



A Note From the Elementary School Nurse

Welcome to Old Union Elementary School!! Below is some information you may find helpful as you prepare your student for the fall. Please stop by the health clinic whenever you have a chance. Your school nurse would love to get to know you and your family and learn how to best care for your child at school.

Immunizations

The Texas Health and Human Services Department publishes the minimum immunization requirements for all students who attend school from preschool through 12th grade. The following vaccines are required for all incoming kindergarten students:

- **5 doses Diphtheria, Tetanus, Pertussis (DPT/DtaP/DT/TdaP/Td)** including one received on or after the 4th birthday (unless the 4th dose was on or after the 4th birthday, then only 4 doses)
- **4 doses Polio**, including one received on or after the 4th birthday (unless the 3rd dose was on or after the 4th birthday, then only 3 doses)
- **2 doses Measles, Mumps, Rubella (MMR)** received on or after the 1st birthday
- **2 doses of Hepatitis A** received on or after 1st birthday
- **3 doses Hepatitis B**
- **2 doses Varicella** on or after the first birthday (if child has not had chicken pox)

All immunizations must be completed before your child can attend school. If you are unsure whether your child has received all the required vaccines, or you are working towards completing the minimum immunization requirements, please contact your school nurse immediately. Children may be enrolled provisionally as long as they are on schedule to complete the immunization requirements as rapidly as is medically feasible in accordance with the catch-up schedule published by the State of Texas.

Medications at School

There are times when your child may require over-the-counter medication or prescription medication while at school. Your school nurse and other designated school staff can provide this service to your child. All medications are kept in the student health clinic and require written permission from the parent to be administered at school. In addition, prescription medications require specific instructions and a signature from your child's doctor. The Medication Administration Request form (MAR) is used by the parent and doctor to provide the information required to administer medication at school and can be found under the Health Services Department on the Carroll ISD website ([Medicine at School - Carroll Independent School District](#)). This form is also available from your school nurse. Here are some other important things to know ahead of time about medications at school:

- The school nurse does not stock medication for general use in the clinic. All medication must be provided by the parent.
- For the safety and protection of all our students, children are not allowed to bring medication to school. Parents must bring medication directly to the school nurse along with written instructions for giving the medication (MAR).
- Prescription and over-the-counter medication must be in its original packaging or prescription bottle.
- Dietary supplements and other nutritional aids not approved as medication by the FDA cannot be dispensed at school.
- The school health clinic may stock the following items and they may be administered judiciously by the nurse unless a parent directs the nurse otherwise: Cough drops, Hydrocortisone Cream, Oral Gel, Aloe Vera Gel, Aquaphor/Vaseline, Contact Solution, Hydrogen Peroxide, Saline Eye Drops/Wash, Bandaid/Ace Wrap, Bacitracin or Neosporin



Exclusions From School Due to Illness

Some communicable diseases or conditions may warrant exclusion from school to avoid exposing other students. If your student exhibits any of the following symptoms, please keep your student home until the child is free of the symptoms and has been satisfactorily treated.

- Temperature of 100 degrees or above
- Vomiting and/or diarrhea
- Persistent, uncontrolled cough
- Rash
- Open, itchy or draining lesions
- Red, itchy, draining eyes
- Presence of live lice in the hair
- Suffering from a reportable disease, as defined by the Texas Board of Health
- Undiagnosed scaly patches on the body or scalp

If your child has a fever over 100 degrees, he/she must be free of fever for 24 hours without the assistance of Motrin/Advil or Tylenol before returning to school. Similarly, if your child is vomiting at home or was sent home from school because of vomiting, he/she must be free of vomiting for at least 24 hours before returning to school.

If your child becomes ill at school, the nurse or administrative staff member will contact you or someone from your emergency contact list to pick up your child. We will use the phone numbers you entered into Skyward during enrollment.

Toileting at School

As your young student gets adjusted to the new routine of toileting at school, there will undoubtedly be some trials and tribulations. ***We strongly urge you to keep a change of clothes in your child's backpack.*** Potty accidents just happen, regardless of whether your child has been potty trained for several years. Teachers plan routine potty breaks and they do not restrict restroom visits. But invariably students become distracted with fun and interesting activities and their body urges go unanswered. Other students may find themselves geographically far away from restroom facilities when nature calls and they cannot make it to the restroom in time. The clinic stocks some clothes and new underwear for emergency use. It can be very embarrassing for students when they have an accident at school. A change of clothes from home can go a long way in minimizing their emotional stress and anxiety at school.

Health Conditions

If your child has a health condition such as asthma, diabetes, epilepsy, life-threatening allergies, a bleeding disorder or some other health condition that may require attention during school, please contact your school nurse before the first day of school. Your nurse will most likely ask for historical information regarding your child's health condition as well as develop an action plan to best care for your student while at school. For your reference, the Carroll ISD health forms can be found under the Health Services Department at the following address: [Medication & Health Forms - Carroll Independent School District](#)



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Carroll ISD is an Allergy Aware School District

All Carroll ISD classrooms are peanut and tree nut free. This includes personal daily snacks consumed in the classroom as well as food items for class parties and birthday celebration treats. All food items brought into school for classroom consumption (to be shared with other students) must be coordinated by the classroom teacher, be store bought and have an ingredient label attached to the packaging. Any label that states the following is not permitted in the classroom:

- "May contain peanuts or tree nuts",
- "Processed on shared equipment with nuts", or
- "Contains peanuts or tree nut ingredients."

If peanuts or tree nuts are an important staple in your child's diet, they are permissible in your child's lunch and must be consumed in the cafeteria. For more information, please visit. [Operation #SAFEdragon - Carroll Independent School District](#)

Approved for Classroom
Consumption

Choose one of these special treats for your student's next birthday

