

MAY

Elementary Lunch



Daily Choices

- Peanut Butter & Jelly
- Salad Bar
- Milk

Rotating Alternate Sandwiches

- Turkey + Cheese
- Ham + Cheese
- Tuna Salad
- Egg Salad

Notes:

RSU 5 is an equal opportunity provider.

RSU5 reserves the right to substitute menus due to supply shortages, but we will put every effort to provide a similar alternative whenever possible.

Harvest of the Month:

Maine Blueberries

Try the local creamy Greek yogurt from Swallowtail Farm on the salad bar on May 14th!

Monday	Tuesday	Wednesday	Thursday	Friday
School Lunch Hero Day! Be sure to give an extra THANK YOU to all school nutrition staff today! They go above and beyond to serve our students every day.				01 Cheese or Bacon Pizza Chef's Choice Alternate
04 Hamburger or Cheeseburger with Chips or Alternate Sandwich	05 Chicken Pasta Alfredo with Broccoli or an Alternate Sandwich	06 Beef Tacos Black Beans & Rice Assorted Toppings or Alternate Sandwich	07 Teriyaki Chicken, Stir-Fried Rice & Veggies or Chef's Choice Alternate	08 Bosco Sticks with Marinara Sauce or Chef's Choice Alternate
11 Chicken Nuggets & French Fries or Alternate Sandwich	12 American Chop Suey w/ Green Beans & Dinner Roll or Alternate Sandwich	13 *Early Release* Bagged Lunch	14 French Toast, Sausage & Hash Browns or Breakfast Sandwich Local Greek Yogurt Parfait Bar	15 Cheese or Pepperoni Pizza Chef's Choice Alternate
18 Chicken Patty Sandwich & Potato Salad or Alternate Sandwich	19 Meatball Sub & Caesar Salad or Alternate Sandwich	20 Orange Chicken Brown Rice Steamed Broccoli or Alternate Sandwich	21 Grilled Cheese & Tomato Soup with Goldfish or Alternate Sandwich	22 Whole Grain Pretzel with Cheese Sauce or Chefs Choice Alternate
25 No School	26 Hot Dog with a side of Mac & Cheese and Buttered Corn or an Alternate Sandwich	27 Pulled Pork Sandwich with Coleslaw & Baked Beans or Alternate Sandwich	28 Chicken and Cheese Quesadillas Black Beans & Rice Assorted Toppings or Alternate Sandwich	29 Cheese or Bacon Pizza Chef's Choice Alternate



MAY

DCS, MLS, MSS Breakfast



Daily Choices

- Cereal
- Fruit
- Milk

Notes:

RSU 5 is an equal opportunity provider.

RSU5 reserves the right to substitute menus due to supply shortages, but we will put every effort to provide a similar alternative whenever possible.

All grain-based items are whole grain-rich and lower-sugar school nutrition formulations.

At DCS, on days when a hot egg- or meat-based entree is featured, a fortified, whole-grain breakfast option will be substituted for breakfasts consumed in the classroom.

Harvest of the Month:
Maine Blueberries

Try the local creamy Greek yogurt from Swallowtail Farm in the yogurt parfaits on May 21st!

Monday	Tuesday	Wednesday	Thursday	Friday
School Lunch Hero Day! Be sure to give an extra THANK YOU to all school nutrition staff today! They go above and beyond to serve our students every day.				01 Chef's Choice
04 Bagel + Cream Cheese	05 Sausage, Egg & Cheese Sandwich	06 French Toast Tornado	07 Yogurt + Granola Parfait	08 Chef's Choice
11 Muffin	12 Scrambled Eggs & Biscuit	13 Maine Grain Breakfast Savory Bites	14 Breakfast Bread	15 Chef's Choice
18 Bagel + Cream Cheese	19 Sausage, Egg & Cheese Sandwich	20 French Toast Tornado	21 Yogurt + Granola Parfait *Maine Blueberries + Local Creamy Greek Yogurt*	22 Chef's Choice
25 No School	26 Muffin	27 Scrambled Eggs & Biscuit	28 Breakfast Bread	29 Chef's Choice