



# MONDAY | 11/05/2026

## Soup

**Tomato & Basil**

## Main

**Slow Roasted Turkey Leg w/ Mushroom Sauce**

## International

**Pizza Margarita**

## Vegan

**Leek A Bras**

## Composed Salads

**Cauliflower, Grapes & Fennel  
Arugula & Parmesan**

## Raw Salads

**Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves**

## Sides

**Steamed Rice  
Roasted Peppers  
Steamed Peas**

## Dessert

**Fruit Cups**

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**TUESDAY | 2/05/2026**

**Soup**

**Beans & Cabbage**

**Main**

**Pan Fried Seabass w/ Pico de Gallo**

**International**

**BBQ Roasted Chicken**

**Vegan**

**Vegetable Frittata**

**Composed Salads**

**Potato Salad w/ Chimichurri  
Rainbow Slaw**

**Raw Salads**

**Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves**

**Sides**

**Paprika Potato Wedges  
Wilted Greens  
Caramelized Carrots**

**Dessert**

**Fruit Cups**

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# WEDNESDAY | 3/05/2026

## Soup

**Creamy Courgette**

## Main

**Grilled Chicken Breast w/ Lemon & Herbs**

## International

**Pasta al Forno w/ Veal Ragout**

## Vegan

**Vegan Feijoada w/ Tofu**

## Composed Salads

**Red Lentil, Spinach & Feta  
Pasta Salad w/ Pumpkin**

## Raw Salads

**Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves**

## Sides

**Carrot Rice  
Grilled Eggplant  
Roasted Brussel Sprouts**

## Dessert

**Fruit Cups & Yogurt w/ Honey**

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**THURSDAY | 4/05/2026**

**Soup**  
**Cream of Carrot**

**Main**  
**Slow Roasted Turkey Breast**

**International**  
**Fish Moqueca**

**Vegan**  
**Lentil Bolognese**

**Composed Salads**  
**Greek Salad**  
**Green Salad with Mango & Lime**

**Raw Salads**  
**Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves**

**Sides**  
**Roasted Sweet Potatoes**  
**Steamed Broccoli**  
**Roasted Corn**

**Dessert**  
**Fruit Cups**

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**FRIDAY | 5/05/2026**

**Soup**

**Cream of Seasonal Vegetables**

**Main**

**Cod a Bras**

**International**

**Grilled Turkey Kebabs w/Yogurt Sauce & Herbs**

**Vegan**

**Broccoli & Feta Quiche**

**Composed Salads**

**Pasta Salad**

**Spinach & Roasted Tomatoes**

**Raw Salads**

**Sweet corn; Cucumber; Carrot; Tomato; Red Onion; Mixed Leaves**

**Sides**

**Steamed Rice**

**Grilled Seasonal Vegetables**

**Roasted BeetRoots**

**Dessert**

**Fruit Pods & Portuguese Rice Pudding**

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