

Wellness Plan Evaluation- Hiltop ES		2021-2022	2022-2023	2025-2026
<i>Public Notification</i>				
	Is the wellness policy and information about the SHAC Committee on the Website?	Not Completed, Wellness Policy posted, missing other components.	Develop plan to meet this action step	Yes
<i>Exemption Days</i>				
	What 6 days are exempt days?	Nov. 19, Dec. 15, Dec. 16, Mar. 11, May 17, May 18	Nov. 18, Dec. 14, Dec. 15, Mar. 10, May 18, May 19	Nov. 21, Dec. 17, Dec. 18, Mar. 5, May 20, May 21
<i>Nutrition Promotion</i>				
<b>Goal 1</b>	<b>The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.</b>			
	Are there healthy nutritional messages in cafeteria and throughout the school?	Not completed	Develop plan to meet this action step	Healthy messages in the cafeteria
	Is information given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	See TEKS below Teachers discuss healthy snacks when discussing what is allowable during class snack time.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information available on district school cafe website	All menus have nutritional information available on district school cafe website	All menus have nutritional information available on district Nutrislice
<b>Goal 2</b>	<b>The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.</b>			
	Does Student Nutrition share educational nutrition information on the social media platforms?	Not completed	Develop plan to meet this action step	Yes, post periodically healthy eating tips and National Food Holidays
	Is educational nutrition information shared on the website or District Insights Magazine?	Not completed	Develop plan to meet this action step	Develop plan to meet this action step
<i>Nutrition Education</i>				
<b>Goal 1</b>	<b>The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.</b>			

				<p>Kindergarten Science TEKS</p> <p>Strand: Scientific and Engineering Practices / Organisms and Environments</p> <p>K.10(B): Identify the basic needs of animals, including air, water, food, and shelter.</p> <ul style="list-style-type: none"> <li>◆ Food is discussed as a basic need for survival, laying the foundation for understanding healthy food choices.</li> </ul> <p>Grade 1 Science TEKS</p> <p>Strand: Organisms and Environments</p> <p>1.11(A): Describe how the external characteristics of an animal are related to where it lives, how it moves, and what it eats.</p> <ul style="list-style-type: none"> <li>◆ Begins connecting diet (what animals eat) with their environment — early critical thinking about food needs.</li> </ul> <p>Grade 2 Science TEKS</p> <p>Strand: Organisms and Environments</p> <p>2.11(A): Identify the basic needs of plants and animals, including humans.</p> <ul style="list-style-type: none"> <li>◆ Reinforces that food is a basic need, setting up deeper learning about food's function in the body.</li> </ul> <p>Grade 3 Science TEKS</p> <p>Strand: Organisms and Environments</p> <p>3.11(B): Describe how physical characteristics and behaviors of animals help them meet their basic needs, such as eating and obtaining food.</p> <ul style="list-style-type: none"> <li>◆ Provides opportunity for comparison of animal vs. human food needs.</li> </ul> <p>Grade 4 Science TEKS</p> <p>Strand: Organisms and Environments</p> <p>4.11(A): Investigate how the structures and functions of plants and animals allow them to survive in a particular environment, including how they obtain food and water.</p> <ul style="list-style-type: none"> <li>◆ Connects food consumption with survival functions, indirectly relating to human dietary needs.</li> </ul> <p>Grade 5 Science TEKS</p> <p>Strand: Organisms and Environments</p> <p>5.11(B): Describe how food chains and food webs support the transfer of energy in ecosystems, including producers and consumers.</p> <ul style="list-style-type: none"> <li>◆ Introduces how food provides energy, a core concept in understanding healthy vs. unhealthy sources of energy (fats, sugars, nutrients).</li> </ul>
	<p>Is information is given in Science Classes?</p>	<p>Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.</p>	<p>Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.</p>	

	Is information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop PE included food group tag	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in Hilltop PE include food group tag, supermarket sweep and brain pop video.	Kindergarten (19 TAC § 115.2) Grade 1 (19 TAC § 115.3) Grade 4 (19 TAC § 115.16) Teeth Health, Food Group Tag, Shopping Trip with Scooters, Food Group Bowling, Go Slow, Whoa Foods
	Do we participate in a Coordinated School Health Program?	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we will meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A	N/A	N/A
<i>Physical Activity</i>				
<b>Goal 1</b>	<b>The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.</b>			
	What fitness programs are offered to the students?	Jingle Jog & Field Day	Turkey Trot (November 18th) & Field Day	Field Day, Health/ Fitness Games & Fitness Gram
	What are the participation numbers for these programs?	Jingle Jog ( Entire School) & Field Day (Entire School)	Turkey Trot (Entire School) & Field Day (Entire School)	Field Day & Fitness Gram (Entire School)
	How are these programs promoted?	Promoted in PE, newsletters, email blasts and announcements	Promote in PE, newsletters, email blasts and announcements	Promote in PE, newsletters, email blasts and announcements
<b>Goal 2</b>	<b>The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.</b>			
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness	District Flu clinics, district walk, Heart Disease Awareness	District Flu clinics, Hands- Only CPR
<i>School Based Activities</i>				
<b>Goal 1</b>	<b>The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.</b>			
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes	Yes	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes	Yes	Yes

Wellness Plan Evaluation- Argyle West		2021-2022	2022-2023	2025-2026
<i>Public Notification</i>				
	Is the wellness policy and information about the SHAC Committee on the Website?	Not Completed	Develop plan to meet this action step	Yes
<i>Exemption Days</i>				
	What 6 days are exempt days?	Dec 15, Dec 16, Mar 9, May 16, May 17	Dec 14, Dec 15, Jan 20, May 16, May 17	Oct 10, Dec12, Dec 17, Dec 18, Mar 4 & May 21
<i>Nutrition Promotion</i>				
<b>Goal 1</b>	<b>The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.</b>			
	Are there healthy nutritional messages in cafeteria and throughout the school?	Not completed	Develop plan to meet this action step	Healthy messages in the cafeteria
	What information is given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	See TEKS below Teachers discuss healthy snacks when discussing what is allowable during class snack time.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information available on district school cafe website	All menus have nutritional information available on district school cafe website	All menus have nutritional information available on district Nutrislice
<b>Goal 2</b>	<b>The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.</b>			
	Does Student Nutrition share educational nutrition information on the social media platforms?	Not completed	Develop plan to meet this action step	Yes, post periodically healthy eating tips and National Food Holidays
	Is educational nutrition information shared on the website or District Insights Magazine?	Not completed	Develop plan to meet this action step	Develop plan to meet this action step
<i>Nutrition Education</i>				
<b>Goal 1</b>	<b>The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.</b>			

				<p>Kindergarten Science TEKS</p> <p>Strand: Scientific and Engineering Practices / Organisms and Environments</p> <p>K.10(B): Identify the basic needs of animals, including air, water, food, and shelter.</p> <ul style="list-style-type: none"> <li>◆ Food is discussed as a basic need for survival, laying the foundation for understanding healthy food choices.</li> </ul> <p>Grade 1 Science TEKS</p> <p>Strand: Organisms and Environments</p> <p>1.11(A): Describe how the external characteristics of an animal are related to where it lives, how it moves, and what it eats.</p> <ul style="list-style-type: none"> <li>◆ Begins connecting diet (what animals eat) with their environment — early critical thinking about food needs.</li> </ul> <p>Grade 2 Science TEKS</p> <p>Strand: Organisms and Environments</p> <p>2.11(A): Identify the basic needs of plants and animals, including humans.</p> <ul style="list-style-type: none"> <li>◆ Reinforces that food is a basic need, setting up deeper learning about food's function in the body.</li> </ul> <p>Grade 3 Science TEKS</p> <p>Strand: Organisms and Environments</p> <p>3.11(B): Describe how physical characteristics and behaviors of animals help them meet their basic needs, such as eating and obtaining food.</p> <ul style="list-style-type: none"> <li>◆ Provides opportunity for comparison of animal vs. human food needs.</li> </ul> <p>Grade 4 Science TEKS</p> <p>Strand: Organisms and Environments</p> <p>4.11(A): Investigate how the structures and functions of plants and animals allow them to survive in a particular environment, including how they obtain food and water.</p> <ul style="list-style-type: none"> <li>◆ Connects food consumption with survival functions, indirectly relating to human dietary needs.</li> </ul> <p>Grade 5 Science TEKS</p> <p>Strand: Organisms and Environments</p> <p>5.11(B): Describe how food chains and food webs support the transfer of energy in ecosystems, including producers and consumers.</p> <ul style="list-style-type: none"> <li>◆ Introduces how food provides energy, a core concept in understanding healthy vs. unhealthy sources of energy (fats, sugars, nutrients).</li> </ul>
	<p>What information is given in Science Classes?</p>	<p>Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.</p>	<p>Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.</p>	

	What information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in West PE include food group tag, supermarket sweep, watched nutrition videos	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities include nutrition monopoly, food group bowling, nutrition slideshow.	Kindergarten (19 TAC § 115.2) Grade 1 (19 TAC § 115.3) Grade 4 (19 TAC § 115.16) 5 food group tag, supermarket sweep, food group bowling
	Do we participate in a Coordinated School Health Program?	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A	N/A	N/A
<i>Physical Activity</i>				
<b>Goal 1</b>	<b>The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.</b>			
	What fitness programs are offered to the students?	Jog-a-thon & Field Day	Field Day	Running club, Field Day, Fitness Gram
	What are the participation numbers for these programs?	Jog-a-thon (Entire School) & Field Day (Entire School)	Field Day (Entire School)	Running Club (all students), Field Day (all students), Fitness Gram (all students)
	How are these programs promoted?	Promoted in PE, newsletters, email blasts and announcements	Promote in PE, newsletters, email blasts and announcements	Promote in PE, newsletters, email blasts and announcements
<b>Goal 2</b>	<b>The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.</b>			
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness	District Flu clinics, district walk, Heart Disease Awareness	District Flu Clinics, Teacher walking club
<i>School Based Activities</i>				
<b>Goal 1</b>	<b>The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.</b>			
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes	Yes	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes	Yes	Yes

Wellness Plan Evaluation- Argyle South		2022-2023	2025-2026
<i>Public Notification</i>			
	Is the wellness policy and information about the SHAC Committee on the Website?	Develop plan to meet this action step	Yes
<i>Exemption Days</i>			
	What 6 days are exempt days?	Oct. 28, Nov. 18, Dec. 9, Feb. 9, Apr. 6, May 12	Oct. 31, Nov. 21, Dec. 18, Feb.13, Apr. 2, May 20
<i>Nutrition Promotion</i>			
<b>Goal 1</b>	<b>The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.</b>		
	Are there healthy nutritional messages in cafeteria and throughout the school?	Develop plan to meet this action step	Healthy messages in the cafeteria
	What information is given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	See TEKS below Teachers discuss healthy snacks when discussing what is allowable during class snack time.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information available on district school cafe website	All menus have nutritional information available on district Nutrislice
<b>Goal 2</b>	<b>The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.</b>		
	Does Student Nutrition share educational nutrition information on the social media platforms?	Develop plan to meet this action step	Yes, post periodically healthy eating tips and National Food Holidays
	Is educational nutrition information shared on the website or District Insights Magazine?	Develop plan to meet this action step	Develop plan to meet this action step
<i>Nutrition Education</i>			
<b>Goal 1</b>	<b>The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.</b>		
	What information is given in Health Classes?	N/A	N/A

Kindergarten Science TEKS

Strand: Scientific and Engineering Practices / Organisms and Environments

K.10(B): Identify the basic needs of animals, including air, water, food, and shelter.

◆ Food is discussed as a basic need for survival, laying the foundation for understanding healthy food choices.

Grade 1 Science TEKS

Strand: Organisms and Environments

1.11(A): Describe how the external characteristics of an animal are related to where it lives, how it moves, and what it eats.

◆ Begins connecting diet (what animals eat) with their environment — early critical thinking about food needs.

Grade 2 Science TEKS

Strand: Organisms and Environments

2.11(A): Identify the basic needs of plants and animals, including humans.

◆ Reinforces that food is a basic need, setting up deeper learning about food's function in the body.

Grade 3 Science TEKS

Strand: Organisms and Environments

3.11(B): Describe how physical characteristics and behaviors of animals help them meet their basic needs, such as eating and obtaining food.

◆ Provides opportunity for comparison of animal vs. human food needs.

Grade 4 Science TEKS

Strand: Organisms and Environments

4.11(A): Investigate how the structures and functions of plants and animals allow them to survive in a particular environment, including how they obtain food and water.

◆ Connects food consumption with survival functions, indirectly relating to human dietary needs.

Grade 5 Science TEKS

	What information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities at South include videos, play certain games that have a health and nutrition spin on it (My Plate bean bags).	Kindergarten (19 TAC § 115.2) Grade 1 (19 TAC § 115.3) Grade 4 (19 TAC § 115.16) I incorporate a variety of warm-up videos and movement activities that connect physical exercise with healthy eating habits. These lessons help students understand how nutrition supports energy, growth, and overall wellness.
	Do we participate in a Coordinated School Health Program?	Yes we meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A	N/A
<i>Physical Activity</i>			
<b>Goal 1</b>	<b>The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.</b>		
	What fitness programs are offered to the students?	FitnessGram, Field Day & Fundraiser Jog	Fitness Gram, Family Fitness Opportunities & Field Day
	What are the participation numbers for these programs?	FitnessGram (3rd-5th), Field Day (Entire School), Fundraiser Jog	Fitness Gram & Field Day (Entire School)
	How are these programs promoted?	Promote in PE, newsletters, email blasts and announcements	Promote in PE, newsletters, email blasts and announcements
<b>Goal 2</b>	<b>The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.</b>		
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness	District Flu Clinics
<i>School Based Activities</i>			
<b>Goal 1</b>	<b>The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.</b>		
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes	Yes

Wellness Plan Evaluation- Argyle South		2025-2026
<i>Public Notification</i>		
	Is the wellness policy and information about the SHAC Committee on the Website?	Yes
<i>Exemption Days</i>		
	What days are exempt days?	9/26, 10/27, 12/18, 3/22, 5/1, 5/18 & 5/19
<i>Nutrition Promotion</i>		
<b>Goal 1</b>	<b>The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.</b>	
	Are there healthy nutritional messages in cafeteria and throughout the school?	Healthy messages in the cafeteria
	What information is given in Health and Science classes on healthy eating?	See TEKS below Teachers discuss healthy snacks when discussing what is allowable during class snack time.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information available on district Nutrislice
<b>Goal 2</b>	<b>The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.</b>	
	Does Student Nutrition share educational nutrition information on the social media platforms?	Yes, post periodically healthy eating tips and National Food Holidays
	Is educational nutrition information shared on the website or District Insights Magazine?	Develop plan to meet this action step
<i>Nutrition Education</i>		
<b>Goal 1</b>	<b>The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.</b>	
	What information is given in Health Classes?	N/A

#### Kindergarten Science TEKS

Strand: Scientific and Engineering Practices / Organisms and Environments

K.10(B): Identify the basic needs of animals, including air, water, food, and shelter.

- ◆ Food is discussed as a basic need for survival, laying the foundation for understanding healthy food choices.

#### Grade 1 Science TEKS

Strand: Organisms and Environments

1.11(A): Describe how the external characteristics of an animal are related to where it lives, how it moves, and what it eats.

- ◆ Begins connecting diet (what animals eat) with their environment — early critical thinking about food needs.

#### Grade 2 Science TEKS

Strand: Organisms and Environments

2.11(A): Identify the basic needs of plants and animals, including humans.

- ◆ Reinforces that food is a basic need, setting up deeper learning about food's function in the body.

#### Grade 3 Science TEKS

Strand: Organisms and Environments

3.11(B): Describe how physical characteristics and behaviors of animals help them meet their basic needs, such as eating and obtaining food.

- ◆ Provides opportunity for comparison of animal vs. human food needs.

#### Grade 4 Science TEKS

	What information is given in PE and Athletics?	Kindergarten (19 TAC § 115.2) Grade 1 (19 TAC § 115.3) Grade 4 (19 TAC § 115.16) Food Group Relay, Discussions around fitness, hydration, healthy snack options and active lifestyles during warm-ups and cool downs, Food Group Tag, Snack Sort
	Do we participate in a Coordinated School Health Program?	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A
<i>Physical Activity</i>		
<b>Goal 1</b>	<b>The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.</b>	
	What fitness programs are offered to the students?	Great Grinch Race, Field Day, Walk to School Day, Wellness Night, Family Fitness Night
	What are the participation numbers for these programs?	All activities opent to entire school
	How are these programs promoted?	Promote in PE, newsletters, email blasts and annoucements
<b>Goal 2</b>	<b>The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.</b>	
	What programs do you host to promote healthy lifestyles to district employees?	District Flu Clinics
<i>School Based Activities</i>		

<b>Goal 1</b>	<b>The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.</b>	
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes

Wellness Plan Evaluation- Argyle MS/ Argyle 6th GC		2021-2022	2022-2023	2025-2026
<i>Public Notification</i>				
	Is the wellness policy and information about the SHAC Committee on the Website?	Not Completed	Develop plan to meet this action step	Yes
<i>Exemption Days</i>				
	What 6 days are exempt days?	N/A	N/A	N/A
<i>Nutrition Promotion</i>				
<b>Goal 1</b>	<b>The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.</b>			
	Are there healthy nutritional messages in cafeteria and throughout the school?	Not completed	Develop plan to meet this action step	Yes
	What information is given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information available on district school cafe website	All menus have nutritional information available on district school cafe website	All menus have nutritional information available on district school cafe website
<b>Goal 2</b>	<b>The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.</b>			
	Does Student Nutrition share educational nutrition information on the social media platforms?	Not completed	Develop plan to meet this action step	Yes, post periodically healthy eating tips and National Food Holidays
	Is educational nutrition information shared on the website or District Insights Magazine?	Not completed	Develop plan to meet this action step	Develop plan to meet this action step
<i>Nutrition Education</i>				
<b>Goal 1</b>	<b>The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.</b>			
	What information is given in Health Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in Science Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in West PE include food group tag, supermarket sweep, watched nutrition videos	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities include nutrition monopoly, food group bowling, nutrition slideshow.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities include nutrition monopoly, food group bowling, nutrition slideshow.
	Do we participate in a Coordinated School Health Program?	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A	N/A	N/A
<i>Physical Activity</i>				
<b>Goal 1</b>	<b>The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.</b>			
	What fitness programs are offered to the students?	Athletics, PE, Aerobic Activity, Dance, Marching Band, Drill Team, Cheer, or Off-Campus PE. Fitness Gram is also a requirement: 1. Aerobic Assessment (pacer test or mile run) 2. Muscular Strength and Endurance Assessment (Curl ups, trunk lift, and push ups) 3. Flexibility Assessment (sit-and-reach test or shoulder stretch)	Athletics, PE, Aerobic Activity, Dance, Marching Band, Drill Team, Cheer, or Off-Campus PE. Fitness Gram is also a requirement: 1. Aerobic Assessment (pacer test or mile run) 2. Muscular Strength and Endurance Assessment (Curl ups, trunk lift, and push ups) 3. Flexibility Assessment (sit-and-reach test or shoulder stretch)	Athletics, PE, Aerobic Activity, Dance, Marching Band, Drill Team, Cheer, or Off-Campus PE. Fitness Gram is also a requirement: 1. Aerobic Assessment (pacer test or mile run) 2. Muscular Strength and Endurance Assessment (Curl ups, trunk lift, and push ups) 3. Flexibility Assessment (sit-and-reach test or shoulder stretch)
	What are the participation numbers for these programs?	Entire School	Entire School	Entire School
	How are these programs promoted?	Promoted throughout school	Promoted throughout school	Promoted throughout school

<b>Goal 2</b>	<b>The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.</b>			
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness	District Flu clinics, district walk, Heart Disease Awareness	District Flu clinics, district walk, Heart Disease Awareness
<i>School Based Activities</i>				
<b>Goal 1</b>	<b>The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.</b>			
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes	Yes	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes	Yes	Yes

Wellness Plan Evaluation- Argyle HS		2021-2022	2022-2023	2025-2026
<i>Public Notification</i>				
	Is the wellness policy and information about the SHAC Committee on the Website?	Not Completed	Develop plan to meet this action step	Yes
<i>Exemption Days</i>				
	What 6 days are exempt days?	N/A	N/A	N/A
<i>Nutrition Promotion</i>				
<b>Goal 1</b>	<b>The District's food service staff, teachers, and other District personnel shall consistently promote healthy nutrition messages in cafeterias, classrooms, and other appropriate settings.</b>			
	Are there healthy nutritional messages in cafeteria and throughout the school?	Not completed	Develop plan to meet this action step	Yes
	What information is given in Health and Science classes on healthy eating?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	Do breakfast and lunch menus have nutritional information posted?	All menus have nutritional information available on district school cafe website	All menus have nutritional information available on district school cafe website	All menus have nutritional information available on district school cafe website
<b>Goal 2</b>	<b>The District shall share educational nutrition information with families and the general public to promote healthy nutrition choices and positively influence the health of students.</b>			
	Does Student Nutrition share educational nutrition information on the social media platforms?	Not completed	Develop plan to meet this action step	Yes, post periodically healthy eating tips and National Food Holidays
	Is educational nutrition information shared on the website or District Insights Magazine?	Not completed	Develop plan to meet this action step	Develop plan to meet this action step
<i>Nutrition Education</i>				
<b>Goal 1</b>	<b>The District shall deliver nutrition education that fosters the adoption and maintenance of healthy eating behaviors.</b>			
	What information is given in Health Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in Science Classes?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades.
	What information is given in PE and Athletics?	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities in West PE include food group tag, supermarket sweep, watched nutrition videos	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities include nutrition monopoly, food group bowling, nutrition slideshow.	Argyle ISD follows Chapter 115 TEKS for Health Education in all grades. Activities include nutrition monopoly, food group bowling, nutrition slideshow.
	Do we participate in a Coordinated School Health Program?	Yes we met the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement	Yes we meet the requirements with TEKS, the 8 components that is addressed by the annual report to the school board: Healthy Instruction, Physical Education, School Counseling, Student Nutrition Services, School Site promotion for staff (Flu Vaccine Clinic, Covid Testing) Parental Involvement
	Do we participate in the CATCH Program	N/A	N/A	N/A
<i>Physical Activity</i>				
<b>Goal 1</b>	<b>The District shall provide an environment that fosters safe, enjoyable, and developmentally appropriate fitness activities for all students, including those who are not participating in physical education classes or competitive sports.</b>			
	What fitness programs are offered to the students?	Athletics, PE, Aerobic Activity, Dance, Marching Band, Drill Team, Cheer, or Off-Campus PE. Fitness Gram is also a requirement: 1. Aerobic Assessment (pacer test or mile run) 2. Muscular Strength and Endurance Assessment (Curl ups, trunk lift, and push ups) 3. Flexibility Assessment (sit-and-reach test or shoulder stretch)	Athletics, PE, Aerobic Activity, Dance, Marching Band, Drill Team, Cheer, or Off-Campus PE. Fitness Gram is also a requirement: 1. Aerobic Assessment (pacer test or mile run) 2. Muscular Strength and Endurance Assessment (Curl ups, trunk lift, and push ups) 3. Flexibility Assessment (sit-and-reach test or shoulder stretch)	Athletics, PE, Aerobic Activity, Dance, Marching Band, Drill Team, Cheer, or Off-Campus PE. Fitness Gram is also a requirement: 1. Aerobic Assessment (pacer test or mile run) 2. Muscular Strength and Endurance Assessment (Curl ups, trunk lift, and push ups) 3. Flexibility Assessment (sit-and-reach test or shoulder stretch)
	What are the participation numbers for these programs?	Entire School	Entire School	Entire School
	How are these programs promoted?	Promoted throughout school	Promoted throughout school	Promoted throughout school

<b>Goal 2</b>	<b>The District shall make appropriate training and other activities available to District employees in order to promote enjoyable, life-long physical activity for District employees and students.</b>			
	What programs do you host to promote healthy lifestyles to district employees?	District Flu clinics, district walk, Heart Disease Awareness	District Flu clinics, district walk, Heart Disease Awareness	District Flu clinics, district walk, Heart Disease Awareness
<i>School Based Activities</i>				
<b>Goal 1</b>	<b>The District shall allow sufficient time for students to eat meals in cafeteria facilities that are clean, safe, and comfortable.</b>			
	Are students given 20 minutes of uninterrupted time to eat lunch?	Yes	Yes	Yes
	Are students given 10 minutes of uninterrupted time to eat breakfast?	Yes	Yes	Yes