

Transfer Guide
Wingate University
Exercise Science, Pre-Professional Track, BS
Transfer Guide for Associate in Science

Delivery Method: On-Campus

Program Admission Notes:

- Students completing a major in Exercise Science must meet the following criteria:
 - A grade of “B-” or higher in EXSC 101: Introduction to Exercise Science
 - A grade of “C-” or higher in all other Exercise Science core courses
- Any student receiving a grade lower than a “B-” in Exercise Science 101 must repeat the course. Any student receiving a grade lower than a “C-” in any other Exercise Science core class must repeat the course. If the particular course is a prerequisite for another course, the other course may not be taken until the required passing grade is achieved (“B-” for EXSC 101 and “C-” for all other courses).
- Students in the Pre-Professional track must repeat Biology 101, 211, or 212 if they earn grades lower than a “C-.” Students in the Pre-Professional track are required to maintain a minimum 2.5 cumulative GPA to remain in the program. Failure to maintain a 2.5 cumulative GPA by the end of the probation period will result in removal from the program, and the student will be advised into a suitable major. In addition, any student who falls below a 2.5 cumulative GPA after earning 72 credit hours, including transfer hours, will be removed from the program and will be advised into a suitable major.

Major-Specific Course Recommendations:

Students are encouraged to build the North Carolina Community College (NCCC) course recommendations below into the associate degree to best prepare for the intended university and major.

Recommended NCCC Course	Credit Hours	Wingate Equivalent	Assoc. Degree Requirement fulfilled	WU Requirement fulfilled
PSY 150: General Psychology	3	PSYC 101: General Psychology	UGETC Social/Behavior Sciences	Required Course, General Education
MATH 152: Statistical Methods I	4	Math 209: Inferential Statistics	Additional General Education Courses	Required Course, General Education
MAT 172: Precalculus Trigonometry	4	MATH 115: Precalculus	UGETC: Math	Required Course, Pre-Professional Core
BIO 111: General Biology I	4	BIO 101: General Biology I	Additional General Education Courses	Required Course, General Education
BIO 168: Anatomy and Physiology I	4	BIO 211: Principles of Anatomy & Physiology I	Additional General Education Courses	Required Course, Pre-Professional Core
BIO 169: Anatomy and Physiology II	4	BIO 212: Principles of Anatomy & Physiology I	Additional General Education Courses	Required Course, Pre-Professional Core
CHEM 151: General Chemistry I	4	CHEM 101: Principles of Chemistry I	UGETC Natural Sciences	Required Course, General Education
CHEM 152: General Chemistry II	4	CHEM 102: Principles of Chemistry II	UGETC Natural Sciences	Required Course, General Education
HEA 120: Community Health	3	HETH101: Personal & Community Health	Additional General Education Courses	Required Course, Exercise Science Core
Second Language 111	3	Second Language 101	Additional General Education Courses	Required Course, General Education
Second Language 112	3	Second Language 102	Additional General Education Courses	Required Course, General Education

PED 110: Fit and Well for Life	2	Wellness 101: Personal Fitness and Wellness	Additional General Education Courses	Required Course, General Education
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Remaining Associate Degree Requirements:

In addition to major-specific course recommendations above, students should work with a community college advisor to select additional community college courses to fulfill the remaining associate degree requirements identified below.

Recommended NCCC Course	Credit Hours	Wingate Equivalent	Assoc. Degree Requirement fulfilled	WU Requirement fulfilled
ENG 111: Writing & Inquiry	3	Elective	English Composition	Elective
ENG 112: Writing & Research	3	ENG 110: Univ. Writing & Research	English Composition	General Education
Student Choice/No Preference	6	University Equivalencies	UGETC Humanities/Fine Arts	General Education
Student Choice/No Preference	3	University Equivalencies	UGETC Social/Behavior Sciences	General Education
MATH 171: Precalculus Algebra	4	Math Elective	UGETC: Math	General Education
ACA 122: College Transfer Success	1	Gate 101: Gateway to University Life	Academic Transition	General Education

Remaining Bachelor's Degree Requirements at Wingate:

*33 hours of degree total must be 300/400 level courses.

University Course	Credit Hours	University Course Notes
EXSC 101: Introduction to Exercise Science	3	A minimum grade of B- is required
EXSC 205: Principles of Resistance Training	3	
EXSC 230: Fitness Promotion and Assessment	3	

EXSC 255: Applied Nutrition	3	
EXSC 303: Motor Control & Motor Learning	3	
EXSC 305: Care & Prevention of Injuries	3	
EXSC 306: Psychology of Sport and Exercise	3	
EXSC 310: Exercise Physiology w/LAB	4	
EXSC 315: Anatomical Kinesiology	3	
EXSC 325: Strength and Conditioning	3	
EXSC 410: Exercise Prescription: Special Population	3	
EXSC 415: Current Topics in Exercise Science	3	
EXSC 477: Pre-Internship Seminar	3	
EXSC 479: Internship	3	
PE 145: CPR/AED Training	1	
PHYS 101: General Physics I	4	
PHYS 102: General Physics II	4	
General Electives	9	