

Breakfast Menu

Orange East Waits River Valley School

May
2026

WHITSONS FAMILY OF COMPANIES
WWW.WHITSONS.COM




Monday



Tuesday

Wednesday

Thursday

Friday

4 Homemade Apple Cinnamon Oatmeal 

Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese



5 Fruity Parfait 

Sausage and Cheese Sandwich
Or Rice Chex Cereal



All With String Cheese
Or Scooby Doo



6 Spicy Country Breakfast Bowl 



Sausage and Cheese Sandwich
Or Rice Chex Cereal


All With String Cheese
Or Scooby Doo



7 Sausage, Egg & Cheese Burrito* 
Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese
Or Scooby Doo



1 Scrambled Eggs with Cheese 
Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese
Or Scooby Doo



8 Whole Grain French Toast Slices 
Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese
Or Scooby Doo



11 Scrambled Eggs with Cheese 
Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese
Or Scooby Doo




12 Crispy Chicken Patty Country Style Gravy Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese
Or Scooby Doo




13 Strawberry Smoothie 
Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese
Or Scooby Doo



14 Ham & Cheese Bagel Melt 
Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese
Or Scooby Doo


15 Fluffy Whole Grain Waffles 
Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese
Or Scooby Doo

18 Fluffy Whole Grain Pancakes 
Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese
Or Scooby Doo




19 Fruity Parfait 

Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese
Or Scooby Doo






20 Spicy Country Breakfast Bowl 

Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese
Or Scooby Doo



21 Sausage, Egg & Cheese Burrito* 
Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese
Or Scooby Doo

22 Whole Grain Pancakes with Sausage Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese

25

26 Sicilian Style Breakfast Pizza 

Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese
Or Scooby Doo

27 Strawberry Smoothie 
With Cinnamon Smoothie Dunker 

Sausage and Cheese Sandwich
Or Rice Chex Cereal



28 Scrambled Eggs with Cheese 
Sausage and Cheese Sandwich
Or Rice Chex Cereal

All With String Cheese
Or Scooby Doo

29



View this menu on the mobile app, FDMealPlanner, or on the web at www.FDMealPlanner.com.

*Consuming raw or under cooked meat, poultry, seafood, shellfish or eggs may increase your risk of food borne illness, especially if you have certain medical conditions.

**Menu is subject to change, notice posted when available. If you have a food allergy, or intolerance, please notify us.

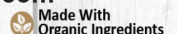
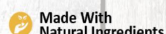
***In accordance with federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, this institution is prohibited from discriminating on the basis of race, color national origin, sex (including gender identity and sexual orientation), disability, age, or reprisal or retaliation for prior civil rights activity. This institution is an equal opportunity provider.

Available Daily

Fresh and dried fruit selection

100% Fruit Juice

1% White Milk or Fat Free Chocolate Milk



Meals Are Free To All Students

Adult Breakfast \$3.00

Adult Lunch \$4.75

Milk \$0.50

Questions, Contact Michael Flies

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