



Family Resources

Text-a-Tip

Text Fremont to 1-844-823-5323

Emergency Hotlines

- [Domestic Violence Hotline](#)
- [DCFS Hotline Information](#)
- [Child Abuse Reporting](#)

Bullying

- stopbullying.org
 - Text HOME to 741741
- Contact Building Principal

Parent University

- Fremont sponsored programming for parents
- [Parent University](#) information

Homeless Services & McKinney-Vento

- Contact [Krista Winkelman](#)
- [Lake County ROE Homeless Services](#)
- [ISBE Homeless Information](#)
- [ISBE Youth in Care Services](#)

Food Pantries

- [Fremont Township](#)

Shelter

- [PADS](#)
- [Cool Ministries](#)

Counseling and Mental Health

- [Referral GPS](#)
- [Child and Adolescent Behavioral Health Services](#)

Counseling and Mental Health

- [Family Support Program](#)
- [Counseling Connections](#)
Libertyville
- [Simply Bee Counseling](#)
Vernon Hills
- [Compass Health Center](#)
Northbrook
- [Cherry Hill Counseling](#)
Vernon Hills
- [Nicasa](#)
- [NAMI](#)
- [NorthStar Counseling Group- Mundelein](#)

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Family Resources

Medical Health Services/Hospitals

- [Alexian Brothers Behavioral Health](#)
- [Antioch Area Healthcare Accessibility Alliance](#)
- [Family Resource Center of Zion- Women's Healthcare](#)
- [Rogers Behavioral Health Center](#)
- [Various Medical Providers](#)

Neurodivergent Information

- [CHADD](#)
 - ADHD information and support
- [Autism Care](#)
 - Comprehensive Autism Services at RUSH

Community Resources

- [One Hope United](#)
- [Lake County Community Resources](#)
- [Wauconda Township](#)
- [Arden Shore Child and Family Services](#)
- [United Way](#)
- [Big Brothers Big Sisters](#)
- [Josselyn](#)
- [ElderCARE](#)

Family Support & Advocacy

- [Various Family Support & Advocacy Resources](#)
- [Autism Family Cares](#)
- [Sibshop](#)
- [Family Support & Advocacy](#)

Recreation Programs & Camps

- [Special Recreation & Camps](#)
- [Center for Enriched Living \(CEL\)](#)
- [Equestrian Connection, NFP](#)
- [Partners for Progress Therapeutic Equestrian Center](#)
- [Special Recreation Association of Central Lake County \(SRACLC\)](#)
- [Great Lakes Adaptive Sports Association \(GLASA\)](#)
- [Multilingual Services](#)
 - Family Focus Dual Language Program children 0-4 years old

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Family Resources

Park Districts

- [Mundelein Park and Recreation District](#)
847-566-0650
1401 N. Midlothian Rd
Mundelein, IL 60060
- [Wauconda Park District](#)
847-526-3610
600 N. Main Street
Wauconda, IL 60084
- [Round Lake Area Park District](#)
847-546-8558
814 Hart Road
Round Lake, IL 60073

Park Districts, Continued

- [Grayslake Park District](#)
847-223-7529
240 Commerce Drive
Grayslake, IL 60030
- [Vernon Hills Park District](#)
847-996-6800
635 North Aspen Drive
Vernon Hills, IL 60061
- [Long Grove Park District](#)
3849 Old McHenry Rd.
Long Grove, IL 60047
- [ELA Township Youth Programs](#)

Childcare

- [Stepping Stone](#)
- [Kindercare](#)
- [YWCA](#)
- [Wildflower Early Learning](#)

Respite Care

- [Respite Care Resources](#)

LGBTQIA+ Resources

- [Gender Health Services Lake County](#)
- [UChicago Medicine Gender Affirming Care](#)
- [Trevor Project](#)
 - Text START to 678678

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Health, Equipment & Transportation Resources

- [Various Health, Equipment & Transportation Resources](#)
- [Keeping Families Covered](#)
- [Pace](#)

Grief Support

- [Willow House](#)

Pregnancy Health Services

- [Lake County Health Department](#)
- [Doula Services Program](#)

Financial Support

- [Various Funding Resources](#)
- [Supplemental Nutrition Assistance Program - SNAP](#)
- [SNAP, TANF-temporary assistance for needy families, Medicaid/Medicare](#)
- [The Special Supplemental Nutrition Program for Women, Infants & Children \(WIC\)](#)
- [Community Alternatives Unlimited \(CAU\)](#)
- [Criminal Record - Legal Coalition](#)
- [Prairie State Legal Services](#)
- [Catholic Charities](#)
- [211 Lake County](#)

Alcohol Drug Testing & Treatment

- [SAMHSA's National Helpline](#)
 - 24/7 treatment referral and information service
 - (800) 662-HELP (4357)

Domestic Violence, Sexual Assault & Human Trafficking

- [A Safe Place](#)
- [Zacharias Sexual Abuse Center](#)

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