

SHAC Meeting Minutes
Thursday, January 22, 2026

In Attendance: Lana Newton, Jenny Smucker, Aileen Hays, Kristen Bollier, Kallie Wilson, Gail Petty

Meeting called to order: 12:11pm

- Reviewed minutes from last meeting, especially topics for SHAC to address
- Plans to meet next time at Central Office
- Peer Helpers Plus took the place of Hope Squad in schools this year. It's a more comprehensive program to help with a variety of issues.
- Seminars or programs for substance abuse, similar to Shattered Dreams?
 - Natural High
- SHAC best practices: everyone research to find a topic and bring it back
- Sex ed program is opt-in. No sex ed for high schoolers. Could it be an option to bring sex ed program to high school also, since not mandated by the state?
- Child abuse prevention programs are done at all K-5th grade levels. This is an opt-in program provided by the Grayson County Child Advocacy Center.
- NEXT STEPS
 - Aileen will look into past Wellness Plan from last year: what came of that, was it presented to School Board? Also- what needs to happen with sex ed program, is it time to be re-approved?
 - Kallie looking into other high schools: do they do sex ed programs? How do they get it approved?
 - Everyone: Research vaping prevention programs
- Next meeting: February 19, 2026 @ 12-1pm, Central Office
- Meeting adjourned: 12:58pm