

Monday	Tuesday	Wednesday	Thursday	Friday	<b>What is a Meal?</b> Students must choose at least 3 of the 5 components available for the school lunch price. - Choice of Whole Grain - Choice of Protein - Choice of Vegetable - Choice of Fruit - Choice of Milk  A minimum ½ cup serving of fruit or vegetable must accompany a reimbursable lunch.  <b>Choice of Vegetable</b> Hot vegetable, leafy salad, composed bean salad, seasonal fresh vegetables  <b>Choice of Fruit</b> Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice  <b>Choice of Milk</b> 1% white, fat-free white, fat-free chocolate, fat-free vanilla, fat-free strawberry  <b>Daily Alternates</b> <b>GRILL</b> Chicken Patty on WG Bun Spicy Chicken Patty on WG Bun Grilled Chicken on WG Bun Cheese Burger on WG Bun Hamburger on WG Bun Spicy Black Bean Burger on WG Bun (V)  <b>PIZZA</b> WG Cheese Pizza (V) WG Pepperoni Pizza  <b>SALAD BAR</b> Made to Order Salad Bar Protein: Grilled Chicken, Black Beans, Chickpeas or Cheese  <b>SANDWICH</b> WG Uncrustable PBJ w/Cheese Stick & WG Pretzels (V)  <b>(V) Vegetarian</b> These items do not contain meat, poultry, or seafood, but may contain dairy and/or egg
Daily Offerings: Main Plate, Grill, Pizza, Salad Bar and Sandwiches					
				1  HHS Prom Early Dismissal  No Lunches	
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4  Nachos Grande w/ Salsa & Sour Cream  <b>FEATURED VEGGIES</b> Steamed Corn	5  Penne Pasta w/ Meat Sauce or Marinara Sauce Garlic Breadstick  <b>FEATURED VEGGIES</b> Caesar Salad Green Beans	6  Meatball Hoagie on Baguette  <b>FEATURED VEGGIES</b> Baked Beans	7  Double Dogs w/ Cheese  <b>FEATURED VEGGIES</b> Ranchero Carrots	8  Chicken Mashed Potato Bowl w/ Dinner Roll  <b>FEATURED VEGGIES</b> Steamed Corn	
Daily Offerings: Main Plate, Grill, Pizza, Salad Bar and Sandwiches					
11  Chicken Quesadillas w/ Cheese Salsa & Sour Cream  <b>FEATURED VEGGIES</b> Black Bean Corn Salad	12  Rotini w/ Meat or Marinara Sauce Garlic Breadstick  <b>FEATURED VEGGIES</b> Side Salad Steamed Broccoli	13  Italian Hoagie on Baguette  <b>FEATURED VEGGIES</b> Coleslaw Green Beans	14  Asian Chicken w/ Rice  <b>FEATURED VEGGIES</b> Asian Vegetable Blend	15  Potato & Cheddar Mini Pierogis w/ Butter & Onions Dinner Roll  <b>FEATURED VEGGIES</b> Ranchero Carrots	
Daily Offerings: Main Plate, Grill, Pizza, Salad Bar and Sandwiches					
18  Walking Taco w/ Salsa & Sour Cream  <b>FEATURED VEGGIES</b> Steamed Corn	19  Penne Pasta w/ Meat Sauce or Marinara Sauce Garlic Breadstick  <b>FEATURED VEGGIES</b> Steamed Broccoli	20  BBQ Rib Sandwich  <b>FEATURED VEGGIES</b> Baked Beans	21  Sweet Chili Asian Chicken Sandwich  <b>FEATURED VEGGIES</b> Glazed Carrots	22  Cheese Sticks w/ Pizza Sauce (V)  <b>FEATURED VEGGIES</b> Green Beans	
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25  No School Memorial Day	26  Classic Toasted Cheese Sandwich (V)  <b>FEATURED VEGGIES</b> Tomato Soup	27  Ham & Cheese on Pretzel Bun  <b>FEATURED VEGGIES</b> Baked Beans	28  Chicken Nuggets w/ Stuffing & Chicken Gravy  <b>FEATURED VEGGIES</b> Steamed Corn	29  Beef Burrito w/ Salsa & Sour Cream  <b>FEATURED VEGGIES</b> Black Bean Corn Salad	
<b>Your Team</b> General Manager 412.492.6390 tess.diehl@metzcorp.com	<b>Meal Prices</b> Student Lunch \$2.90 Reduced Lunch \$0.00 Faculty Lunch \$4.00				

Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.

