



2026-27 OPEN ENROLLMENT: May 4 – May 22, 2026

The open enrollment period is your opportunity to make changes to your medical, dental, or vision plan, as well as to enroll in or change available voluntary plans. Changes are effective July 1, 2026, through June 30, 2027. During Open Enrollment, benefit-eligible employees can:

- Change medical, dental, vision, and voluntary plans (change plans or add/remove dependents)
- Enroll or re-enroll in the Flexible Spending Account (FSA)
- Update beneficiary(ies)

Benefit-eligible employees can log onto BenefitBridge during this time and make changes to medical, dental, vision, Madison National Voluntary Life Insurance, MetLife Legal, ID Theft, and Colonial Hospital Indemnity plans.

[BenefitBridge Website](#)

[BenefitBridge Instructions](#)

If you do not wish to make any changes, your current plans will automatically continue. It is still recommended that you log in to BenefitBridge to review your current benefit elections and beneficiaries.

For assistance with BenefitBridge or password resets, call BenefitBridge Customer Care at 800-814-1862, Monday - Friday, 8:00 am to 5:00 pm. For questions related to benefits, you can email benefits@puhsd.org, call 951-943-6369 ext 80284 or call Keenan & Associates at 800-654-8347, ext 1168 or 1171.

In-Person Health & Safety Fair Information:

The annual Health & Safety Fair will be held on Thursday, May 7th, from 2:00 – 5:00 pm at:

**Pinacate Middle School Gymnasium
1990 South A Street
Perris, CA 92570**

Representatives will be available to provide information and answer questions about our plans. Learn about the full array of benefits available to you and how you can best take advantage of our programs. Door prizes, benefits updates, raffle giveaways, and more will be available at the event.

Insurance Rates: View rates for medical, dental, and vision plans by using the [rate calculator](#) on our District website.

Appointments for Plans Not Included in BenefitBridge:

American Fidelity (AFA) - Flex 125 Plan **(must renew to continue)**, Disability, Life, Accident, Cancer, and Critical Care Insurance. An American Fidelity representative will be coming to each site during Open Enrollment to allow employees the chance to meet with them in-person to discuss current/new benefit plans. Schedule your appointment [here](#).

The Standard - Disability and Life Insurance (PSEA only.) *Links to schedule a Virtual Appointment with The Standard:* [The Standard Virtual Appointment](#), contact [Jason Miller](#), PSEA President, or [Gabriela Lopez](#), PSEA IAC member, for additional information.

Pacific Educators - Disability, Life and Cancer Insurance. *Link to access the online application for:* [Pacific Educators](#)

Employees with disability coverage should consider updating their salary information to ensure the appropriate monthly benefit amount in the event of a claim.

PLAN UPDATES & RESOURCES



New! Wondering which plan to choose this year?

Feeling stressed about the benefits selection process? Good news: you have access to your very own benefits pro, ALEX. All you have to do is answer a few short questions about your anticipated health insurance needs and usage, and ALEX will help you find the best plan to fit your needs and budget.

<https://start.myalex.com/puhsd>

Medical Plans

IVF Legislation: With the passage of SB 729, medical plans are required to provide certain coverage for infertility and fertility services, including artificial insemination, IVF, and fertility drugs as medically indicated. Select your medical plan below for additional information:

[Anthem](#)

[Kaiser](#)

Anthem Blue Cross HMO, HSA & PPO:

NEW for Anthem HSA Members - As a result of updated legislation, the current Health Savings Account (HSA 1650) plan will see an increase in the deductible from \$1,650 individual/\$3,300 family to \$1,700 individual/\$3,400 family effective July 1, 2026. Therefore, the HSA 1650 plan will now be referred to as the HSA 1 plan.

IMPORTANT – your medical plan election is valid July 1, 2026 through June 30, 2027. If you select a narrow network, (**HMO20 Select**, **HMO30 Select** or **HMO40**), please be advised that Anthem updates these network providers on January 1st each year. You will be notified if your provider is leaving the network, but will be unable to change medical plans until the next annual open enrollment, unless you experience a qualifying life event.

Express Scripts (ESI) Prescription Drugs

IMPORTANT MESSAGE for Anthem Blue Cross Members

The prescription drugs for ALL Anthem Blue Cross members are provided through Express Scripts (ESI). When enrolled in Anthem Blue Cross, the member will receive an Anthem Blue Cross Identification Card (ID) and, in separate mail, will receive an ESI ID card. Anthem Blue Cross members must use their ESI ID card when purchasing prescriptions at the pharmacy. If a member tries to use their Anthem Blue Cross ID, the member will be advised they do not have prescription coverage.

Employee Assistance Program (EAP) [Compsych EAP Flyer](#)

ComPsych EAP provides our EAP services, and offers enhanced support and resources to our employees. The Compsych EAP is provided to **all employees** of the district and all immediate family members living in your household.

- **Note:** The Compsych EAP benefits are **separate** from the mental health and substance abuse benefits available through Anthem or Kaiser plans. Compsych will provide a maximum of eight (8) face-to-face counseling visits for all employees, even if they are not eligible for health benefits through the district.

REEP Wellness Program – OMADA Health [OMADA Flyer](#)

Omada Health program is focused on diabetes/hypertension and weight management and is offered to PUHSD employees enrolled in either Anthem or Kaiser Permanente who qualify to participate. The goal of this program is to help members:

- Lose weight (and keep it off) with small, sustainable lifestyle changes
- Build strategies for healthy eating, activity, sleep and stress management
- Reduce the risk of developing type 2 diabetes, heart disease and stroke

- Hypertension Specialized Coaching
- Best in class musculoskeletal program
- Expert Physical Therapists anytime, anywhere

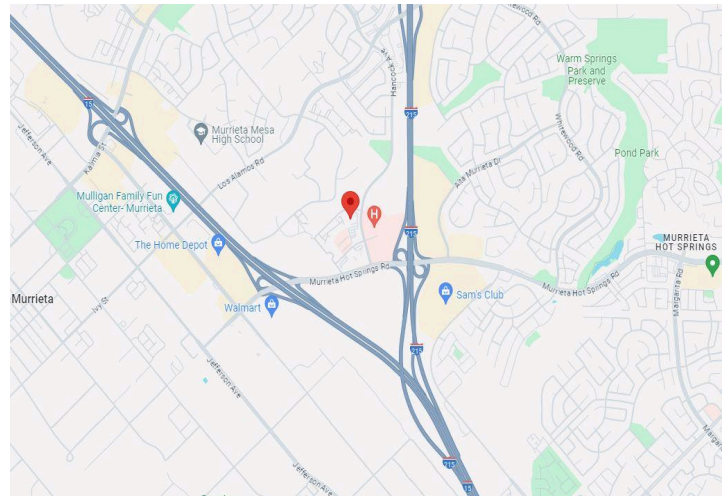
REEP Health Center for Anthem PPO, HSA and MVP Members

For **Anthem PPO, HSA and MVP members**: REEP partnered with Everside Health Health Center in 2024 to open a health center in Murrieta, at **25395 Hancock Ave. Suite 200, Murrieta CA 92562**.

Everside Health Center covers up to 90% of your comprehensive and primary care needs with virtually no out-of-pocket costs (\$0 copay for all preventive services for PPO and HSA plan participants, \$0 copay for non-preventive services for PPO members, and only a \$10 copay for HSA plan participants). Everside providers are dedicated to your healthcare and are easy to reach by phone or video.

Services include, but are not limited to:

- Annual physical exams
- Chronic condition management
- Full-scope family medicine
- Men's and women's health
- Mental health screenings
- No cost onsite lab work
- School and sports physicals
- Select onsite medications at little to no cost
- Sick and urgent care
- Same and next day appointments
- 24/7 phone access to care team for urgent needs



REEP Value Added Benefits:

TruHearing Discount Program

All REEP members have access to hearing aids at a far reduced price through the TruHearing Discount Program. REEP members can shop state of the art hearing aid technology at a savings between 30% to 60% off. Call TruHearing at (844) 524-3976 Monday through Friday, 8am – 8pm, For TTY, dial 711.

Transcarent for Anthem PPO/HSA/Minimum Value Plan Members

This program incentivizes the use of Centers of Excellence for elective surgeries such as cardiac, general, joint replacement, orthopedic, spinal, women's health, etc. If PPO/HSA/MVP members are referred for surgery, you can contact Transcarent at (844) 643-0606 to be guided to facilities and providers who are performing in the top 25% for that specific surgery.

- If you opt to use the Transcarent program for your surgery, PPO/MVP members will have your deductible and coinsurance waived. HSA members will be subject to the deductible however, your coinsurance will be waived and you will receive a "care allowance" of \$1,700 on the HSA1 plan.

- If you are traveling to a facility over 100 miles away, travel expenses are covered for the member and a companion to travel with you (includes airfare, lodging, and incidentals).
- Members can call and receive a second opinion at no charge, and you can decide not to move forward if you would rather pursue a different course of action (This is a great benefit of the program).
- Members must call to begin the process; there is no outreach.

Additional Voluntary Benefits:

Colonial Medical Bridge (Hospital Indemnity)

There are four (4) Hospital Indemnity plans to choose from, which could help pay for out-of-pocket medical expenses, such as deductibles, co-payments and other expenses, and will also reimburse you for some preventive screenings. You can view the details of the available plans and/or elect to enroll in a Hospital Indemnity plan online through BenefitBridge.

Identity TheftPROTECTOR

For just \$12.00 tenthly you can protect your entire family against identity theft and fraud. Information on this valuable benefit option is available on BenefitBridge.

Metlife Legal Plan [Metlife Legal Overview](#)

For \$22.20, deducted tenthly, the Metlife Legal plan gives you access to experts who can assist you with a broad range of legal needs. Information on this valuable benefit option is available on BenefitBridge.

Madison National Life Voluntary Life Insurance

During Open Enrollment, you may enroll in life insurance or increase your existing coverage for yourself and your eligible dependents. If you are enrolling in life insurance, you may apply coverage in increments of \$10,000 to a maximum of \$500,000 or 5 times your salary. Spouses are eligible for coverage that matches up to 100% of the employee's coverage amount, with a maximum of \$500,000 or 5 times your salary. You may also apply for supplemental life coverage for your child(ren) to a maximum of \$10,000 only if you are also covered.

Election of additional life insurance will require the completion of a Statement of Health (SOH) form. You will be prompted on BenefitBridge to download the SOH form. The completed SOH form should be sent to Madison National Life for approval.

If you wish to enroll in any of the Madison National Life plans, and if a husband and wife are both eligible employees of PUHSD, the following options are available: a) they may each be insured as an employee, or b) one may be insured as an employee and insure the other as a spouse. Children may be covered by either the husband or the wife, but not both.

Please Note: When applying, if you do not complete the required Statement of Health Form (SOH), you and/or your dependents will not be approved and will not be enrolled in Voluntary Life insurance coverage.

Madison National Life Voluntary Accidental Death & Dismemberment (AD&D) [AD&D Policy Overview](#)

Accidental Death & Dismemberment (AD&D) insurance provides an extra layer of protection if you die or become dismembered in an accident. You can also purchase Voluntary AD&D for your eligible dependents such as your spouse and child(ren).

You may elect this insurance or increase your current benefit, not to exceed 10 times your annual income or \$500,000, at an affordable cost.

If you wish to enroll in any of the Madison National Life plans, and if a husband and wife are both eligible employees, the following options are available: a) they may each be insured as an employee, or b) one may be insured as an employee and insure the other as a spouse. Children may be covered by either the husband or the wife, but not both.

Remember to Update Your Beneficiaries!

A beneficiary is the person or persons who will be paid if you die while covered by the plan. A person becomes your beneficiary only if you have named them when you enrolled. It is important to keep this information current. You may change your beneficiary at any time by logging into BenefitBridge.

Voluntary Pet Insurance through Nationwide

Another popular voluntary plan offered is Pet Insurance through Nationwide. Nationwide's My Pet Protection pet insurance helps cover veterinary expenses, providing your pets with the best care protection. All enrollments are done by logging into Nationwide's link below. Premiums are paid directly to Nationwide and not payroll deducted.

Easy enrollment:

There are two simple ways for employees to sign up for this plan:

1. Go directly to the dedicated URL: <http://benefits.petinsurance.com/puhsd>
2. Call 877-738-7874 and mention you are an employee of Perris Union High School District to receive preferred pricing

Plan details and other information can be found on the district website: <https://www.puhsd.org/employee-benefits>