

May Menu 2026

Friday, May 1

Grass Fed Beef Hot Dog
Soft Pretzel Bites with Cheese Dipping Sauce (vegetarian)
Yogurt & Granola (vegetarian, gluten free)
Fresh Baked Chocolate Chip Cookie (vegetarian)

Monday, May 4

Pasta with Butter Parmesan Sauce & Garlic Bread (scratch-made, vegetarian)
EUSD Cheese Pizza (vegetarian, scratch-made)
EUSD Pineapple Pizza (scratch-made, vegetarian)
Yogurt & Granola (vegetarian, gluten free)

Tuesday, May 5

Crunchy Grass Fed Organic Beed Taco (scratch-made, gluten free)
Crispy Chicken Breast Sandwich
Wowbutter & Jelly Sandwich with String Cheese (vegetarian)

Wednesday, May 6

Buffalo-Style Chicken Wings (mild) & Garlic Knot
Grilled Cheese Sandwich (scratch-made, vegetarian)
Yogurt & Granola (vegetarian, gluten free)
Mini Rice Krispie Treat (gluten free)

Thursday, May 7

Mary's BBQ Chicken (scratch-made), Oven Baked French Fries & Corn on the Cobb
EUSD Cheese Pizza (scratch-made, vegetarian)
EUSD BBQ Chicken Pizza (scratch-made)
Oatmeal Benefit Bar & String Cheese (vegetarian)

Friday, May 8

Grass Fed Beef Hamburger
Grass Fed Beef Cheeseburger
Mozzarella Breadsticks & Marinara (vegetarian)
Yogurt & Granola (vegetarian, gluten free)
EUSD Black Bean Brownie (scratch-made, vegetarian)

Monday, May 11

Creamy Alfredo Pasta & Garlic Bread (scratch-made, vegetarian)
EUSD Cheese Pizza (vegetarian, scratch-made)
EUSD Margarita Pizza (scratch-made, vegetarian)
Yogurt & Granola (vegetarian, gluten free)

Tuesday, May 12

Homemade Bean & Cheese Burrito (scratch-made, vegetarian)

Crispy Chicken Tenders
Wowbutter & Jelly Sandwich with String Cheese (vegetarian)

Wednesday, May 13

Orange Chicken with Organic Brown Rice
Stuffed Cheese Quesadilla (scratch-made, vegetarian)
Stuffed Quesadilla with Grilled Chicken (scratch-made)
Yogurt & Granola (vegetarian, gluten free)
Fortune Cookie (vegetarian)

Thursday, May 14

Chicken Shawarma Pita with Garlic Sauce (scratch-made)
EUSD Cheese Pizza (vegetarian, scratch-made)
EUSD Pepperoni Pizza (scratch-made, contains pork)
Oatmeal Benefit Bar & String Cheese (vegetarian)

Friday, May 15

Boar's Head Turkey & Cheese Sub Sandwich (scratch-made)
Macaroni & Cheese (scratch-made, vegetarian) with Chicken Bites
Yogurt & Granola (vegetarian, gluten free)
Fruit Freeze (gluten free, vegetarian)

Monday, May 18

Bowtie Pasta with EUSD Marinara & Garlic Bread (scratch-made, vegetarian)
EUSD Cheese Pizza (vegetarian, scratch-made)
EUSD Pineapple Pizza (vegetarian, scratch-made)
Yogurt & Granola (vegetarian, gluten free)
Whole Fruit Popsicle (gluten free, vegetarian)

Tuesday, May 19

Bean & Cheese Pupusa (vegetarian) or Beef Birria Pupusa with Tortilla Chips (gluten free)
Grass Fed Beef Hamburger
Wowbutter & Jelly Sandwich with String Cheese (vegetarian)

Wednesday, May 20

Beef Bolognese Pasta with Grass Fed Organic Beef (scratch-made)
Chicken Corn Dog (nitrate free)
Yogurt & Granola (vegetarian, gluten free)
Mini Rice Krispie Treat (gluten free)

Thursday, May 21

Fiesta Nachos (vegetarian) with Grass Fed Organic Beef (scratch-made, gluten free)
EUSD Cheese Pizza (vegetarian, scratch-made)
EUSD Pepperoni & Sausage Pizza (scratch-made, contains pork)
Oatmeal Benefit Bar & String Cheese (vegetarian)

Friday, May 22

Baked Potato with Cheese Sauce (vegetarian) & Toppings (gluten free)

Chicken & Waffle

Yogurt & Granola (vegetarian, gluten free)

Fresh Baked Sugar Cookie (vegetarian)

Monday, May 25 (Memorial Day)**Tuesday, May 26**

Baja Fish Taco with Tortilla Chips

Crispy Chicken Breast Sandwich

Wowbutter & Jelly Sandwich with String Cheese (vegetarian)

Wednesday, May 27

Chik'n Nuggets with Oven Baked French Fries (vegan) (vegetarian)

Stuffed Cheese Quesadilla (scratch-made, vegetarian)

Stuffed Quesadilla with Grilled Chicken (scratch-made)

Yogurt & Granola (vegetarian, gluten free)

Mini Rice Krispie Treat (gluten free)

Thursday, May 28

Pasta with Butter Parmesan Sauce and Garlic Knot (scratch-made, vegetarian)

EUSD Cheese Pizza (vegetarian, scratch-made)

EUSD Pepperoni Pizza (scratch-made, contains pork)

Oatmeal Benefit Bar & String Cheese (vegetarian)

Friday, May 29

Brunch for Lunch (French Toast & Grass Fed Pork Sausage) (scratch-made, contains pork)

Grass Fed Beef Hamburger

Black Bean Veggie Burger (vegetarian)

Yogurt & Granola (gluten free, vegetarian)

Fresh Baked Celebration Cookie (vegetarian)

Student Meal Prices:

All EUSD Students eat for Free!

Adult & Visitor Meal Prices:

Adult/Visitor Breakfast: \$4.00

Adult/Visitor Lunch: \$6.00

Daily Salad Bar:

Fresh, Seasonal, California-Grown!

Unlimited Daily Salad bars are part of every school lunch, featuring EUSD Farm Lab and grown organic lettuce and seasonal veggies!

Mondays: California Grown Tangerines & Jicama
Tuesdays: Locally Grown Sliced Apples
Wednesdays: Honeydew Melon & Locally Grown Dassi Farms Persian Cucumbers
Thursdays: California Grown Peaches & Celery
Fridays: Locally Grown Sliced Oranges
Various dressings are offered daily including a gluten free option.

Breakfast Menu

Breakfast is served daily before school. Check with your school office for specific service times. Breakfast includes a choice of entrée, fruit, yogurt, milk, and string cheese.

Monday: Banana Bread (vegetarian), Sweet Bread Concha (vegetarian) & Whole Grain Assorted Cereal (vegetarian)
Tuesday: Maple Belgian Waffle (vegetarian), Ultimate Breakfast Bar (vegetarian) & Whole Grain Cereal (vegetarian)
Wednesday: Vanilla Pancake Bites (vegetarian), Bacon & Cheese Egg Bites (contains pork) & Whole Grain Assorted Cereal (vegetarian)
Thursday: Scratch-made Chocolate Chip Muffins (vegetarian), Breakfast Sandwich (Chicken Sausage, Egg & Cheese on English Muffin & Whole Grain Assorted Cereal (vegetarian)
Friday: Hand-rolled Breakfast Burrito (Soy Chorizo, Egg & Cheese (vegetarian) Fresh Baked Chocolate Chip Scone (vegetarian) & Whole Grain Assorted Cereal (vegetarian)

School Meal Information

To view school menus, nutrition facts, and meal program information, visit our EUSD Child Nutrition Services website for more details (<https://www.eusd.net/departments/child-nutrition-services>) or download our Mobile Menu App at www.schoolcafe.com.

Lunch includes: 1 entrée, unlimited salad bar (full of local/organic fruits & veggies), locally sourced milk, and any side items. No paperwork is needed to receive free meals at school. To receive lunch, students will either scan their lunch card or enter their four-digit pin number when they go through the lunch line (both provided at the beginning of the SY). If you have any questions or concerns, please email Lea Bonelli, Director of Child Nutrition Services: lea.bonelli@eusd.net.

Food Allergies:

- A variety of Gluten Free (GF) and vegetarian entrees are offered throughout the week. Some GF entrées are GF without the bread/bun/tortilla/etc. Corn tortillas available upon request.
- We serve GF items, but our kitchens are not GF facilities.
- We do not serve any entrées that contain peanuts or tree nuts; however, we are not considered a nut-free facility. Items may be processed in facilities that also process nuts and other allergens.
- If your child needs a special meal accommodation, please fill out the Request for Special Meals Form (found in the Allergies section of the CNS webpage) and return it to your school nurse. Accommodations forms must be signed by a medical professional.

****Menus are subject to change without notice ****

This institution is an equal opportunity provider.

Cream Co. Meats: Cream Co. works with over 20 sustainable, regenerative, and organic family farms in northern California. Our beef, pork and chicken come from a variety of farms including Mary's Chicken and Beeler's Pork.

EUSD Farm Lab: Our certified organic EUSD Farm Lab provides seasonal produce for our salad bars at every school. This includes organic lettuce, carrots, cucumbers, tomatoes, corn, beets, etc. Not to mention all the tomatoes used in our scratch made pizza and pasta sauces.

Dickinson Family Farms: Based in Fallbrook, Dickinson Family Farms provides local, seasonal, and organic produce to our schools, including dragon fruit, finger limes, oranges, apples, avocados, etc.

Hidden Foods: Started by an Encinitas USD mom, Hidden Foods packs nutrition and "hidden" fruits and veggies into their delicious breakfast muffins served to our students.

Lopes Family Farms Rice: This family-owned organic farm in Princeton, California, utilizes an ancient Chinese rice farming technique that incorporates ducks into the cultivation of brown rice. The ducks eat weeds and bugs while enriching the soil with nitrogen and organic matter. Their organic rice can be found in a variety of EUSD entrees.

Boar's Head: High quality deli meats and cheeses, free of preservatives and nitrates, while also using whole muscle proteins. Their turkey and cheeses can be found in our deli sandwiches, grilled cheeses, quesadillas, and on our salad bar.

Giusto's Organic Flour: Based In San Francisco, Giusto's high quality, organic flour (wheat and all-purpose) is used in our pizza dough and fresh baked goods.

Dassi Family Farm: Based in Leucadia and San Marcos, Dassi Family Farm is a local, sustainable greenhouse providing delicious, seasonal tomatoes and cucumbers for our salad bars.