



BOUND

www.gobound.com

ATTENTION ATHLETES, PARENTS & GUARDIANS!



You are responsible for uploading a physical dated after **April 1, 2026** into BOUND in order to participate in athletics at your school for the **2026–2027** school year.

✔ IMPORTANT PHYSICAL REQUIREMENTS

- You will only need to upload **PAGE 4**.
- Please make sure that all information is completed and it is signed by **BOTH** a doctor and a parent/guardian at the bottom.

HOW TO UPLOAD YOUR PHYSICAL ON A COMPUTER

1

Go to www.gobound.com.



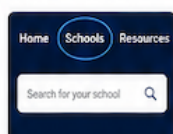
2

Click on the state, **Kansas**.



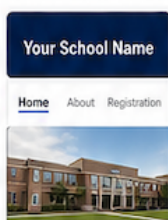
3

Click on 'Schools' across the top, and search for your school.



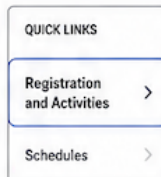
4

Click on their 'Home' page.



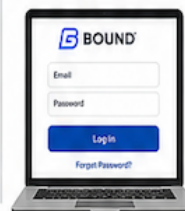
5

Click on **Registration and Activities**.



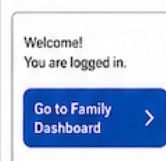
6

It will then prompt you to log into BOUND. Please use the email and password that you have used to create your account.



7

Click 'go to family dashboard.'

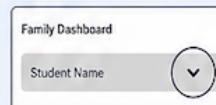


REGISTER FOR ALL ACTIVITIES YOU ARE PARTICIPATING IN FOR THE 2026–2027 SCHOOL YEAR.



Once you start registration, everything entered from the 2025–2026 school year should copy over. To edit info, click on the arrow by the child's name (in silver bar on the left side of the screen).

Please reach out to your school or to BOUND if you have any questions.



NEW TO BOUND?

If you are new to bound and have not set up your family dashboard, you will need to do that prior to registering for activities.



♥ Thank you for helping us keep our athletes safe and ready to compete!