

May Snack



Monday	Tuesday	Wednesday	Thursday	Friday
				1 Goldfish Cheddar
4	5	6	7	8
Giant Cinnamon Grahams	Pizza Crackers	Goldfish Pretzels	Nacho Poptillas	Wheat Crackers
11	12	13	14	15
Wheat Crackers	Ranch Crackers	Educational Snacks	Wheat Crackers	Poptillas
18	19	20	21	22
Goldfish Cheddar	Nacho Poptillas	Honey Graham Crackers	Ranch Crackers	Goldfish Cheddar
25	26	27	28	29
No School	Wheat Crackers	Goldfish Pretzels	Nacho Poptillas	Goldfish Cheddar

Snack Includes:

All snacks meet 1oz eq Whole Grain, 1 oz eq M/MA, 3/4 C Fruit, and/or 3/4 C Vegetable
 Fruit Rotation: 100% Fruit Juice 6 oz, Apple (3/4 Cup), Orange (3/4 Cup), Pear (3/4 Cup)
 *All fruits meet 3/4 cup equivalent
 *All Grains Are Whole Grain Rich

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