

## Support for Employees & Families

EAP services are available to all employees of contracted employers and their families, no matter where they live in the U.S.

We can help with the following concerns:

- Mental Health
- Substance Use
- Grief/Loss
- Trauma
- Legal Concerns
- Financial Matters
- Workplace Conflict
- Dependent Care
- Parenting Issues
- Relationship Conflict and more...

Call **800-445-1195** to speak with a clinical consultant. Our master's-level, licensed counselors will:

- provide assessment, consultation, and support,
- assist you in developing an action plan,
- identify and connect you with appropriate resources and services, and
- follow up for continued guidance.

For additional information about our services and more resources and tools, visit [www.C3Wellbeing.org](http://www.C3Wellbeing.org)  
Login: *COMPANYNAME*

## Your Privacy Matters

C3 Wellbeing maintains strict adherence to State and Federal laws, including HIPAA, governing the confidentiality of medical records and communication of personal health information. These records cannot be accessed by your employer.