

A program meal must include foods from at least 3 food groups. One item must be a ½ of vegetables or either ½ cup of fresh fruit or 100% fruit juice to follow USDA guidelines for the NSLP

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>Join us for National BBQ Day on the 21nd BBQ Fun Fact-The first modern BBQ was invented in 1952 by George Stephen. He was a welder in Illinois. He cut a metal buoy in half to make a grill and welded 3 steel legs. The longest BBQ was 8,000 meters long and created by the people of the Philippines on April 4th 2014.</p>				<p>1</p> <p>Vanilla Yogurt W Goldfish Fresh Fruit Or 100% Juice Choice of Milk</p>
<p>4</p> <p>Blueberry Pancakes Cocoa Puffs Bar Fresh Fruit Or 100% Juice Choice of Milk</p>	<p>5</p> <p>Strawberry Mini Bagels Chocolate Oatmeal Bar Fresh Fruit Or 100% Juice Choice of Milk</p>	<p>6</p> <p>Mini Cinni Strawberry Poptart Fresh Fruit Or 100% Juice Choice of Milk</p>	<p>7</p> <p>Mini Trix French Toast Fruit Loops Cereal Fresh Fruit Or 100% Juice Choice of Milk</p>	<p>8</p> <p>Lemon Bread Chocolate Pop-tart Fresh Fruit Or 100% Juice Choice of Milk</p>
<p>11</p> <p>Warm Cinnamon Toast Crunch Bar Fresh Fruit Or 100% Juice Choice of Milk</p>	<p>12</p> <p>Confetti Pancakes Frosted Fudge Pop-tart Fresh Fruit Or 100% Juice Choice of Milk</p>	<p>13</p> <p>Apple Smoothie w Goldfish Chex Cereal Fresh Fruit Or 100% Juice Choice of Milk</p>	<p>14</p> <p>Grape Frudel Trix Cereal Bar Fresh Fruit Or 100% Juice Choice of Milk</p>	<p>15</p> <p>Pumpkin Bread Choco Chip Oatmeal Bar Fresh Fruit Or 100% Juice Choice of Milk</p>
<p>18</p> <p>Banana Chocolate Oatmeal Bar Froot Loops Fresh Fruit Or 100% Juice Choice of Milk</p>	<p>19</p> <p>ELECTION DAY SCHOOL IS CLOSED</p>	<p>20</p> <p>Mini Cinni Strawberry Pop-tart Fresh Fruit Or 100% Juice Choice of Milk</p>	<p>21</p> <p>Snackin' Waffles Chex Cereal Fresh Fruit Or 100% Juice Choice of Milk</p>	<p>22</p> <p>EARLY DISMISSAL</p>
<p>25</p> <p>NO SCHOOL MEMORIAL DAY</p>	<p>26</p> <p>French Toast Sticks Trix Cereal Fresh Fruit Or 100% Juice Choice of Milk</p>	<p>27</p> <p>Warm Cinnamon Toast Crunch Bar Cocoa Puffs Fresh Fruit Or 100% Juice Choice of Milk</p>	<p>28</p> <p>Warm Cinnamon Toast Crunch Bar Fresh Fruit Or 100% Juice Choice of Milk</p>	<p>29</p> <p>Strawberry Mini Bagels Chocolate Oatmeal Bar Fresh Fruit Or 100% Juice Choice of Milk</p>