

# May 2026 Head Start Menus

## St. Charles Parish Public Schools

This institution is an equal opportunity provider. Menus are subject to change.

Every  
complete  
meal we serve  
comes with  
your choice of  
low fat or  
nonfat milk!



Friday, May 1

**Breakfast**

Cereal  
Juice, Milk

**Lunch**

Cheese Pizza  
Garden Salad  
Orange Wedges  
Milk

**Snack**

Animal Crackers  
Fruit Cup (Pear)

Monday, May 4

**Breakfast**

Waffle  
Juice, Milk

**Lunch**

Chicken Tenders  
Broccoli w/Cheese  
Peach Slices  
Milk

**Snack**

Trix Cereal Bar  
Milk

Tuesday, May 5

**Breakfast**

French Toast Sticks  
Juice, Milk

**Lunch**

Soft Taco w/Cheese  
Refried Beans  
Apple Wedges  
Milk

**Snack**

Yogurt  
Tiger Bites Graham Crackers

Wednesday, May 6

**Breakfast**

Breakfast Pizza  
Juice, Milk

**Lunch**

Spaghetti w/Meatsauce  
Green Beans  
Banana Half  
Milk

**Snack**

Rice Krispie Treat  
Orange Wedges

Thursday, May 7

**Breakfast**

Sausage Biscuit  
Juice, Milk

**Lunch**

Gumbo w/Rice  
Potato Salad  
Pineapple Tidbits  
Milk

**Snack**

Cinnamon Goldfish  
Milk

Friday, May 8

**Breakfast**

Grits  
Juice, Milk

**Lunch**

Grilled Cheese Sandwich  
Tater Tots  
Orange Wedges  
Milk

**Snack**

Vanilla Chat Snax Grahams  
Fruit Cup (Applesauce)

Monday, May 11

**Breakfast**

Confetti Pancakes  
Juice, Milk

**Lunch**

Chicken Alfredo Pasta  
Green Beans  
Applesauce  
Milk

**Snack**

CheX Strawberry Cereal Bag  
Milk

Tuesday, May 12

**Breakfast**

French Toast Sticks  
Juice, Milk

**Lunch**

Orange Chicken, Fried Rice  
Edamame Beans  
Tropical Fruit  
Milk

**Snack**

Yogurt  
Cinnamon Bear Cracker

Wednesday, May 13

**Breakfast**

Breakfast Pizza  
Juice, Milk

**Lunch**

Vegetable Soup  
Grilled Cheese Sandwich  
Banana Half  
Milk

**Snack**

Cheese Stick  
Orange Wedges

Thursday, May 14

**Breakfast**

Sausage Biscuit  
Juice, Milk

**Lunch**

Fish Nuggets  
Macaroni & Cheese  
Green Beans, Pear Halves  
Milk

**Snack**

Mickey Goldfish  
Milk

Friday, May 15

**Breakfast**

Cereal  
Juice, Milk

**Lunch**

Chicken Sliders  
Crinkle Cut Fries  
Orange Wedges  
Milk

**Snack**

Animal Crackers  
Fruit Cup (Pear)

Monday, May 18

**Breakfast**

Waffle  
Juice, Milk

**Lunch**

Chicken Tenders  
French Fries  
Peach Slices  
Milk

**Snack**

Trix Cereal Bar  
Milk

SCHOOL'S  
- out for -  
SUMMER