



O'Connor Community Schools

The O'Connor Community Schools Summer Running Camp is designed to help athletes in the O'Connor community maximize their running potential. The camp is open to all runners that will be entering the 6th grade thru 12th grade.

Camp Facilities: The 2026 summer camp will be held at O'Connor HS utilizing the track and surrounding neighborhoods.

Camp Coaches: The camp will be run by the O'Connor Cross Country coaching staff.

Dates: June 1st through July 30th. We will meet Mondays through Thursdays and Saturdays starting at 6 am. It is recommended that younger or less-experienced runners manage their daily workload until they have progressed in their training. Saturday practices will take place off campus, meeting at 6 am at Deem Hills Park.

Cost: \$75 per athlete or \$125 per family of multiple athletes. Make checks payable to **O'Connor Cross Country Community Schools**. For other questions please contact Coach Chavez by email at Kellen.Chavez@dvusd.org

Other: Proof of completion/passing of Brainbook for any new athletes that have not competed at O'Connor. If you completed/passed the course in 6th/7th/8th grade provide a copy of the results. If you have never completed/passed the course go to <https://aiaacademy.org/> and no matter your age register and follow the directions for HS and choose O'Connor HS.

Registration Form:

Athlete Name _____

Athlete Cell Number and e-mail _____

Parent Authorization:

WAIVER OF LIABILITY

I understand that my participation in the Summer Running Program involves risk and dangers of serious and permanent bodily injury or death. I understand that there may be times when a Coach is not present for the entirety of every run. I verify that my child has been checked by a licensed physician and is physically able to participate in all activities. I hereby waive and release the Coaches and Sandra Day O'Connor High School from any and all liability.

Parent/Guardian Name _____

Parent/Guardian Signature _____ **Date:** _____

Parent e-mail: _____

Emergency contact number _____