

Lunch Menu

Orange East Waits River Valley School

May
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

4 Pasta with Meat Sauce 🍷
Homemade Garlic Bread
Or Nachos with Cheese 🍷
Ham & Cheese Sandwich P
Cheese Pizza 🍷

5 Fiesta Taco Salad 🍷
Or Nachos with Cheese 🍷
Cheese Pizza 🍷
Pepperoni Pizza P 🍷

6 Homemade Ham and Cheese Stromboli P
With Roasted Broccoli
Whole Wheat Dinner Roll
Or Nachos with Cheese 🍷
Cheese Pizza 🍷

7 Incredibowls Orange Ginger Chicken 🍷
Or Nachos with Cheese 🍷
Apple Slices
Cheese Pizza 🍷
Pepperoni Pizza P 🍷

8 Cheesy Stuffed Bread Sticks 🍷
Baked Potato Wedges
Tuna Salad Sandwich 🍷
Or Nachos with Cheese 🍷
Cheese Pizza 🍷

11 Crispy Beef Stir Fry 🍷
Or Nachos with Cheese 🍷
Apple Slices
Tuna Salad Sandwich 🍷
Ham & Cheese Sandwich P

12 Crispy Chicken Sandwich
Baked Potato Wedges
Spicy Four Bean Salad
Or Nachos with Cheese 🍷
Cheese Pizza 🍷

13 Homemade Baked Pasta with Cheese 🍷
Whole Wheat Dinner Roll
Or Tuna Salad Sandwich 🍷
Ham & Cheese Sandwich P

14 BBQ Pulled Pork Sandwich P
Baked Potato Wedges
Or Nachos with Cheese 🍷
Cheese Pizza 🍷
Pepperoni Pizza P 🍷

15 Ruby's Chicken Cordon Bleu P 🍷
Baked Potato Wedges
Or Nachos with Cheese 🍷
Cheese Pizza 🍷
Pepperoni Pizza P 🍷

18 Salisbury Steak 🍷
Whole Wheat Dinner Roll
Nachos with Cheese 🍷
Apple Slices
Tuna Salad Sandwich 🍷
Ham & Cheese

19 Nachos Grande 🍷
Refried Beans
Or Sweet & Sour Chicken Sauce & Toss
Vegetable Fried Rice With Salsa Cup
Or Nachos with Cheese 🍷
Ham & Cheese

20 Wing Shack Chicken Wings
Whole Wheat Dinner Roll
All With Celery
Baby Carrots
Ham & Cheese Sandwich P
American Beauty 🍷

21 Breaded Fish Sticks
With Oven Baked Fries
And Dinner Rolls
Or Nachos with Cheese 🍷
Ham & Cheese Sandwich P
Cheese Pizza 🍷

22 Chicken Parmesan Sandwich
Baked Potato Wedges
Cinnamon & Honey
Roasted Beans
Nachos with Cheese 🍷
Apple Slices

25

26 Smothered Tex Mex Burrito 🍷
With Refried Beans
Salsa Cup
Fiesta Corn
Or Chicken Corn Dog
Baked Potato Wedges

27 Wing Shack Chicken Wings
Whole Wheat Dinner Roll
Or Pretzel with Cheese Sauce 🍷
All With Celery
Baby Carrots
Nachos with Cheese

28 Bacon Cheeseburger P
Baked Potato Wedges
Or Nachos with Cheese 🍷
Cheese Pizza 🍷
Pepperoni Pizza P 🍷

29 Homemade Mac & Cheese 🍷
Dough Roll Dinner
Whole Grain
Or Nachos with Cheese 🍷
Cheese Pizza 🍷
Pepperoni Pizza P 🍷

View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Available Daily

All entrees served with a HOT vegetable option Made-to-order Deli Sandwiches, Fresh Piping Hot pizza, Fresh Fruit and Veg Bar

1% White Milk or Fat Free

Vegetarian **Chocolate** Made With Natural Ingredients

Meals Are Free To All Students

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Adult Breakfast \$3.00 Adult Lunch \$4.75

Milk \$0.50

Questions, Contact Michael Flies

fliesm@whitsons.com

