

BAKER INVITATIONAL MEET SCHEDULE

Tuesday, April 28, 2026

Running Events

12:00 Girls 3200 M
Boys 3200 M

Girls 100 M Hurdles
Boys 110 M Hurdles

Girls 100 M Dash
Boys 100 M Dash

Girls 4 x100 M Relay
Boys 4 x 100 M Relay

Girls 800 M Run
Boys 800 M Run

Girls 300 M Hurdles
Boys 300 M Hurdles

Girls 400 M Run
Boys 400 M Run

Girls 1600 M Run
Boys 1600 M Run

Girls 200 M Dash
Boys 200 M Dash

Girls 1600 M Relay
Boys 1600 M Relay

Field Events

11:00 Girls Discus/Boys Follow
Boys Shot Put/Girls Follow
Girls Pole Vault/Boys Follow
Boys Long Jump/Girls Follow

12:30 Girls High Jump/Boys Follow
Boys Triple Jump/Girls Follow
Boys Javelin/Girls Follow

Coaches Meeting: 10:30. Scratches can be made at this time, weather issues, pole vault heights, etc.

General Stadium Rules:

1. 1/8" pyramid spikes only.
2. No food or beverages on the field except water.
3. No glass containers of any kind.
4. Please dispose of all trash in your team areas.

Meet Rules:

1. Each athlete will have 4 jumps/throws.
2. All running events will be finals against time.
3. All athletes are to follow the uniform code of the MHSA. No hats in events, no electronic devices on field