

Appendix B

Lowell Public Schools Anti-bullying and Violence Prevention Curriculum

PROGRAM	GRADE	DESCRIPTION
Second Step	K-8	Second Step is a classroom-based social skills program aimed at reducing impulsive behavior while increasing social competence. The program is designed to improve behavior and reduce classroom disruptions. In addition to the classroom lessons, the program offers online support at http://www.cfchildren.org/support
Open Circle	Pk-4	Open Circle is a social-emotional learning curriculum that focuses on communication, self-control, and social problem solving, which strengthens students' social competency skills.
Responsive Classroom	K-6	The Responsive Classroom is an approach to elementary teaching that emphasizes social, emotional, and academic growth in a strong and safe school community. The goal is to enable optimal student learning. The approach consists of classroom and school-wide practices for helping children build academic and social-emotional competencies.
Trails to Wellness	K-12	The TRAILS SEL curriculum nurtures important social and emotional skills like empathy, self-awareness, and respect. Through brief classroom lessons, educators help their students learn to manage strong emotions, make responsible decisions, and build healthy relationships
Wayfinder	K-12	Wayfinder's research-backed Core Skills incorporate meaning-making, critical thinking, and future-ready skills in order to connect classroom learning to the real world. Wayfinder's curriculum focuses upon teaching skills in 6 core areas: Self-Awareness, Adaptability, Empathy, Collaboration, Agency and Purpose.
Boston V. Bullies/All In	3-6	Boston vs. Bullies is an evidence-based anti-bullying initiative presented by The Sports Museum and the Boston sports community to stand strong against bullying.

Restorative Practices	5-8	Restorative justice in schools focuses on repairing harm and promoting positive relationships, offering alternatives to traditional punitive disciplinary measures by emphasizing community building, accountability, and reconciliation.
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A variety of school-wide social skills and violence prevention programs are used to ensure a safe and respectful school environment. All programs focus on a “whole-school approach” to strengthen students’ social competency skills and reinforce a common language within the school environment. Violence prevention and conflict resolution programs incorporate a social skills curriculum that teaches students to change attitudes and behaviors that contribute to bullying and violence. Lessons on empathy, impulse control, problem solving, bullying prevention, and anger management are included.

In addition to these programs, district-wide presentations are held for parents, students, and the community at large on ways to protect children from bullying and the dangers of cyberbullying. The presentations are in collaboration with the Massachusetts Aggression Reduction Center (MARC) at Bridgewater State University, the Office of the Middlesex District Attorney, and Project Alliance.