.9%	*0.0%		50.9%		18.6%
Weekly Nutrient Guideline			750 - 850	1280		<10						

## Friday - 05/15/2026

## Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991266 CATFISH STRIPS PURCHASED	2 STRIPS	1	186	350	*N/A*	*N/A*	10.00	1.40	20	12.00	0.00	16.00
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
001444 TURKEY, HOTDOG	2 oz	1	309	450	6.00	*N/A*	13.00	0.00	50	34.00	2.00	13.00
990864 PORK, BBQ RIBLET ON HOAGIE	1 SANDWICH	1	412	976	18.47	*N/A*	13.10	0.00	38	51.40	1.40	16.40
001118 COLESLAW (KFC STYLE) 1/2 CUP	1/2 CUP	1	64	132	*5.54	*5.28	3.07	*0.00	*8	8.88	*0.94	0.88
990053 POTATO, FRENCH FRIES 3/4 CUP	.75 CUP	1	144	36	0.00	*N/A*	5.40	0.00	0	22.81	2.40	2.40
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
990917 FRUIT CUP, MANAGER'S CHOICE, CHILLED	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991090 SAUCE, TARTER IND	1 PK	1	40	100	*N/A*	*N/A*	3.00	0.00	0	3.00	0.00	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
Weighted Daily Average			1883	3024	*108.82	*17.28	55.34	*1.40	*150	257.56	*17.08	87.57
% of Calories					*23.12 %	*3.67%	26.5%	*0.7%		54.7%		18.6%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Monday - 05/18/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
001716 SANDWICH, SOUTHERN STYLE CHICKEN	1 EACH	1	360	560	5.00	*N/A*	9.50	0.00	65	41.00	3.00	27.00
990059 LETTUCE & TOMATO (FOR SANDWICHES)	1 each	1	17	11	*0.34	*N/A*	0.27	*0.00	0	3.58	1.23	0.84
991256 Pepperoni Calzone	5 oz.	1	4	7	0.08	*N/A*	0.14	*N/A*	0	0.40	0.04	0.24
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990748 POTATO, SEASONED FRIES 1 CUP	1 CUP	1	253	669	0.00	*N/A*	8.14	0.00	0	41.61	3.62	3.62
001515 CARROT STICKS, 3/4 CUP	3/4 cup	1	38	31	*N/A*	*N/A*	0.17	*N/A*	0	8.97	2.65	0.91
991077 APPLES, FRESH, W/SKIN	1 EACH	1	72	1	14.34	0.00	0.23	0.00	0	19.06	3.31	0.36
990626 PEACHES, DICED CANNED HS 1 CUP	1 cup	1	119	13	7.93	*N/A*	0.00	0.00	0	36.99	2.64	0.00
990237 SAUCE, MAYONAISE, LIGHT, IND	1 PACK	1	40	85	0.00	*N/A*	4.00	0.00	5	0.00	0.00	0.00
990390 SAUCE, KETCHUP IND PKS	POUCH	1	10	100	2.00	*N/A*	0.00	0.00	0	3.00	0.00	0.00
990391 SAUCE, MUSTARD, INDV	POUCH	1	5	50	0.00	*N/A*	0.00	0.00	0	0.50	0.00	0.50
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
Weighted Daily Average			1379	2164	*92.79	*12.00	27.27	*0.00	105	224.14	*16.49	64.87
% of Calories					*26.92 %	*3.48%	17.8%	*0.0%		65.0%		18.8%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Tuesday - 05/19/2026

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
991159 CHICKEN N WAFFLES (BRFST BREAST FILLETS)	1 EACH	1	500	810	12.00	*N/A*	20.00	0.00	80	55.00	5.00	24.00
991082 PIZZA, FIESTA FLATBREAD HS	1 EACH	1	442	1438	3.14	*0.00	22.16	0.04	77	31.34	4.99	29.22
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
991115 SQUASH CASSEROLE	1/2 CUP	1	227	484	*4.50	*0.00	17.30	*0.00	*52	*15.96	*1.77	*10.88
000419 VEGETABLES, FRESH ASSORTED	1/2 c.	1	14	21	*1.43	*0.00	0.13	*0.00	0	3.02	1.18	0.79
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
990917 FRUIT CUP, MANAGER'S CHOICE, CHILLED	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
991168 DRESSING, RANCH 2 OZ SERVINGS	2 oz PORTION	1	158	529	2.19	*N/A*	15.59	0.23	12	3.74	0.18	1.20
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
Weighted Daily Average			1914	3922	*97.07	*12.00	80.44	*0.27	*255	*207.02	*18.47	*98.49
% of Calories					*20.29 %	*2.51%	37.8%	*0.1%		*43.3%		*20.6%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Wednesday - 05/20/2026

Reimbursable Meal Total 1

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990228 YOGURT & MUFFIN PLATE- (BANANA MUFFIN)	SERVING	1	409	462	34.96	*N/A*	12.92	0.00	60	60.92	2.00	13.92
990466 YOGURT & MUFFIN PLATE- (CHOCOLATE MUFFIN)	SERVING	1	267	338	22.78	*N/A*	9.52	0.00	41	35.55	0.80	11.52
990465 YOGURT & MUFFIN PLATE- (CHERRY MUFFIN)	SERVING	1	397	511	30.52	*N/A*	13.16	0.00	45	58.28	0.00	14.06
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990972 BAKED SPAGHETTI WITH GROUND BEEF	1 CUP	1	359	643	*4.33	*0.00	18.19	*0.00	*50	28.09	*4.00	62.08
990067 ROLLS, 2oz PROOF AND BAKE	1 ROLL	1	140	190	3.00	*N/A*	2.50	0.00	0	24.00	5.00	6.00
991072 YOGURT & MUFFIN PLATE- (BLUEBERRY MUFFIN)	SERVING	1	397	511	30.53	*N/A*	13.16	0.00	*25	58.30	0.00	14.06
990526 VEGGIES, FRESH, CELERY STICKS	1/2 CUP	1	107	210	*6.24	*N/A*	6.37	*0.00	5	13.10	3.02	1.76
990746 BROCCOLI, RANCH- 1 Cup	1 CUP	1	57	241	*2.14	*N/A*	0.00	0.00	0	9.34	*6.40	6.40
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
990917 FRUIT CUP, MANAGER'S CHOICE, CHILLED	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
991168 DRESSING, RANCH 2 OZ SERVINGS	2 oz PORTION	1	158	529	2.19	*N/A*	15.59	0.23	12	3.74	0.18	1.20
991169 DRESSING, ITALIAN 2 OZ SERVINGS	2 oz PORTION	1	85	574	4.25	*N/A*	7.44	*N/A*	0	4.25	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
Weighted Daily Average			2948	4849	*214.75	*12.00	104.11	*0.23	*272	393.53	*26.75	163.41
% of Calories					*29.14 %	*1.63%	31.8%	*0.1%		53.4%		22.2%
Weekly Nutrient Guideline			750 - 850	1280		<10						

Thursday - 05/21/2026

Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990938 WALKING TACO, BEEF AND DORITOS	1 SERVING	1	355	721	1.44	*1.00	16.63	0.00	59	31.48	3.49	19.51
990085 LETTUCE SHRD, TOM. DICED & SOUR CREAM (TACOS, ETC.)	1 SERVING	1	77	22	*1.34	*N/A*	5.33	*0.00	20	4.54	1.20	1.83
000764 SANDWICH, PBJ (High)	1 SANDWICH	1	695	534	25.62	*2.02	31.01	0.00	*0	86.06	*10.05	20.05
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
100001 CORN, MEXICAN STREET	1/2 CUP	1	*117	*252	*3.21	*N/A*	*3.62	*0.00	*9	*18.57	*0.97	*3.27
990756 BEANS, BLACK, SEASONED-HS 3/4 CUP	3/4 CUP	1	217	329	1.67	*N/A*	3.02	0.00	5	33.31	7.45	12.63
000229 FRUIT, FRESH ASST (1/2 CUP)	1/2 cup	1	56	2	*5.48	*0.00	0.24	*0.00	0	14.41	2.58	0.56
990336 SIDEKICKS, STRAWBERRY KIWI	1 PORTION CUP	1	80	45	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00
990337 SIDEKICKS, STRAWBERRY MANGO	1 PORTION CUP	1	80	45	19.00	*N/A*	0.00	0.00	0	20.00	0.00	0.00
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
Weighted Daily Average			*2138	*2586	*139.88	*15.02	*64.66	*0.00	*127	*297.40	*25.75	*89.25
% of Calories					*26.17 %	*2.81%	*27.2%	*0.0%		*55.6%		*16.7%
Weekly Nutrient Guideline			750 - 850	1280		<10						

### Friday - 05/22/2026

### Reimbursable Meal Total 1

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
990278 MANAGER'S CHOICE	1 PIECE	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990711 Manager's Choice Vegetable	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
990627 FRUIT, FRESH ASST HS 1 CUP	1 cup	1	111	5	*10.71	*0.00	0.44	*0.00	0	28.93	5.34	0.99
990917 FRUIT CUP, MANAGER'S CHOICE, CHILLED	1/2 CUP	1	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*	*N/A*
000026 MILK - 1% LOWFAT	HALF PINT	1	102	120	11.11	*N/A*	2.31	0.00	9	12.03	0.00	7.41
000031 MILK, CHOCOLATE LACTOSE FREE	1/2 PINT	1	110	210	17.00	6.00	0.00	0.00	5	19.00	0.00	8.00
990331 MILK, CHOCOLATE, 1%	1/2 PINT	1	140	180	18.00	*N/A*	2.50	0.00	15	20.00	*N/A*	8.00

# Base Menu Spreadsheet

## Portion Values

May 1, 2026 thru May 22, 2026

	Portion Size	Reimb Qty	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
000069 MILK, STRAWBERRY LACTOSE FREE	HALF PINT	1	110	125	17.00	6.00	0.00	0.00	5	18.00	0.00	8.00
Weighted Daily Average			573	640	*73.82	*12.00	5.26	*0.00	34	97.96	*5.34	32.39
% of Calories					*51.53 %	*8.38%	8.3%	*0.0%		68.4%		22.6%
Weekly Nutrient Guideline			750 - 850	1280		<10						

	Cals <sup>1</sup> (kcal)	Sodm <sup>1</sup> (mg)	Total Sugars (g)	Added Sugars <sup>1</sup> (g)	T-Fat (g)	Tr-Fat (g)	Cholst (mg)	Carb (g)	Fiber (g)	Protn (g)
Weighted Averages	*2105	*3332	*131.57	*13.94	*79.24	*0.18	*169	*279.80	*24.15	*99.96
% of Calories			*25.00 %	*2.65%	*33.9%	*0.1%		*53.2%		*19.0%

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient

\* - denotes combined nutrient totals with either missing or incomplete nutrient data

<sup>1</sup> - denotes required nutrient values

Added Sugars target is informational only, with an effective date of July 1, 2027.

**NOTICE:** The data contained within this report and the Mosaic® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.