

CONSTANTINE PUBLIC SCHOOLS

Code of Conduct for High School & Middle School Athletes

*Link to this Document can be found on www.homeofthefalcons.com



Constantine Middle School:

- **Fall: Cross Country 6-8, Football 7-8, Cheer 7-8, Volleyball 7-8**
- **Winter: Basketball 7-8, Cheer 7-8 , Wrestling 6-8**
- **Spring: Track 6-8**

Constantine High School

- **Fall: Football, Soccer, Cheer, Cross Country, Volleyball**
- **Winter: Basketball, Wrestling, Cheer**
- **Spring: HS Baseball, HS Girls Soccer, HS Golf, Boys & Girls Track, HS Softball**

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PREAMBLE

As a part of the Michigan High School Athletic Association (MHSAA), the Constantine Athletic Department has adopted the philosophy of "Educational Athletics." In doing so, this Code of Conduct is written to reflect those beliefs which include:

- Interscholastic athletic competition is an extension of the classroom and an educational activity that provides outstanding opportunities to teach life lessons.
- Through participation in such programs, young people learn values and skills that help prepare them for the future.
- Leadership, goal setting, teamwork, decision making, perseverance, integrity, sacrifice, healthy competition and overcoming adversity are inherent in the interscholastic athletic framework and also support the academic mission of schools. The Constantine Public Schools Five Core Values are a central part of our athletic department and its programs and those values are an expectation of everyone associated with the Constantine Public Schools Athletic Department at all times.
- Student-athletes earn the privilege to participate by succeeding academically, and the resulting positive outcomes continue far beyond graduation.
- These programs exist to prepare young men and women for the next level of life, not the next level of athletics.
- Wins are achieved through athletics by developing successful athletes and teams, but more importantly, wins are achieved through the educational experience by developing successful and responsible students, leaders and community members.
- The positive educational outcomes of interscholastic athletics do not happen by chance. They happen because teacher-coaches and school administration adopt an intentional and purposeful approach to the interscholastic athletic experience.

JURISDICTION OF THE CODE

- 1) This Code of Conduct will become effective when a student reaches sixth grade or first enrolls at CPS, after the sixth grade. All students are under the jurisdiction of this code regardless of their current athletic status. All students will be held to this code of conduct at all times.
- 2) The Code is considered a 24 hour a day, 7 day a week, 365 days a year policy. Student-athletes are to abide by the code at all times.
- 3) Student-athletes will sign the code of conduct at the beginning of their 6th grade year, or upon enrollment in the middle school, and that signature will be in effect until the end of their eighth grade year. At the end of 8th grade, or upon enrollment in our high school, they will again sign the code of conduct and this signature will serve as their acknowledgement of the Code until their final season of their senior year is complete.

BEHAVIOR OF AN ATHLETE

Included in the following guidelines are items that have been developed by the Michigan High School Athletic Association and Constantine Public Schools. It is expected that the athletes in Constantine Public Schools adhere to these demands.

A. The contest demands:

- 1) Fair play at all times.
- 2) Playing for enjoyment and for the success of the team.
- 3) Commit to being a team player at all times.
- 4) Keeping one's head and playing the game appropriately.
- 5) Respect for officials and the expectation that they will enforce the rules.

B. The school demands:

- 1) Out-of-school and out-of-town conduct of the highest type.
- 2) Faithful completion of school work as practical evidence of loyalty to school and team.
- 3) Complete observance of training rules as duty to school, team and self.
- 4) Exemplary behavior in classes and in and around the school.
- 5) Fulfillment of school requirements and commitments as priorities over athletic commitments.
- 6) Good behavior at all times in all circumstances is an expectation.

C. Sportsmanship demands:

- 1) Good Citizenship within the school and community.
- 2) Respect for yourself, your team, opponents, officials and coaches.
- 3) Playing by the rules.
- 4) Conducting yourself appropriately at all times, either on campus or off campus.
- 5) Positively support your school, community, coach and teammates.
- 6) Be humble in victory, and gracious in defeat.

RULES AND REGULATIONS

The following aspects of conduct will result in appropriate consequences as these rules and regulations have been adopted by CPS as crucial to the Conduct of an Athlete.

A. Tobacco, Alcohol, Drugs

Medical research clearly substantiates the fact that the use of tobacco, alcoholic beverages and abusive drugs produce harmful effects on the human body.

All athletes must adhere to the following standard training rules and regulations.

- 1) No possession or use of any type or form of tobacco.
- 2) No possession or consumption of alcoholic beverages.
- 3) No unauthorized possession or use of drugs, including prescription/non-prescription.
- 4) No possession or use of illegal performance enhancing drugs.
- 5) No possession or use of vaping/electronic cigarettes and associated paraphernalia including any liquid used in such devices whether it contains nicotine or not.

B. Observance of village, township, county, state and national law

- 1) Failure to abide by local laws and regulations could result in a violation of the athletic code of conduct, regardless of criminal charges being filed. Such acts include but are not limited to: theft, assault, harassment, distributing/possessing/posing for explicit pictures, destruction of property, hazing, and gambling.

C. Technology

As technology has advanced, so have the potential problems that this creates. It is important for athletes to understand that improper use of technology can have an adverse affect on them.

- 1) Taking and posting a picture/video of a code violation to any form of social media or the picture coming to light to proper authorities is an athletic code violation to the student posting the picture/video.
- 2) A student athlete who is seen in a picture/video of them violating any code violation will be subject to discipline according to the athletic code of conduct.
- 3) Student-athletes may not post any content online that is unsportsmanlike, derogatory, demeaning, or threatening toward any other individual, teammate, coach, faculty member, or entity, including but not limited to: derogatory comments regarding another school, taunting comments aimed at a student-athlete, coach, or team at CPS, or another school.

- 4) No posts should depict dishonorable behavior. Media posts should not encourage unacceptable or illegal activities including but not limited to: hazing, sexual harassment/assault, explicit photos, gambling, discrimination, fighting, vandalism, academic dishonesty, underage drinking, or illegal drug use.

D. Conduct Unbecoming of an Athlete

Student-athletes are held to a high standard. If a student finds themselves in one of the situations above, they are expected to make every effort possible to immediately and completely remove themselves from the situation and/or premises, and notify a school official, including but not limited to, teacher, coach, counselor, or administrator, as quickly as possible. Failure to do so could result in a violation.

CONSEQUENCES FOR VIOLATING RULES AND REGULATIONS (See letter in Appendix "A")

When a decision has been made that an athlete is guilty of violating the athletic Code of Conduct, whether in season or out of season of competition, that athlete will be subjected to one or more of the following penalties:

1st Offense

At a minimum, an athlete will serve a suspension from the **next 1/3 of interscholastic contests**. This will be based on the number of regular season scheduled competitions. When a competition schedule has been altered after the season has started, it could impact the number of suspended contests. Partial dates of competition will be left to the Athletic Director's discretion. Athletes serving a suspension will be required to complete the season in order to satisfy any of the suspension. Additional discipline could include, but not limited to:

- Forfeiture of his/her athletic award
- Dismissal from the team/squad
- Referral to a testing agency or rehabilitation program
- Required to do community service – number of hours determined by school administration

*If a student confesses guilt as defined under "The Determination of Guilt" section below, he/she may have their suspension reduced. This will be at the discretion of the Athletic Director and will only be allowed for a 1st offense.

2nd Offense

In the event an athlete is found guilty of a second violation of the Code of Conduct the athlete will be subjected to the same consequences as above with the exception that the minimum game suspension will be **2/3 of interscholastic contests** for their current/next season of participation.

3rd Offense

In the case of a 3rd violation the athlete will be suspended from all athletics at Constantine Public Schools for the **remainder of their career**. An appeal for reinstatement can be made after one calendar year and completion of a "plan of action" with the Athletic Director to make sure the athlete's behavior meets the expectations of CPS.

Other aspects of Suspensions

- 1) Should a suspension be administered at the end of a season in which it cannot be fulfilled or for any other reason it cannot be fulfilled, it will be completed in the next participating season. A suspension will only be considered fulfilled if the athlete remains a member of the team for the entire season.
- 2) Suspensions from games include regular season and postseason MHSAA tournament games.
- 3) Should a student transfer to another school district, a copy of the code violations and suspensions shall be forwarded with the student's academic records.
- 4) 1st, 2nd, & 3rd offenses are specifically for a student-athlete's time at the middle school and the high school independently of one another. Every student-athlete shall begin their high school experience as a

student-athlete with a clean behavioral and academic slate.

- 5) The district shall request that any athletic code violations be part of the required academic records requested from the school(s) of transferring students. If it is found that the violations are consistent with the CPS Code of Conduct then those violations will be honored by CPS upon their enrollment as a CPS student.
- 6) Should a student transfer to another school district and then return to Constantine, the code suspension shall be completed in the next season of participation unless Constantine's discipline requirements have been met in another district.
- 7) A second violation that takes place while serving the first violation will require the athlete to serve both suspensions fully but separately of one another.
- 8) A student who is serving a suspension for a code violation may not serve their suspension while being deemed academically ineligible.
- 9) A student who cannot serve a suspension due to other circumstances will have to serve their suspension when those circumstances change and they are able to serve. These circumstances could include, but are not limited to, injuries and academic ineligibility.
- 10) Any other circumstances not addressed in the code will be considered on an individual basis by school administration.

DETERMINATION OF GUILT OF VIOLATIONS

Athletes who allegedly violate any of the above rules and regulations will be handled as follows:

- 1) When it is reported to the Athletic Director, administrator, a staff member, or coach that an athlete has violated a training rule, that person must start an investigation by reporting it to the Athletic Director or their designee.
- 2) The athletic director and/or the building principal along with anyone else the AD/Principal deem necessary will meet with the athlete. At this time, the athlete is made aware of the reported violations.
- 3) If it is determined that an athlete has committed a violation, parents will be notified of the violation(s) within 24 hours by a phone call and an email (whenever possible) along with sending the letter home, but consequences will be administered regardless.
- 4) Parents and athletes have the right to appeal the violation/consequence within 2 days of notification from the Athletic Director or their designee.
- 5) When the Athletic Director or their designee works to decide whether or not a violation has occurred, they will use at least one of, and possibly a combination of, the following evidence to make that determination.
 1. Confession (before any evidence is found or any investigation has started)
 2. Admission of guilt
 3. Police report
 4. Adult witness willing to go on record
 5. Physical Evidence

APPEAL PROCESS

In any disciplinary matter, athletes are assured of the due process. If a student chooses to appeal, they will not participate in athletics until the process is over. The process will follow the guideline below:

- 1) The athlete may appeal using the following process:
 - a) Appeal in writing (email is acceptable) to the Athletic Director within two school days of notification of violation.
 - b) The Athletic Director will initiate the appeal process by notifying the Athletic Council. The Athletic Director or designee, will have three school days to communicate with the family and hear the appeal as a part of the Athletic Council.
 - c) After hearing the appeal, the Athletic Council will have two school days to rule on the appeal.

- d) The decision of the Athletic Council is final.
- 2) Members of the Athletic Council will be selected on a yearly basis by the Athletic Director. The council will be made up of five members that will include the following:
- a. Superintendent*
 - b. Building Principal**
 - c. School board member (member of the policy committee)
 - d. Varsity girls coach***
 - e. Varsity boys coach***

Note: If any of the above have any personal stake in the appeal process, they will be recused and replaced by an appointee of the Athletic Director.

*The Superintendent is assigned the role of liaison; in charge of communicating with the board, families that may appeal, and the entire Athletic Council.

**The building Principal representative will be from the building (MS or HS) that the students are not a part of.

***If a coach has an athlete involved in the violation, they will recuse themselves for an alternate selected by the Athletic Director.

ELIGIBILITY FOR COMPETITION

A. Academics

A student who is academically ineligible shall not participate in athletic events but is required to attend all practices and strength training sessions, as well as be required to attend one tutoring session after school during the week of their ineligibility as an attempt to take advantage of personal tutoring to improving their academic performance. Coaches, with approval from the athletic director, can determine how much ineligibility they will allow before removal from the team.

1) Current Semester Record

An athlete must be passing 6 out of 7 classes with a 60% or better. If the number of course offerings changes, then the code will be amended to reflect the new requirement. Eligibility is reviewed every other week on Friday, starting with the 4th Friday of each semester. Athletes will be given until the following Monday at noon to boost their grade(s), thus remaining eligible for the remainder of that week. Once it is determined that an athlete is ineligible, they shall remain ineligible beginning at noon on Monday of the following week through the following Sunday. On Friday of the following week another eligibility report shall be run on the following Friday, only for those athletes who were not eligible, as an opportunity for them to regain their eligibility and thus, participate in the next week of competition (Monday through Sunday) if they are failing not more than one class.

2) Previous Semester Record

At the conclusion of each semester, any student failing to meet the above academic standards, as defined by the High School, will be ineligible for **one-third of their current or next season** as determined by the athletic department. Students may use credit recovery to regain eligibility. Students will sit until the eligibility requirements are met. If a student fails two or more classes at the end of a semester, they must sit out 60 school days per MHSAA policy.

B. Physical Examination

In order to be eligible for preliminary practice sessions and therefore interscholastic competition, a student must have on file, a physician's statement for the current school year, which needs to be completed after April 15th of the previous school year certifying that the student has passed an adequate physical examination. Any additional required forms must also be signed and submitted to the coach prior to being allowed to participate in practices, conditioning sessions, or competitions.

C. Code of Conduct

Students and parents must sign Code of Conduct Forms at the beginning of 6th grade and beginning of 9th grade, or upon enrollment as a new student at Constantine Public Schools. This form must be returned, signed by the student-athlete and guardian, turned in to your coach or the athletic office and on file in the Athletic Office before you compete in any interscholastic contest.

D. Other Standards

In order to be eligible for athletic competition, a student must conform with all additional regulations as outlined by the Michigan High School Athletic Association. These regulations include specific enrollment, age, seasons of competition, number of semesters of enrollment and transfer requirements.

E. School Suspensions

An athlete who has been suspended from school or served In-School Suspension will be ineligible for practice(s) and/or competition(s), as well as all other official team functions held on that day. Should a practice(s) or competition(s) occur on a day when school is not in session, the athlete shall not participate. An athlete must return to school, per section "F" below, before returning to practice or competition.

F. Athletic Attendance Policy

Athletes are expected to maintain regular attendance in the following areas:

- In general, a student must be in school a full day in order to be eligible to participate in practice/athletic events that afternoon or evening. Exceptions may include but are not limited to an approved pre-excused absence, a family emergency, a court appointment, or a written excuse from the doctor. A parent calling in does NOT constitute an excused absence from school unless extenuating circumstances exist. Final determination will be made by the athletic director and/or principal.
- Athletes are expected to maintain regular attendance for all team functions, including meetings, practices, contests, strength training sessions, etc.

Exceptions may be made on a case-by-case basis by the head coach; must be approved by the Athletic Director.

1. All athletes will attend every practice and assigned strength training session. If an athlete is injured and has a medical note from a doctor, that athlete must still attend practices and the 2 strength sessions each week.
2. If an athlete is in school and cannot attend a practice or strength training session after school, he/she must report to their coach to be excused from practice before the practice begins. Missing a practice or practices for any reason, which was excused may still result in a participation consequence of the coaches determination.
3. If the athlete is **not excused** by their coach or misses a practice even though he/she has a legitimate reason for missing he/she will be disciplined as follows:
 - a. First offense:
There may be a playing time consequence for the next competition. *Others on the team who were there and should be rewarded for their commitment. It is not equitable for any member of the team not to be in attendance at a given practice without receiving a reduction in participation in the next competition.
 - b. Second offense: The athlete must meet with both the coach & athletic director for clarification of additional consequences after the first not excused offense. The athlete will miss 10% of the remaining competition dates. The athlete must complete both strength sessions before the end of the day Friday, plus complete coach-specified extra conditioning, etc.
 - c. Third offense: The athlete will miss the next 25% of the remaining competition dates or may be dismissed from the program. In such a case, the athlete shall miss 25% of his/her next sport season + be required to meet with the coach and athletic director.
4. Detentions are not excused absences with respect to playing time consequences but do not fall into the missed practice category above so long as the athlete reports to practice within 10 minutes of the conclusion of the detention.
5. Any student-athlete who has been assigned a Saturday school, but does not attend the Saturday school, which results in the student athlete being suspended from school, that absence will be considered unexcused.
6. If it is judged that an athlete is purposely harming teach chemistry, violating rules, etc in an effort to intentionally

get kicked off a team, the athlete may be removed from the team and will miss 33% of his/her next sport season at the discretion of the athletic director.

7. If an athlete misses more than 20 minutes of the school day, they may not be allowed to practice or participate in a competition on that day. This may include situations where a student-athlete has a doctor, dentist, or court excuse that was NOT pre-arranged. Final determination will be made on a case-by-case basis by the athletic director and/or principal. For example, pre-arranged appointments located a considerable distance from the high school may be considered).
8. An athlete could no longer be eligible for athletics for the rest of the school year if he/she has chronic discipline issues or is chronically suspended from school. A fifth discipline log entry or third suspension from school makes an athlete susceptible to this consequence. Determination will be made by the Athletic Director and Principal.
9. All CHS student-athletes who are members of any team in a sport having an MHSAA sponsored tournament is responsible for participating in our in-school strength classes or attending at least two strength sessions per week under the supervision of the CHS Strength Coach. An athlete's failure to satisfactorily participate in the strength class or meaningfully attend at least two strength training sessions each week will result in them being ineligible for competition the following week.

G. Restrictions

No ineligible athlete shall be in any Constantine athletic uniform on the day of an athletic contest. The coach shall determine appropriate attire.

H. MHSAA Rule on Dual Roster Participation

If an athlete is on a Constantine High School team roster, that athlete is NOT allowed to be on the roster for, compete for, or even practice with any travel, all star, etc team of the same sport during the time that the high school sport is in-season. This is an MHSAA rule that if violated, may result in Constantine High School's team being disqualified from every contest that a dual roster athlete competes in.

MISCELLANEOUS SUBJECTS

A. School Equipment

An athlete:

- 1) Is financially responsible for all of his/her equipment that is issued.
- 2) Should treat all equipment as though it were his/her personal property.
- 3) Should follow his/her coach's direction concerning uniform care.
- 4) Is not to participate in any sport until he/she has accounted for all of his/her equipment from preceding sports.

- 5) Upon completion of the athletic season the coach will turn a list into the Athletic Director of all athletes not accounting for their equipment. Students who fail to return equipment may not receive academic acknowledgements, up to and including withholding of their diploma.

B. Quitting a Team

1. An athlete who wishes to quit a team before or after 1st date of competition starts must:
 - a. Any athlete quitting a sport following the 1st date of competition shall not be allowed to participate in that sport for the remainder of that season or participate in any other sport that is being played during that season. In addition, the athlete will miss 33% of his/her next sport's season.
 - b. Turn in all equipment and uniforms issued from that team. This includes reimbursing the athletic department for unreturned or damaged equipment. Failure to comply will prohibit the athlete from participating in another sport until these requirements are fulfilled.
 - c. Not be allowed to participate in a new sport during the time in which the sport he/she dropped from is competing or practicing unless it is determined by the school administration, with consideration of the coaches involved, that it is in the best interest of the student athlete to choose to transfer to another sport.
 - d. If an athlete quits or is dismissed from a team for disciplinary reasons he/she will forfeit their right to a certificate, pin, letter, etc. for that sport and shall not be eligible for the first 33% of their next sport season competition dates.

C. Practice Regulations

An athlete should attend all practice and strength sessions unless:

- Illness prevails, causing the athlete to leave school – must communicate with the coach about issues right away.
 - Excused by the coach (sport coach and/or strength coach).
 - A family emergency arises, which is communicated to the coach as soon as possible.
- 2) Missing practices, strength session, or an interscholastic contest without a valid reason may result in:
 - Suspension from a specific number of interscholastic contests.
 - Forfeiture of the athlete's awards and eligibility for a portion of their next sport season if the athlete does not complete the season.
 - Dismissal from the team, resulting in loss of eligibility for a portion of their next sport season.

D. Constantine Athletic Department Strength Program: Participation in this program is an expectation for all 9th-12th grade athletes at CHS who are participating in any sport that involves an MHSAA tournament associated with that sport.

- All Constantine Athletes are required to attend at a minimum of at least **two** of our strength & conditioning days each week.
- To maximize practice time for dual sport athletes, those not enrolled in the strength training class **MUST** complete their two strength training sessions each week in the mornings, before the start of the school day.
- If there is a situation where there are three or fewer days of school, the requirement will always be only one day of strength training for that week, regardless of how many competitions a team has scheduled.
- If an athlete cannot make a scheduled time, that athlete can make up that session any time with their coach

E. Locker Room Procedures

- 1) An athlete is responsible for his/her valuables. Athlete should have a lock for his/her locker and locker must be locked.
- 2) Conduct in the locker room should reflect the mature judgment of young student-athletes. Horseplay will not be tolerated.
- 3) No cameras or similar technology shall be used in the locker room areas.

F. Appearances/Hygiene

All athletes will be expected to be neatly and appropriately dressed and groomed when traveling to and from athletic contests during competition. No part or aspect of an athlete's appearance should in any way impede or impair his/her ability to compete nor endanger his/her safety. Effective habits of hygiene should be used by athletes in order to maintain health and stop the potential spread of communicable diseases.

G. Travel

All athletes will travel to athletic contests with the team. Any other travel plans to a contest must be cleared with the coach and/or the Athletic Director/school administration. Parents or a parent designee may sign out their student/athlete after an away contest. Alternate transportation from an away contest must be approved by the coach. Any student wishing to ride home with an adult other than their parent/guardian requires written permission given to the coach. NO HIGH SCHOOL STUDENTS are allowed to transport themselves and/or other students to an away MHSAA sponsored athletic contest.

H. Potential Dangers in Athletic Participation

Parents and student athletes should fully understand and appreciate the risk of serious personal injury associated with participation in the educational sports programs provided by Constantine Public Schools. Supplemental athletic injury insurance coverage is available. See the district website for details under "Athletics" then "Community & Parent Resources": [Supplemental Athletic Injury Insurance Information](#)

I. Middle School Violation(s) When Transitioning into High School

Although the Code of Conduct is a policy for all student-athletes at Constantine Public Schools, it is the belief of the Board, Administration, and Coaches that as young people grow, they also naturally mature. Therefore, every student-athlete shall begin their high school academic and athletic experience with a clean slate.

J. Awards

1. Participation Certificates: Earned for each sport played.
2. Special awards: are all determined by the coach.
3. Class Numbers: earned your first year playing any sport.
4. Falcon Patch: earned your second year playing any sport
5. Varsity Letter: earned depending on the recommendation of the coach.
6. Iron Falcon: earned by athletes that participate in a sport in the fall, winter and spring season. The "star" pin is earned your 10th, and 11th grade year in lue of the iron falcon patch.
7. The 12 star award is presented to an athlete their Senior year after they have participated in at least 1 sport in each season (fall, winter, and spring) for all 4 years.
8. Pins: Each sport has its own pin that you will earn each year you play.

K. Dual Sport Participation within the Constantine High School Athletic Department

It is the belief of Constantine Public Schools that students should not be deprived the opportunity to participate in two sports in the same season. With that belief in mind a dual sport policy has been developed and is attached to this code of conduct as "Appendix B"

L. Team Sports Number Requirements: The athletic department has established minimum participation numbers that

must be met in order to field a team for the upcoming season. These numbers reflect the minimum number of student-athletes required to ensure a safe and competitive environment. To be counted toward this requirement, athletes must be actively attending practice, possess a valid sports physical on file, and be academically eligible according to school policy. These criteria must be met no later than the third day of official practice; failure to meet the minimum roster size by that deadline may result in the cancellation of the team's season.

Football: 15 per team

Volleyball: 8 per team

Soccer: 13 per team

Cross Country: none

Sideline Cheer: 6 per team

Basketball: 7 per team

Wrestling: none

Bowling: 5 per Team

Comp Cheer: 6 per team

Baseball/Softball: 10 per team

Golf: Varsity-6, JV-5

* per team applies to all boys and girls varsity, junior varsity, 7th grade, or 8th grade teams

AMENDMENTS

This code of conduct may be amended by administration with the approval of the Board of Education.

Constantine Public Schools Athletic Department

Athletic Director, David McGee

One Falcon Drive, Constantine, MI 49042

Phone: 269-435-89230

Email: dmcgee@constps.or

Having read and understood the Constantine Public Schools Code of Conduct for athletes, I hereby agree to its rules and regulations which include, but are not limited to the following:

1. I will be a student first, setting an example for other students.
2. I will not drink alcohol or be around underage drinking.
3. I will not use illegal drugs or be around underage people using/possessing illegal drugs.
4. I will not use vaping devices or be around underage people using/possessing vapes.
5. I will not use tobacco in any form or be around underage people using/possessing tobacco.
6. I will not break any laws or be around underage people while they break the law.
7. I will not use technology in negative ways.
8. I will follow all school rules.
9. I will stay academically eligible.
10. I will be in school everyday (except for illness, family matters, and school excused).
11. I will attend all team functions, practices, strength training sessions, and contests as part of my contribution to the team.
12. I will maintain school equipment/uniforms and return them at the end of the season in good condition or pay for replacements.

Print Athlete's Name _____

Athlete's Signature _____

Athlete's Grade

Date

Having read and understood the Constantine Public School Code of Conduct for Athletes, I/we agree to cooperate with the school in guiding our son/daughter toward living up to the code's rules and regulations.

Print Parent/Guardian Name(s) _____

Parent/Guardian Signature(s) _____

Date

Athlete: This form must be returned to your coach or the Athletic Office and on file in the Athletic Office before you compete in any interscholastic contest.

APPENDIX A

Constantine Athletics

*One Falcon Drive
Constantine, MT 49042*

David McGee, Athletic Director
dmcgee@constps.org



Telephone: 269.435.8930

ATHLETIC SUSPENSION NOTICE

STUDENT-ATHLETE: _____ **DATE:** _____ **VIOLATION OFFENSE:** 1 2 3

NUMBER OF CONTESTS SUSPENDED:

DATES OF SUSPENSION:

DATE STUDENT-ATHLETE MAY RETURN TO COMPETITION:

VIOLATION:

Should you have any further questions, please feel free to contact me at 269-435-8920.

Sincerely,

David McGee
Athletic Director
Constantine Public Schools

APPENDIX B

CONSTANTINE DUAL SPORT POLICY AND GUIDELINES

Athletes at Constantine High School are allowed to participate in more than one sport during a particular season. It should be emphasized that dual participation is only recommended for the exceptional student-athlete, and only in sports where conflict of events is minimal.

Realizing that there is potential for conflicts arising when an athlete is participating in two sports at the same time, the following guidelines shall be adhered to:

1. Student athletes must have at least a "C" average prior to and during their season of competition. If they fall below this standard their dual sport will be removed to their primary sport only for the remainder of the season.
2. Either head coach always has the right to deny the dual participation if they feel that the dual participation is detrimental to the athlete's potential in either sport or to team chemistry.
3. Any unexcused absences from either sport will result in the athlete being removed from dual participation and only playing their primary sport. COMMUNICATION IS A VITAL to be a successful dual sport athlete
4. Before being allowed to participate in two sports during a season, the athlete, his/her parents/guardian, AD, and the two coaches involved must sign the Dual Sport Acknowledgement Agreement Form. This contract must be turned into the Athletic Department, completed by the Friday before the season starts.
5. The athlete must declare a primary sport and a secondary sport.
6. Dual sporting will only be available at the High School level. There will be no Middle School dual sporting.
7. A contest in either sport will always take precedence over a practice.
8. A league contest will always take precedence over a non-league.
9. If league contests are scheduled on the same day, the athlete will participate in his/her primary sport.
10. MHSAA tournament events will take precedence over non-league or league events. In the event that two MHSAA tournaments are held on the same day, the primary sport will take precedence.
11. If non-league contests are scheduled on the same day, the athlete will participate in his/her primary sport.
12. Coaches are not to discipline an athlete for a missed practice on a day that the athlete is competing in his/her other sport. This includes, but is not limited to, playing time, team demotion, and "punishment conditioning."
13. On days that an athlete is not in competition, he/she should make an effort to practice both sports. If only one sport can be practiced, the recommendation in this situation is that the individual participates in the primary sport but it is recognized that situations may vary.
14. Athletes will attend a scheduled contest if the other sport does not have a contest on that day.
15. To maximize sport-specific practice time, dual sport athletes who do NOT have the strength training class during the school day MUST attend strength training sessions before school (Tuesday and Thursday 6:45am).
16. If an athlete realizes that being a dual sport athlete is too much they may withdraw to their primary sport only, no later than 2 weeks after their first competition.
17. Any deviation from the guidelines stated in Appendix B will be at the discretion of the Athletic Director.

DUAL SPORT ACKNOWLEDGEMENT AGREEMENT

This acknowledgement form has been created for the purpose of the athletes declaration of a primary and secondary sport at Constantine Public Schools. It also serves as an agreement between all involved parties.

The signatures below indicate that all parties have read, understand, and will adhere to the dual sport policy of Constantine Public Schools. It is not permissible for coaches, athletes, or parents to circumvent or alter the parameters of this policy. All questions or concerns that arise through this policy should be directed to the Director of Athletics for Constantine Public Schools.

Any coach who does not sign the agreement will have that sport automatically be considered the secondary sport for the purposes of this agreement.

Print Student-Athlete's Name _____

Primary Sport _____

Secondary Sport _____

Student-Athlete's Signature _____

Parents Signature _____

Primary Coaches Signature _____

Secondary Coaches Signature _____