



MNSD ELEMENTARY MENU: MAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

ANNOUNCEMENTS!

BREAKFAST

Free for all students!

LUNCH

Students: \$3.10

Questions? [Visit our webpage!](#)

Check out our new
Gluten Free
Options--GF

****This menu does not accommodate students with severe gluten sensitivities related to cross-contamination****

Local fat-free chocolate and reduced-fat white milk are available during breakfast and lunch. All grains are **whole grain rich** (WG).

All juice is **100% fruit juice**

A La Carte items are available to purchase using your Student Account. For funding and account management access www.schoolcafe.com

Menu is subject to changes

BREAKFAST

Assorted Daily Breakfast Items
GF-Blueberry Muffin

LUNCH 4

A-Pancake Sausage Bites & Chocolate Chip Muffin
B-Pretzel Fun Lunch
C-Cheeseburger
D-GF Burger

SIDES

Tater Tots
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items
GF- Double Chocolate Muffin

LUNCH 5

A-Mashed Potato & Chicken Bowl w/ Gravy and Corn
B-Pretzel Fun Lunch
C-Pizza Crunchers
D-GF Mashed Potato & Chicken Bowl w/ Corn

SIDES

Seasoned Fries
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items
GF- Cinnamon Chex Cereal

LUNCH 6

A-Chicken Alfredo w/ Penne
B-Pretzel Fun Lunch
C-Big Daddy Pizza Slice
D-GF Chicken Parm w/ Penne

SIDES

Seasoned Wedge Fries
Edamame
Seasoned Broccoli
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items
GF- Lucky Charms Cereal

LUNCH 7

A-Mac & Cheese w/ Dinner Roll
B-Pretzel Fun Lunch
C-Tenders w/ Dinner Roll
D-GF Tender

SIDES

Seasoned Fries
Seasoned Mixed Veggie
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items
GF- Rice Chex Cereal

LUNCH 9

A-Big Daddy Pizza Slice
B-Pretzel Fun Lunch
C-Ham and Cheese Sandwich
D-GF Pizza Daiya

SIDES

Emoticon Mashed Potatoes
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items
GF- Rice Chex Cereal

LUNCH 1

A-Big Daddy Pizza Slice
B-Blueberry Muffin
Fun Lunch
C-Meatball Sandwich w/ American Cheese
D-GF Pizza Daiya

SIDES

Emoticon Mashed Potatoes
Assorted Cold Fruit & Veggies



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BREAKFAST

Assorted Daily Breakfast Items
GF-Blueberry Muffin

LUNCH 11

A-French Toast & Sausage
B-PB&J Fun Lunch
C-Mac & Cheese Bites
D-GF Pizza Daiya

SIDES

Tater Tots
Assorted Cold Fruit & Veggies

TUESDAY

BREAKFAST

Assorted Daily Breakfast Items
GF- Double Chocolate Muffin

LUNCH 12

A-Penna Pasta in Meat Sauce
B-PB&J Fun Lunch
C-Cheeseburger
D-GF Penne Pasta in Meat Sauce

SIDES

Seasoned Fries
Seasoned Broccoli
Assorted Cold Fruit & Veggies

WEDNESDAY

BREAKFAST

Assorted Daily Breakfast Items
GF- Cinnamon Chex Cereal

LUNCH 13

A-Chicken Cheese Steak
B-PB&J Fun Lunch
C-Hot Dog
D-GF Chicken Cheese Steak

SIDES

Seasoned Wedge Fries
Baked Beans
Assorted Cold Fruit & Veggies

THURSDAY

BREAKFAST

Assorted Daily Breakfast Items
GF- Lucky Charms Cereal

LUNCH 14

A-Sweet & Sour Chicken
B-PB&J Fun Lunch
C-Cheese Filled Bosco Sticks
D-GF Tenders

SIDES

Seasoned Fries
Seasoned Green Beans
Assorted Cold Fruit & Veggies

FRIDAY

BREAKFAST

Assorted Daily Breakfast Items
GF- Rice Chex Cereal

LUNCH 15

A-Grilled Cheese & Tomato Soup
B-PB&J Fun Lunch
C- Big Daddy Pizza Slice
D-GF Pizza Daiya

SIDES

Emoticon Mashed Potatoes
Assorted Cold Fruit & Veggies

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LUNCH 18

A-Chicken Nuggets w/ Dinner Roll
B-Nacho Fun Lunch
C-Pancakes & Sausage
D-GF Nacho Fun Lunch

SIDES

Tater Tots
Seasoned Broccoli
Edamame
Assorted Cold Fruit & Veggies

No School

BREAKFAST

Assorted Daily Breakfast Items
GF- Cinnamon Chex Cereal

LUNCH 20

A-Big Daddy Pizza Slice
B-Nacho Fun Lunch
C-Garden Salad with Chicken & Dinner Roll
D-GF Pizza Daiya

SIDES

Seasoned Wedge Fries
Edamame
Assorted Cold Fruit & Veggies

BREAKFAST

Assorted Daily Breakfast Items
GF- Lucky Charms Cereal

LUNCH 21

A-Breakfast Pizza & Sausage Crunchers
B-Nacho Fun Lunch
C-Pizza Crunchers
D-GF Nacho Fun Lunch

SIDES

Seasoned Fries
Edamame
Assorted Cold Fruit & Veggie

Half Day
Elementary Only
No Food Services
Offered



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FRIDAY

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BREAKFAST
Assorted Daily Breakfast Items
GF- Double Chocolate Muffin

LUNCH 26
A-Grilled Cheese & Tomato Soup
B-Strawberry Parfait
C-Tenders w/ Dinner Roll
D-GF Tenders

SIDES
Seasoned Fries
Mixed Vegetables
Assorted Cold Fruit & Veggies

BREAKFAST
Assorted Daily Breakfast Items
GF- Cinnamon Chex Cereal

LUNCH 27
A-Cheeseburger
B-Blueberry Parfait
C-Pizza Quesadilla
D-GF Hamburger

SIDES
Seasoned Wedge Fries
Seasoned Baked Beans
Assorted Cold Fruit & Veggies

BREAKFAST
Assorted Daily Breakfast Items
GF- Lucky Charms Cereal

LUNCH 28
A-Walking Tacos
B-Strawberry Parfait
C-Turkey & Cheese Sandwich
D-GF Walking Tacos

SIDES
Seasoned Fries
Seasoned Corn
Assorted Cold Fruit & Veggies

BREAKFAST
Assorted Daily Breakfast Items
GF- Rice Chex Cereal

LUNCH 29
A-Big Daddy Pizza Slice
B-Strawberry Parfait
C-Chicken Caesar Salad
D-GF Pizza Daiya

SIDES
Emoticon Mashed Potatoes
Assorted Cold Fruit & Veggies

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ASSORTED DAILY BREAKFAST ITEMS
-Bagels w/ Cream Cheese
-Assorted Cereal Bars
-Assorted Cereal Cups
-Assorted Muffins
-Assorted Pop-Tarts
-Assorted Bene-Fit Breakfast Bars
-Assorted 100% Fruit Juices
-Assorted Pancakes & Waffles
-Assorted Pastry Bars
-Sausage Crunchers

BREAKFAST FRUITS AVAILABLE DAILY
Apples
Apple Slices
Oranges
Apple Juice
Orange Juice
Fruit Punch
Assorted Fruit Cups

LUNCH SIDES AVAILABLE DAILY
Carrots
Celery
Cucumbers
Garden Salad
Apple
Apple Slice
Oranges
Assorted Fruit Cups

Check out our A La Cart Items Offered Daily and Prices

A La Cart			
1 Baked Cookie	\$.50	Gold Fish	\$.60
Brownie	\$ 1.50	Gold Fish Pretzel	\$.60
Bug Bites	\$.60	Grandma Cookies	\$ 1.25
Cheese Itz	\$.60	Ice Cream	\$ 1.10
Chewy Granola Bars	\$ 1.10	Motts Fruit Snacks	\$ 1.00
Chips	\$ 1.30	Pop tart	\$ 1.00
Fruit By The Foot	\$ 1.00	Pudding	\$.60
Fruit Roll Ups	\$ 1.00	Rice Krispie Treat	\$ 1.15
		Scooby Snacks	\$ 1.00

