

## AACS x Taylor Murray Training Schedule

**Yellow = Individual Sessions**

**Blue = Group Sessions**

Click the **TIME SLOT** to register

AACS x Taylor Murray Training Schedule					
Yellow = Individual Sessions			Blue = Group Sessions		
Click the <b>TIME SLOT</b> to register					
<b>Mon Jun 15, 2026</b>					
	4:30 PM - 7:00 PM ET	AACS x Taylor Murray	AACS Main Gym	4:30-5:30 5:15-6:15 6:00-7:00	<a href="#">4:30-5:30 SLOT</a> <a href="#">5:15-6:15 SLOT</a> <a href="#">6:00-7:00 SLOT</a>
<b>Wed Jun 17, 2026</b>					
	4:30 PM - 8:30 PM ET	AACS x Taylor Murray	AACS Main Gym	4:30-5:30 5:15-6:15 6:00-7:00 6:45-7:45 7:30-8:30	<a href="#">4:30-5:30 SLOT</a> <a href="#">5:15-6:15 SLOT</a> <a href="#">6:00-7:00 SLOT</a> <a href="#">6:45-7:45 SLOT</a> <a href="#">7:30-8:30 SLOT</a>
<b>Thu Jun 18, 2026</b>					
	4:30 PM - 7:00 PM ET	Taylor Murray x AACS	AACS Main Gym	4:30-5:30 5:15-6:15 6:00-7:00	<a href="#">4:30-5:30 SLOT</a> <a href="#">5:15-6:15 SLOT</a> <a href="#">6:00-7:00 SLOT</a>
<b>Sat Jun 20, 2026</b>					
	8:00 AM - 10:30 AM ET	AACS x Taylor Murray	AACS Main Gym	8:00-9:00 8:45-9:45 9:30-10:30	<a href="#">8:00-9:00 SLOT</a> <a href="#">8:45-9:45 SLOT</a> <a href="#">9:30-10:30 SLOT</a>
<b>Mon Jun 22, 2026</b>					
	2:00 PM - 4:30 PM ET	AACS x Taylor Murray	AACS Aux Gym	2:00-3:00 2:45-3:45 3:30-4:30	<a href="#">2:00-3:00 SLOT</a> <a href="#">2:45-3:45 SLOT</a> <a href="#">3:30-4:30 SLOT</a>
<b>Thu Jul 2, 2026</b>					
	4:30 PM - 7:00 PM ET	AACS x Taylor Murray	AACS Aux Gym	4:30-5:30 5:15-6:15 6:00-7:00	<a href="#">4:30-5:30 SLOT</a> <a href="#">5:15-6:15 SLOT</a> <a href="#">6:00-7:00 SLOT</a>
<b>Mon Jul 6, 2026</b>					
	2:00 PM - 4:30 PM ET	AACS x Taylor Murray	AACS Main Gym	2:00-3:00 2:45-3:45 3:30-4:30	<a href="#">2:00-3:00 SLOT</a> <a href="#">2:45-3:45 SLOT</a> <a href="#">3:30-4:30 SLOT</a>
<b>Wed Jul 8, 2026</b>					
	4:30 PM - 7:00 PM ET	AACS x Taylor Murray	AACS Main Gym	4:30-5:30 5:15-6:15 6:00-7:00	<a href="#">4:30-5:30 SLOT</a> <a href="#">5:15-6:15 SLOT</a> <a href="#">6:00-7:00 SLOT</a>
<b>Fri Jul 10, 2026</b>					
	8:00 AM - 10:30 AM ET	AACS x Taylor Murray	AACS Main Gym	8:00-9:00 8:45-9:45 9:30-10:30	<a href="#">8:00-9:00 SLOT</a> <a href="#">8:45-9:45 SLOT</a> <a href="#">9:30-10:30 SLOT</a>
<b>Sat Jul 11, 2026</b>					
	8:00 AM - 10:30 AM ET	AACS x Taylor Murray	AACS Aux Gym	8:00-9:00 8:45-9:45 9:30-10:30	<a href="#">8:00-9:00 SLOT</a> <a href="#">8:45-9:45 SLOT</a> <a href="#">9:30-10:30 SLOT</a>
<b>Mon Jul 13, 2026</b>					
	4:30 PM - 7:00 PM ET	AACS x Taylor Murray	AACS Main Gym	4:30-5:30 5:15-6:15 6:00-7:00	<a href="#">4:30-5:30 SLOT</a> <a href="#">5:15-6:15 SLOT</a> <a href="#">6:00-7:00 SLOT</a>
<b>Wed Jul 15, 2026</b>					
	4:30 PM - 7:00 PM ET	AACS x Taylor Murray	AACS Main Gym	4:30-5:30 5:15-6:15 6:00-7:00	<a href="#">4:30-5:30 SLOT</a> <a href="#">5:15-6:15 SLOT</a> <a href="#">6:00-7:00 SLOT</a>
<b>Wed Jul 22, 2026</b>					
	4:30 PM - 7:00 PM ET	AACS x Taylor Murray	AACS Main Gym	4:30-5:30 5:15-6:15 6:00-7:00	<a href="#">4:30-5:30 SLOT</a> <a href="#">5:15-6:15 SLOT</a> <a href="#">6:00-7:00 SLOT</a>
<b>Fri Jul 24, 2026</b>					
	8:00 AM - 10:30 AM ET	AACS x Taylor Murray	AACS Main Gym	8:00-9:00 8:45-9:45 9:30-10:30	<a href="#">8:00-9:00 SLOT</a> <a href="#">8:45-9:45 SLOT</a> <a href="#">9:30-10:30 SLOT</a>
<b>Sat Jul 25, 2026</b>					
	8:00 AM - 10:30 AM ET	AACS x Taylor Murray	AACS Main Gym	8:00-9:00 8:45-9:45 9:30-10:30	<a href="#">8:00-9:00 SLOT</a> <a href="#">8:45-9:45 SLOT</a> <a href="#">9:30-10:30 SLOT</a>
<b>Mon Jul 27, 2026</b>					
	4:30 PM - 7:00 PM ET	AACS x Taylor Murray	AACS Main Gym	4:30-5:30 5:15-6:15 6:00-7:00	<a href="#">4:30-5:30 SLOT</a> <a href="#">5:15-6:15 SLOT</a> <a href="#">6:00-7:00 SLOT</a>
<b>Wed Jul 29, 2026</b>					
	4:30 PM - 7:00 PM ET	AACS x Taylor Murray	AACS Main Gym	4:30-5:30 5:15-6:15 6:00-7:00	<a href="#">4:30-5:30 SLOT</a> <a href="#">5:15-6:15 SLOT</a> <a href="#">6:00-7:00 SLOT</a>
<b>Sat Aug 1, 2026</b>					
	8:00 AM - 10:30 AM ET	AACS x Taylor Murray	AACS Main Gym	8:00-9:00 8:45-9:45 9:30-10:30	<a href="#">8:00-9:00 SLOT</a> <a href="#">8:45-9:45 SLOT</a> <a href="#">9:30-10:30 SLOT</a>