



Ambridge Area is a CEP District

Breakfast and Lunch are free to Students.

BREAKFAST MENU

Students may choose the daily feature in addition to fruit and/or juice and milk for a complete breakfast.

Daily Breakfast Fruit Choice:

- Fresh Fruit
- Dried Fruit
- Fruit Cup
- Asst Juice



AMBRIDGE MIDDLE SCHOOL MAY/JUNE 2026 MENUS

Leigh Anne Holman CDM, CFPP
Food Service Director
724-266-2833 ext. 2395 or 2230
leighanne.holman@ambridge.k12.pa.us

WEEK OF MAY 4-8	MONDAY MAY 4	TUESDAY MAY 5	WEDNESDAY MAY 6	THURSDAY MAY 7	FRIDAY MAY 8
BREAKFAST	Hadley Farms Cinnamon Roll	Breakfast Burrito	Dunkin Sticks	Breakfast Scrambler	Cereal Bar Cheese Stick
MAIN ENTRÉE LUNCH	Popcorn Chicken WG Garlic Breadstick	Beef or Chicken Taco on WG Tortilla w/ Lettuce, Cheese Salsa	Cook's Choice Day	Mexican Pizza	Stuffed Mozz Sticks w/ Pizza Sauce
ALTERNATE LUNCH	Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice
VEGGIE CHOICE	Waffle Fries Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers	Refried Beans Mexicorn Baby Carrots Romaine Salad Sliced Cucumbers	French Fries Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers	Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers	Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers
FRUIT CHOICE	Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit	Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit Dessert: WG Churro	Frozen Fruit Swirl Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit	Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit	Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit
MILK CHOICE	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk

What is included for Breakfast?

1. Whole Grain Bread Item
2. Meat/Meat Alternative (optional)
3. Fruit and/or Vegetable and/or 100% Juice
4. 1% or Fat Free Milk

Students must pick 3 or 4 of the components of each meal, one of which MUST be at least 1/2 cup fruit or juice for a complete meal. If fewer than 3 items are taken or fruit or vegetables are not taken, students will be charged a different, ala carte price, as required by National School Breakfast Program regulations.

WEEK OF MAY 11-15	MONDAY MAY 11	TUESDAY MAY 12	WEDNESDAY MAY 13	THURSDAY MAY 14	FRIDAY MAY 15
BREAKFAST	Crumb Cake Hard Cooked Egg	(2) Starbucks Style Egg Bites or Fruit Frudel	Burst Bread Slice	Chicken Sausage Cheese Stuffed Snack N Waffle	Pop Tart Cheese Stick
MAIN ENTRÉE LUNCH	Chicken Nuggets	Mini Corn Dog Pasta alfredo	Cook's Choice Day	Cheese or Pepperoni Pizza	Penne Pasta w/ Meat sauce Garlic Breadstick
ALTERNATE LUNCH	Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice
VEGGIE CHOICE	Potato Smiles Corn Baby Carrots Romaine Salad Celery Sticks	Baked Beans Corn Baby Carrots Romaine Salad Celery Sticks	Tator Tots Corn Baby Carrots Romaine Salad Celery Sticks	Corn Baby Carrots Romaine Salad Celery Sticks	Corn Baby Carrots Romaine Salad Celery Sticks
FRUIT CHOICE	Applesauce Fresh Apple Fresh Orange Seasonal Fruit	Applesauce Fresh Apple Fresh Orange Seasonal Fruit Dessert: WG Cookie	Frozen Fruit Swirl Applesauce Fresh Apple Fresh Orange Seasonal Fruit	Applesauce Fresh Apple Fresh Orange Seasonal Fruit	Applesauce Fresh Apple Fresh Orange Seasonal Fruit
MILK CHOICE	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Straw- berry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk



What is included for lunch?

1. Meat/Meat Alternative
2. Milk
3. Vegetable (1/2 cup limit on vegetable juice)
4. Fruit (1/2 cup limit on fruit juice)
5. Bread/Bread Alternative

Students must pick 3, 4, or ALL 5 of the components of each meal, one of which MUST be at least 1/2 cup of fruit or vegetables. If fewer than 3 items are taken or fruit or vegetables are not taken, students will be charged a different, ala carte price, as required by National School Breakfast Program regulations.

What Makes A Great Breakfast?
Select 3 Components!

MILK

FRUIT JUICE

GRAIN

FRUIT

Be sure to choose between

FRUIT

OR

FRUIT JUICE

What Makes a Lunch?
Select 3-5 Components

MILK

GRAIN

VEGGIE

FRUIT

PROTEIN

One must be a

FRUIT



OR

VEGGIE



Online payments and student account management can be found at <https://www.schoolcafe.com/AmbridgeAreaSCHODIST>

WEEK OF MAY 18-22	MONDAY MAY 18	TUESDAY MAY 19	WEDNESDAY MAY 20	THURSDAY MAY 21	FRIDAY MAY 22
BREAKFAST	Glazed Oatmeal Breakfast Bun	Stuffed Hashbrown	Asst Muffin (4oz)	Breakfast Bagel Pizza	Glazed Pull-a-Part Donut
MAIN ENTRÉE LUNCH	Nacho Supreme w/ Lettuce, Cheese, Salsa	Chicken Patty on WG Bun	Cook's Choice Day	Chicken Fajita on WG Tortilla w/ Peppers & Onions	Pierogies w/ Butter Onion Sauce w/ Soft pretzel Rod
ALTERNATE LUNCH	Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice
VEGGIE CHOICE	Refried Beans Broccoli Baby Carrots Romaine Salad Sliced Cucumbers	Curly Fries Broccoli Baby Carrots Romaine Salad Sliced Cucumbers	Potato Pancakes Broccoli Baby Carrots Romaine Salad Sliced Cucumbers	Broccoli Baby Carrots Romaine Salad Sliced Cucumbers	Broccoli Baby Carrots Romaine Salad Sliced Cucumbers
FRUIT CHOICE	Canned Peaches Apple Slices Clementines Seasonal Fruit	Canned Peaches Apple Slices Clementines Seasonal Fruit	Frozen Fruit Swirl Canned Peaches Apple Slices Clementines Seasonal Fruit	Canned Peaches Apple Slices Clementines Seasonal Fruit	Canned Peaches Apple Slices Clementines Seasonal Fruit
MILK CHOICE	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk

WEEK OF MAY 25--29	MONDAY MAY 25	TUESDAY MAY 26	WEDNESDAY MAY 27	THURSDAY MAY 28	FRIDAY MAY 29
BREAKFAST	NO SCHOOL	NO SCHOOL	Donut Holes	Yogurt Parfait or Bagel w/ Cream	Cereal Bar
MAIN ENTRÉE LUNCH			Cheeseburger on WG Bun w/ Lettuce & Tomato	Buffalo Chicken Dip w/ WG Tortilla Chips	Mandarin Orange Chicken w/ egg noodles
ALTERNATE LUNCH	MEMORIAL		Cook's Choice	Cook's Choice	Cook's Choice
VEGGIE CHOICE	DAY		Sweet Potato Fries Baked Beans Baby Carrots Romaine Salad Celery Sticks	Green Beans Baby Carrots Romaine Salad Celery Sticks	Green Beans Baby Carrots Romaine Salad Celery Sticks
FRUIT CHOICE			Frozen Fruit Swirl Canned Pears Fresh Apple Fresh Orange Seasonal Fruit	Canned Pears Fresh Apple Fresh Orange Seasonal Fruit	Canned Pears Fresh Apple Fresh Orange Seasonal Fruit
MILK CHOICE			1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk



Learn more about the Child Hunger Hero Award:



WEEK OF JUNE 1-4	MONDAY JUNE 1	TUESDAY JUNE 2	WEDNESDAY JUNE 3	THURSDAY JUNE 4	
BREAKFAST	Breakfast Round	French Toast Sticks	Mini Donuts	Cook's Choice	
MAIN ENTRÉE LUNCH	Walking Taco w/ Lettuce, Cheese & Salsa	Cheese or Pepperoni Pizza	Chicken Tenders	WG Pancakes w/ Sausage	
ALTERNATE LUNCH	Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice	
VEGGIE CHOICE	Refried Beans Peas Baby Carrots Romaine Salad Celery Sticks	Peas Baby Carrots Romaine Salad Celery Sticks	Crinkle Cut Fries Peas Baby Carrots Romaine Salad Celery Sticks	Peas Baby Carrots Romaine Salad Celery Sticks	
FRUIT CHOICE	Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	Frozen Fruit Swirl Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	
MILK CHOICE	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	



SUMMER LUNCH PROGRAM
ATTENTION PARENTS AND STUDENTS:
COME HAVE LUNCH IN OUR CAFETERIA
SENIOR HIGH SCHOOL ONLY
11:00 AM TO 1:00 PM
June 8th-July 30th
Monday -Thursday
WILL BE CLOSED Monday July 6th
AGES 1 – 18 FREE ADULTS \$4.85