



Ambridge Area is a CEP District

Breakfast and Lunch are free to Students.

**BREAKFAST MENU**

Students may choose the daily feature in addition to fruit and/or juice and milk for a complete breakfast.

**Daily Breakfast Fruit Choice:**

- Fresh Fruit
- Dried Fruit
- Fruit Cup
- Asst Juice



# AMBRIDGE AREA ELEMENTARY MAY/JUNE 2026 MENUS

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WEEK OF MAY 4-8	MONDAY MAY 4	TUESDAY MAY 5	WEDNESDAY MAY 6	THURSDAY MAY 7	FRIDAY MAY 8
<b>BREAKFAST</b>	Hadley Farms Cinnamon Roll	Breakfast Burrito	Dunkin Sticks	Breakfast Scrambler	Cereal Bar Cheese Stick
<b>MAIN ENTRÉE LUNCH</b>	Popcorn Chicken WG Garlic Breadstick	Beef or Chicken Taco on WG Tortilla w/ Lettuce, Cheese Salsa	Cook's Choice Day	Mexican Pizza	Stuffed Mozz Sticks w/ Pizza Sauce
<b>ALTERNATE LUNCH</b>	Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice
<b>VEGGIE CHOICE</b>	Waffle Fries Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers	Refried Beans Mexicorn Baby Carrots Romaine Salad Sliced Cucumbers	Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers	Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers	Mixed Vegetables Baby Carrots Romaine Salad Sliced Cucumbers
<b>FRUIT CHOICE</b>	Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit	Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit <b>Dessert: WG Churro</b>	Frozen Fruit Swirl Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit	Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit	Canned Mixed Fruit Apple Slices Clementines Seasonal Fruit
<b>MILK CHOICE</b>	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk

**What is included for Breakfast?**

1. Whole Grain Bread Item
2. Meat/Meat Alternative (optional)
3. Fruit and/or Vegetable and/ or 100% Juice
4. 1% or Fat Free Milk

Students must pick 3 or 4 of the components of each meal, one of which MUST be at least 1/2 cup fruit or juice for a complete meal. If fewer than 3 items are taken or fruit or vegetables are not taken, students will be charged a different, ala carte price, as required by National School Breakfast Program regulations.

WEEK OF MAY 11-15	MONDAY MAY 11	TUESDAY MAY 12	WEDNESDAY MAY 13	THURSDAY MAY 14	FRIDAY MAY 15
<b>BREAKFAST</b>	Crumb Cake Hard Cooked Egg	(2) Starbucks Style Egg Bites or Fruit Frudel	Burst Bread Slice	Chicken Sausage Cheese Stuffed Snack N Waffle	Pop Tart Cheese Stick
<b>MAIN ENTRÉE LUNCH</b>	Chicken Nuggets	Mini Corn Dog Pasta alfredo	Cook's Choice Day	Cheese or Pepperoni Pizza	Penne Pasta w/ Meat sauce Garlic Breadstick
<b>ALTERNATE LUNCH</b>	Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice
<b>VEGGIE CHOICE</b>	Potato Smiles Corn Baby Carrots Romaine Salad Celery Sticks	Baked Beans Corn Baby Carrots Romaine Salad Celery Sticks	Corn Baby Carrots Romaine Salad Celery Sticks	Corn Baby Carrots Romaine Salad Celery Sticks	Corn Baby Carrots Romaine Salad Celery Sticks
<b>FRUIT CHOICE</b>	Applesauce Fresh Apple Fresh Orange Seasonal Fruit	Applesauce Fresh Apple Fresh Orange Seasonal Fruit <b>Dessert: WG Cookie</b>	Frozen Fruit Swirl Applesauce Fresh Apple Fresh Orange Seasonal Fruit	Applesauce Fresh Apple Fresh Orange Seasonal Fruit	Applesauce Fresh Apple Fresh Orange Seasonal Fruit
<b>MILK CHOICE</b>	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Straw- berry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk



**What is included for lunch?**

1. Meat/Meat Alternative
2. Milk
3. Vegetable (1/2 cup limit on vegetable juice)
4. Fruit (1/2 cup limit on fruit juice)
5. Bread/Bread Alternative

Students must pick 3, 4, or ALL 5 of the components of each meal, one of which MUST be at least 1/2 cup of fruit or vegetables. If fewer than 3 items are taken or fruit or vegetables are not taken, students will be charged a different, ala carte price, as required by National School Breakfast Program regulations.

**What Makes A Great Breakfast?**  
Select 3 Components!

MILK

FRUIT JUICE

GRAIN

FRUIT

Be sure to choose between

FRUIT

OR

FRUIT JUICE

**What Makes a Lunch?**  
Select 3-5 Components

MILK

GRAIN

VEGGIE

FRUIT

PROTEIN

One must be a

FRUIT



OR

VEGGIE



Online payments and student account management can be found at <https://www.schoolcafe.com/AmbridgeAreaSCHODIST>

WEEK OF MAY 18-22	MONDAY MAY 18	TUESDAY MAY 19	WEDNESDAY MAY 20	THURSDAY MAY 21	FRIDAY MAY 22
<b>BREAKFAST</b>	Glazed Oatmeal Breakfast Bun	Stuffed Hashbrown	Asst Muffin (4oz)	Breakfast Bagel Pizza	Glazed Pull-a-Part Donut
<b>MAIN ENTRÉE LUNCH</b>	Nacho Supreme w/ Lettuce, Cheese, Salsa	Chicken Patty on WG Bun	Cook's Choice Day	Chicken Fajita on WG Tortilla w/ Peppers & Onions	Pierogies w/ Butter Onion Sauce w/ Soft pretzel Rod
<b>ALTERNATE LUNCH</b>	Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice
<b>VEGGIE CHOICE</b>	Refried Beans Broccoli Baby Carrots Romaine Salad Sliced Cucumbers	Curly Fries Broccoli Baby Carrots Romaine Salad Sliced Cucumbers	Broccoli Baby Carrots Romaine Salad Sliced Cucumbers	Broccoli Baby Carrots Romaine Salad Sliced Cucumbers	Broccoli Baby Carrots Romaine Salad Sliced Cucumbers
<b>FRUIT CHOICE</b>	Canned Peaches Apple Slices Clementines Seasonal Fruit	Canned Peaches Apple Slices Clementines Seasonal Fruit	Frozen Fruit Swirl Canned Peaches Apple Slices Clementines Seasonal Fruit	Canned Peaches Apple Slices Clementines Seasonal Fruit	Canned Peaches Apple Slices Clementines Seasonal Fruit
<b>MILK CHOICE</b>	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk

WEEK OF MAY 25--29	MONDAY MAY 25	TUESDAY MAY 26	WEDNESDAY MAY 27	THURSDAY MAY 28	FRIDAY MAY 29
<b>BREAKFAST</b>	<b>NO SCHOOL</b>	<b>NO SCHOOL</b>	Donut Holes	Yogurt Parfait or Bagel w/ Cream Cheese	Cereal (2oz)
<b>MAIN ENTRÉE LUNCH</b>			Cheeseburger on WG Bun w/ Lettuce & Tomato	Boneless Chicken Wings	Mandarin Orange Chicken w/ egg noodles
<b>ALTERNATE LUNCH</b>	<b>MEMORIAL DAY</b>		Cook's Choice	Cook's Choice	Cook's Choice
<b>VEGGIE CHOICE</b>			Sweet Potato Fries Baked Beans Baby Carrots Romaine Salad Celery Sticks	Potato Wedges Green Beans Baby Carrots Romaine Salad Celery Sticks	Green Beans Baby Carrots Romaine Salad Celery Sticks
<b>FRUIT CHOICE</b>			Frozen Fruit Swirl Canned Pears Fresh Apple Fresh Orange Seasonal Fruit	Canned Pears Fresh Apple Fresh Orange Seasonal Fruit	Canned Pears Fresh Apple Fresh Orange Seasonal Fruit
<b>MILK CHOICE</b>			1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk



Learn more about the Child Hunger Hero Award:



WEEK OF JUNE 1-4	MONDAY JUNE 1	TUESDAY JUNE 2	WEDNESDAY JUNE 3	THURSDAY JUNE 4	
<b>BREAKFAST</b>	Breakfast Round	French Toast Sticks	Mini Donuts	Cook's Choice	
<b>MAIN ENTRÉE LUNCH</b>	Walking Taco w/ Lettuce, Cheese & Salsa	Cheese or Pepperoni Pizza	Chicken Tenders	WG Pancakes w/ Sausage	
<b>ALTERNATE LUNCH</b>	Cook's Choice	Cook's Choice	Cook's Choice	Cook's Choice	
<b>VEGGIE CHOICE</b>	Refried Beans Peas Baby Carrots Romaine Salad Celery Sticks	Peas Baby Carrots Romaine Salad Celery Sticks	Crinkle Cut Fries Peas Baby Carrots Romaine Salad Celery Sticks	Peas Baby Carrots Romaine Salad Celery Sticks	
<b>FRUIT CHOICE</b>	Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	Frozen Fruit Swirl Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	Pineapple Tidbits Applesauce Fresh Orange Seasonal Fruit	
<b>MILK CHOICE</b>	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	1% White, Chocolate, or Strawberry Milk	



**SUMMER LUNCH PROGRAM**  
**ATTENTION PARENTS AND STUDENTS:**  
**COME HAVE LUNCH IN OUR CAFETERIA**  
**SENIOR HIGH SCHOOL ONLY**  
**11:00 AM TO 1:00 PM**  
**June 8<sup>th</sup>-July 30<sup>th</sup>**  
**Monday -Thursday**  
**WILL BE CLOSED Monday July 6<sup>th</sup>**  
**AGES 1 – 18 FREE    ADULTS \$4.85**