

Dinner Menu

Orange East Waits River Valley School

May
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM

Monday

Tuesday

Wednesday

Thursday

Friday

4 Chicken and Waffles
Baked Potato
Wedges
Maple Syrup
Fresh Apple Slices
Unflavored Low Fat
Milk

5 Nachos with Cheese 
Apple Slices
Fresh Baby Carrots
Unflavored Low Fat
Milk

6 Crispy Chicken
Sandwich
Diced Pears In Juice
Crispy Potato Puffs
Unflavored Low Fat
Milk

7 Homemade Three
Cheese Stromboli 

Celery
Lite Ranch Dressing
Fresh Banana
Unflavored Low Fat
Milk

8 Cheesy Stuffed
Bread Sticks 
Tomato Sauce
Fresh Orange
Unflavored Low Fat
Milk

11 Chicken and Waffles
Baked Potato
Wedges
Maple Syrup
Fresh Apple Slices
Unflavored Low Fat
Milk

12 Nachos with Cheese 
Apple Slices
Fresh Baby Carrots
Unflavored Low Fat
Milk

13 Crispy Chicken
Sandwich
Diced Pears In Juice
Crispy Potato Puffs
Unflavored Low Fat
Milk

14 Homemade Three
Cheese Stromboli 

Celery
Lite Ranch Dressing
Fresh Banana
Unflavored Low Fat
Milk

15 Cheesy Stuffed
Bread Sticks 
Tomato Sauce
Fresh Orange
Unflavored Low Fat
Milk

18 Chicken and Waffles
Baked Potato
Wedges
Maple Syrup
Fresh Apple Slices
Unflavored Low Fat
Milk

19 Nachos with Cheese 
Apple Slices
Fresh Baby Carrots
Unflavored Low Fat
Milk

20 Crispy Chicken
Sandwich
Diced Pears In Juice
Crispy Potato Puffs
Unflavored Low Fat
Milk

21 Homemade Three
Cheese Stromboli 


Celery
Lite Ranch Dressing
Fresh Banana
Unflavored Low Fat
Milk

22 Cheesy Stuffed
Bread Sticks 
Tomato Sauce
Fresh Orange
Unflavored Low Fat
Milk

25 Nachos with Cheese 
Apple Slices
Fresh Baby Carrots
Unflavored Low Fat
Milk

26 Crispy Chicken
Sandwich
Diced Pears In Juice
Crispy Potato Puffs
Unflavored Low Fat
Milk

27 Cheeseburger
Crispy Potato Puffs
Applesauce
Unflavored Low Fat
Milk

28 General Tso's
Chicken Wrap 
Broccoli Bites
Apple Slices
Unflavored Low Fat
Milk

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View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

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